Welcome to CU Denver! Welcome to four very exciting years of your life!

Your college years provide immense opportunity—for self-exploration, intellectual discovery, relationship-building, and career foundations. We encourage you to seize these opportunities and to craft a path that speaks to you and the person you want to become.

While this is incredibly exciting, it may also be a little overwhelming. Don’t worry—we’ve got your back! First-Year Experience (FYE) courses are designed to ease your transition to university life and guide you into this world of social, academic, and professional possibilities. We have an amazing network of dedicated faculty, supportive staff, and enthusiastic peer leaders that are 100% committed to your success.

As you explore the following pages, our advising teams look forward to working with you to select the best FYE option for your schedule, needs, and interests. Whether you choose a unique First Year Seminar course, a weekly College Success class, or a two-course learning community, all FYE programs provide built-in opportunities for your path to graduation and beyond.

Best wishes on your journey!

Christy Heaton
christy.heaton@ucdenver.edu
Director, First-Year Experiences
Office of Undergraduate Experiences
COLLEGE SUCCESS (UNIV 1110)

The name says it all! This course is designed to ease your transition to CU and make your first semester the best it can be. Join 19 of your soon-to-be BFFs and share this new adventure together!

FIRST-YEAR SEMINARS (FYS)

FYS courses have it all - the best faculty, interesting topics, fun events, and the support of the whole campus. Each FYS course is a unique, once-in-a-lifetime opportunity - only available your first semester! Don't miss out. Study cool things with cool people. You know you want to.

LEARNING COMMUNITIES (LC)

Learning Communities are double the fun! Our LCs include two courses that are linked together (gotta sign up for both!). The professors tag team to deliver a class experience that goes beyond the classroom with interdisciplinary themes, shared assignments, and a fun field trip. But the best part of all is the bond with your classmates from spending all that quality time together.
WHY WE DO IT

**Daisy Dorado**
Peer Advocate Leader

Being a Peer Advocate Leader has been the most impactful aspect of my college career as it has led me to be more connected to the community here at CU Denver. I love working with the First Year Experience office to help First Year students find the resources on campus they need to succeed and find their sense of belonging at CU Denver.

**Edwina Maben**
Major: Recording Arts/Singer-Songwriter

My favorite part of my FYE course was my new friendships. My classmates become some of my first friends in college and we continued to stay in touch even after the course was over. Especially in the midst of so much change, it was very comforting to know I had peers that could relate and help each other. FYE made what seemed intimidating more approachable. First year students should take FYE courses to help adjust to their new college experience in a more efficient manner. It’s very comforting to know the professors and PALs are available to answer any questions that may arise during your semester. FYE courses are a great place to meet other first year students while getting to learn more about your new campus.

**Junior Reina**
UNIV Instructor

UNIV courses are important, because they provide students with essential skills to make the transition easier from high school or another institution into the CU Denver community. There are certain areas where CU Denver can be an overwhelming challenge. But with the assistance of classes like this one and the Peer Advocate Leaders (PALs), students can acclimate faster and succeed. There is a connection developed, not only within the classroom but with the different resources on campus.

**Dr. Maryam Darbeheshti**
Assistant Professor of Mechanical Engineering, Director of Engineering Student Services Center Learning Community Faculty

Students benefit from learning communities because they are able to learn about the academic connections between their classes. Having classes with the same group allows students to build a community with their peers and professional relationships with faculty. Learning communities are a great way to build a solid foundation for a successful college experience and a path for timely graduation. It allows for connections to be made relating different subjects into common topics so that the students can see the benefits of interdisciplinary learning. Teaching in a learning community allows me to create a unique bond with my students. I am not only their teacher, but also their advisor and mentor. The one-on-one relationship creates a supportive environment for my students. They can focus on their academic progress, knowing that there is someone who is always available to help them. The smaller class sizes allow for a unique learning experience in which the students can explore interests and learn in a group setting. I have enjoyed watching the students succeed in both academics and in their involvement within the campus community.
Students who took an FYE course had a 4.3% higher retention rate (returned the following year) than those who did not take a course.

The percentage of students who would recommend an FYE course to an incoming student.

The average FYE student has a higher 1st semester GPA.

In terms of mentorship and support, students in both UNIV and FYE courses rated their professors highly.
College Success is our university boot camp, though a lot more fun. Learn about what it takes to succeed in college and how to make the right choices to get you there.

Here’s how we do it:

1. **Polish your skills**
   Practice strategies for success! We’ll fine-tune the essentials—writing, critical thinking, and research—and work on college survival skills like time management and stress control.

2. **Get connected; be supported**
   This is your home base to explore campus and discover all that CU has to offer. You’ll also learn from the experts all over campus, including the Writing Center, Auraria Library, Learning Resources Center, Lynx Center, Career Center, and more!

3. **Be the best you**
   College isn’t all about learning stuff — it’s also a lot of learning about YOU. We’ll work on self-exploration so you can discover your interests, leverage your strengths, define your path, and achieve your goals.

4. **Discover community**
   CU Denver is immensely diverse and, hence, immensely awesome. You’ll learn to appreciate the diversity of people and perspectives that make CU Denver truly special, and *your* place within it all.

**GENERAL SECTIONS**

**UNIV 1110-001 //**
Brooke Farley // **M** 12:30-1:45 pm

**UNIV 1110-002 //**
Anthony Fontana // **T** 11-12:15 pm

**UNIV 1110-003 //**
Rosalinda Martinez // **T** 12:30-1:45 pm

**UNIV 1110-004 //**
Marylynne Lawson // **W** - 9:30-10:45 am
## Classes

### General Sections

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Section</th>
<th>Instructor(s)</th>
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<th>Time</th>
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<tr>
<td>UNIV 1110-005</td>
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<td>Angela VanDijk</td>
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<td>//  *8 week section</td>
<td>Erika Larson</td>
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<td>Stephanie Puello</td>
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<tr>
<td>UNIV 1110-015</td>
<td>//</td>
<td>Catherine Wilson</td>
<td>T</td>
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### Specialized Sections

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Section</th>
<th>Topic</th>
<th>Instructor(s)</th>
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<tr>
<td>UNIV 1110-008</td>
<td>//</td>
<td>First Generation Section</td>
<td>Junior Reina/Greg Lee</td>
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<td>9:30-10:45 am</td>
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<td>Lynda Duran</td>
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<td>UNIV 1110-010</td>
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<td>Criminal Justice</td>
<td>Nora Scanlon</td>
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<td>11-12:15 pm</td>
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<td>UNIV 1110-012</td>
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<td>Chemistry</td>
<td>Marta Maron</td>
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<td>12:30-1:45 pm</td>
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<tr>
<td>UNIV 1110-011</td>
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<td>Education</td>
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<td>Kim Regier</td>
<td>TH</td>
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<td>UNIV 1110-019</td>
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<td>Civic Engagement and Housing Justice</td>
<td>Christy Heaton</td>
<td>TH</td>
<td>3:30-4:45 pm</td>
</tr>
</tbody>
</table>
### MATH 1111-001 // Mathematics of Sports, Games, and Gambling

Core Area: Biological & Physical Sciences/Math

Professor: Mike Ferrara

This course focuses on using mathematics to analyze various games and sports. The course also has an academic skills component, aimed at helping first year students transition from high school to a university setting.

### COMM 1111-003 // What’s Love Got to do With It? Interpersonal Communication and Relationships

Core Area: Behavioral Sciences

Professor: Kirsten Lindholm

This course is an interesting combination of learning the meaning and basis of theoretical concepts of interpersonal communication and learning how to apply them to our lives. You will apply these concepts to actual relationships and observations to understand how they work in everyday encounters.

### MUSC 1111-001 // Music as a Guide to Self-Reflection and Growth

Core Area: Arts

Professor: Owen Kortz

This course explores the intersection of music and philosophy, looking to music as a guide for change, healing, and achievement in our lives. It challenges individuals to more deeply understand and express their song on the stage of life.

### INTS 1111-001 // Today’s Globalized World – Are you Ready?

Core Area: International Perspectives

Professor: Windham Loopesko

In this interdisciplinary course, we will examine the current and future global situation and the forces of globalization that are shaping it such as technology, politics, economics, and social trends. We will also explore some major issues we face in 2018 and beyond, including climate change, water scarcity, outsourcing, 3D manufacturing, and social media.

### CHEM 1111-001 // Medicinal Plants

Core Area: Biological and Physical Sciences

Professor: Marta Maron

In this seminar, students will be introduced to a basic understanding of chemistry, the physical and chemical properties of matter, simple types of chemical reactions and equations, and molecular structure using the theme of health and well-being. The course will highlight the relevance of chemistry in everyday life, while introducing students to medicinal plants that provide fascinating examples of the chemical concepts behind plants based medicines, herbal remedies, and emerging nutraceuticals.

### PSCI 1111-001 // Immigration: The Struggle for Social Justice

Core Area: Social Sciences

Professor: Kathleen Bougher

With a social justice lens, you will explore the current realities for immigrants and refugees in the United States, as well as U.S. immigration history and the diverse forms of immigrant rights activism in Colorado. You will have the opportunity to meet with immigrant and ally activists as you read, write, and analyze the issues from various perspectives.

### ETST 1111-002 // American Indian Experiences

Core Area: Social Sciences

Professor: Duane Bird Bear

This course examines tribal identities and the cultural retention of American Indian traditions. Course readings by American Indian scholars examine a wide range of terms and theories regarding myths about American Indian cultures and history that have misinformed multiple generations. The course emphasizes how these ideas, roles and relationships evolved and are rooted in the fears and prejudice of European settlers and in the larger political agendas aimed at acquiring Indigenous land and creating the impression of cultural erasure and disappearance.
**WGST 1111-001 // Good Girls Gone Bad**  
*Also a part of a Learning Community*

Core Area: Humanities // Professor: Marylynne Lawson

Women historically have been subject to male authority and required to uphold societal standards of “good” behavior. Subsequently, these women had little voice in the communities in which they live or in the world at large. Some attempted to break out of this “good” girl mold and use their voice in creative ways, but those who did were often judged by society as “bad.” This First-Year Seminar course will examine how women throughout history combated subjugation through their art, literature, music, and dance, in order to speak to the truth of their lived experience, challenge social inequalities, and make contributions in their respective fields.

**2:00-3:15**

**INTB 1111-001 // International Social Entrepreneurship**

Core Area: International Perspectives // Professor: Jon Wilkerson

The end of the 20th Century saw the rise of a powerful new force: the International Social Entrepreneur. Leveraging the power of market forces, social media, the internet, and the desire to make the world better, these people have developed powerful ways to tackle the social, economic, and environmental problems that confront us all. In this class, we will study the rise of international social entrepreneurship, and the innovative tools international social entrepreneurs have developed to address some of our most dire challenges.

**COMM 1111-002 // Intro to Journalism: Even Clark Kent had to Start Somewhere**

Core Area: Behavioral Sciences // Professor: Shannon Sindorf

Be the future of journalism! In this class, we will review the vital role of journalism in society, learn and apply existing theories of mass media consumption and effects to our social media landscape, identify what is newsworthy, and gain and demonstrate basic news reporting and writing skills.

**ETST 1111-003 // Food Culture and Asian American and Pacific Islander Identity**

Core Area: Social Sciences // Professor: Ji Yoon

This course provides a better understanding of the historical, social, and cultural aspects of the AAPI community specifically through food culture. Students will be able to investigate the politics and address critically, AAPI foodways by examining social habits, rituals, private versus public venues, and the connections to the AAPI identity. The AAPI community have always been intimately connected to food practices and institutions in the American imagination.

**3:30-4:45**

**EDFN 1111-001 // Get Up, Stand Up! Empowering Our Identities Through Spoken Word**

Core Area: Humanities // Professor: Cheryl Matias

In an ever-increasing diverse world people must have experience and knowledge in understanding one another through racial and gender differences rather than dismissing those differences. Thus, this is an entry-level humanities course that seeks to explore the intricate dynamics betwixt and between patriarchy, feminism, and race in education and society. One purpose of this course is to increase theoretical knowledge, apply such knowledge to one’s life via creative expression, and share the knowledge in a way that empowers the self and the surrounding Denver community.

**SOCY 1111-001 // The Real Cost of Beauty: Representations of the Body in Pop Culture**

Core Area: Social Sciences // Professor: Lindsay Stokes

We will focus on the cultural commodification of the body through media, exotic dancing, and the weight loss and cosmetic surgery industries. We will address the intersection of race, class, gender, ability, age, size, and sexuality in standards of beauty, as well as situate our own personal experiences in a larger cultural context.
FIRST-YEAR SEMINARS

9:30-10:45

HUMN 1111-001 // From Blade Runner to The Handmaid’s Tale: How Science Fiction Cinema Helps Us Understand the Human Condition

Core Area: Humanities // Professor: Karin Hunter

Science Fiction (SF) dares us to reevaluate our ideals and norms, and the value of science fiction lies within the speculative. Many science fiction stories ask “what if?” It asks us to imagine a world different from our own, most often separated from our present day by time and/or technology. It asks us to imagine a world where anything is possible. By proposing possible visions of the future, science fiction asks questions of us—of humanity, of Earth, of individuals—that we wouldn’t ordinarily ask ourselves.

Social entrepreneurship, and the innovative tools international social entrepreneurs have developed to address some of our most dire challenges.

MGMT 1111-001 // Leadership in Business Life

Core Area: Behavioral Sciences

Learn about leadership in business and society as you experience it. Through individual and group activities, guest speakers, and field trips, we will examine leadership theories, concepts and practices to better understand what makes leaders effective while gaining a better appreciation for our own leadership strengths and potentials.

MUSC 1111-002 // The Beatles, Popular Music, and Society

Core Area: Arts // Professor: Storm Gloor

Explore the impact of the Beatles and their music on popular music, our culture, and society, both in their time and since. The academic content portion of the course is an introduction to the music of the Beatles and their influence on culture. The academic skills portion of the course is designed to assist students in making a successful transition from high school to college.

11:00-12:15

INTS 1111-002 // Global Competence through Intercultural Learning

Core Area: International Perspectives // Professor: Naomi Wahls

Other cultures place values on different things than your own. Global competence involves your ability be aware of your own culture compared to other cultures, to interact with people from other cultures in a positive and open interaction, and to sustain relationships abroad. Global competence can be gained through intercultural learning. Explore the dimensions of intercultural learning throughout the globe.

PHIL 1111-001 // Why Follow the Laws?

Core Area: Humanities // Professor: Jeff Golub

We assume that what defines society and politics is the laws that we enact. But what makes a law right? In this course, we will explore the history of laws, explore what makes laws binding, and how world-wide events have changed our perceptions of slavery, women’s voting rights, and torture.

ENGL 1111-001 // Is the Book Always Better than the Movie? Adaptation in Literature: Text, Screen, Stage & More

Core Area: Humanities // Professor: Jody Thomas

In this course, we will examine how authors and other artists tell versions of the same stories through different media. We will explore such questions as: What advantages do certain forms of storytelling have over others? Are certain stories particularly suited to one form or another? How close should adapters stick to the original story?

12:30-1:45

FINE 1111-001 // Your Photographic Journal

Core Area: Arts // Professor: James Dewhirst

Improve your photographic skills while creating a dynamic, personal project. Using a simple point and shoot, students will learn how a camera operates. Students will learn photography software to manage their files, edit their photographs and each student will finish the semester with their own book.
2:00-3:15

**PSYC 1111-001 // How to Think Like a Psychologist**  *Also a part of a Learning Community*
Core Area: Behavioral Sciences // Professor: Mitch Handelsman
We will explore how psychologists apply critical, empirical, and ethical thinking to a variety of issues. We will develop and apply thinking skills and will assess learning by participating in class discussions, graded exercises, writing papers, and collaboration with one another to address complex problems.

**MGMT 1111-002 // Intro to Business: Get Rich or Die Trying**
Current technology and the use of information has created a dynamic context for U.S. and global economic interactions. In this course, we will explore and appreciate the complexities of this environment as viewed through traditional business disciplines of management, accounting, finance and marketing.

**ETST 1111-001 // The Stories We Tell: Explorations of Race, Ethnicity, and Culture**
Core Area: Humanities
Stories are universal to the human experience and can entertain, teach lessons, and preserve and share histories. In this course, we will explore various storytelling forms (oral and written narratives, music, visual representation) that convey both personal experiences and beliefs as well as expressions of culture, race, and ethnicity.

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**FYE FOR TRANSFER STUDENTS**

Molly Miller
Peer Advocate Leader (PAL) Program Coordinator, UNIV Instructor for transfer students
Transfer students come to college with such diverse experiences, it’s exciting to me not knowing who will be in my class each year and what wisdom they will bring. I love getting to know a new diverse group of students each year and tailoring my course to their unique needs and wants. Transfer students will find that taking a UNIV will give them an advantage in getting adjusted to Auraria campus and all CU Denver has to offer. The emphasis that is placed on building community in class, campus engagement and co-curricular opportunities will help new transfer students feel a sense of belonging at CU Denver.

UNIV 1110-016 // Transfer Student Section  *8 week section*
The name says it all! This course is designed to ease your transition to CU and make your first semester the best it can be. Join 19 of your soon-to-be BFFs and share this new adventure together!

Professor: Molly Miller // MW 3:30-4:45

**ETST 3111-001 // Ethnicity and Race in Contemporary American Culture**
This course introduces students to creative works by people of color including African American, Native American, Latino, and Asian Americans. The class explores theoretical concepts about racial and ethnic identities and encourages students to think critically about the construction and representation of race, class, and gender in modern American life.

Core Area: Cultural Diversity // Professor: Kim Kennedy-White // TTH 3:30-4:45
LEARNING COMMUNITIES

MAJOR BASED

Chemistry/Biology
Chemistry and Biology Majors, this LC offers opportunities to connect with your classmates, undergraduate researchers, and professors. You will be introduced to undergraduate research through tours of research laboratories at CU Denver and the Ancshutz Medical Campuses, weekly seminars, and shadowing undergraduate researchers. Additionally, strategies for success in both in and out of the science classroom will be discussed.

General Chemistry // Natural & Physical Sciences // CHEM 2031-005 // Hai Lin // MW 12:30-1:45
College Success // UNIV 1110-012 // Marta Maron // TH 12:30-1:45

Criminal Justice
Calling all Criminal Justice majors! This LC offers many opportunities to connect – to your classmates, professors, and professionals in the community. We’ll be exploring the world of criminology and criminal justice, with tours of courts and jails and discussions with local agencies and organizations. Plus, we’ll have group lunches to bolster success both in and out of the classroom.

Criminology and Criminal Justice // Social Sciences // CRJU 1000-003 // Mary Dodge // TR 9:30-10:45
College Success // UNIV 1110-010 // Nora Scanlon // T 11:00-12:15

The Curious Teacher
Curiosity, the heart of great teaching, is the focus of this Learning Community. See the world through the eyes of a learner and nurture a curiosity about children, adolescents, families and communities.
Contact Patrick Fink, SEHD UG Advisor, at patrick.h.fink@ucdenver.edu

Language, Power & Identity // International Perspectives // CLDE 1000-002 // Sofia Chaparro // MW 10:00-11:15
Children’s & Adolescent Lit. - 21st Century // Humanities // LCRT 2000-001 // Lori Elliott // MW 12:30-1:45

Engineering
Explore the world of Engineering! Our amazing faculty will introduce engineering and pre-engineering majors to the variety of engineering fields and how our work makes the world a better place. Students will get a real feel for engineering by completing hands-on, team-based projects.

Calculus I // MATH 1401 – R01 and 1401-001 // Jose Mijares // MW 9:00-11:50 *includes recitation
OR
Pre-Calculus // MATH 1130-001 // Mike Kawaii // MW 9:00-10:50

Interdisciplinary Freshman Experiences
MECH 1208-001 // Maryam Darbeheshty // MW 12:30-1:45

Core Composition I
ENGL 1020-018 // Emily Wortman-Wunder // MW 2:00-3:15
**Voicing Differences**
Uncover and examine the social influences that define and often regulate our experiences. We will learn how to recognize these powerful influences and give voice to your difference.

<table>
<thead>
<tr>
<th>Course Title</th>
<th>College</th>
<th>Code</th>
<th>Credits</th>
<th>Instructor</th>
<th>Days</th>
<th>Time</th>
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<tr>
<td>Good Girls Gone Bad</td>
<td>Humanities</td>
<td>WGST 1111-001</td>
<td>Marylynne Lawson</td>
<td>MW</td>
<td>12:30-1:45</td>
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<td>Intro to Sociology</td>
<td>Social Sciences</td>
<td>SOCY 1001-005</td>
<td>Lisa Ransdell</td>
<td>TR</td>
<td>12:30-1:45</td>
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**Familia y Justicia**
The ability to develop meaningful relationships with diverse people is key in this diverse and global world. Grow as a multicultural being as you explore the definition and dynamics of family across contexts and culture, and broaden your understanding of social justice and diversity.

<table>
<thead>
<tr>
<th>Course Title</th>
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<td>Social Sciences</td>
<td>HDFR 2200-004</td>
<td>Jennifer Greiving</td>
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<td>Families in Global Perspective</td>
<td>Int. Perspectives</td>
<td>HDFR 1000-001</td>
<td>Angela Attencio</td>
<td>TR</td>
<td>11:00-12:15</td>
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</table>

**Thinking Skills for the Engaged Student**
This LC will explore (a) how to think like a psychologist: critically, empirically, and ethically, and (b) how to think like a rhetorician: critically, strategically, and purposefully. These modes of thought are characteristic of educated, engaged individuals who actively participate in their university, local communities, and democracy. These courses involve active learning: We use in-class exercises and discussion, written papers, and collaborative learning to develop thinking skills which help students address complex problems and navigate both college and life beyond the university.

<table>
<thead>
<tr>
<th>Course Title</th>
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<td>Core Composition 1</td>
<td>ENGL 1020-015</td>
<td>Justin Bain</td>
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<td>How to Think Like a Psychologist</td>
<td>Behavioral Sciences</td>
<td>PSYC 1111-001</td>
<td>Mitch Handelsman</td>
<td>TR</td>
<td>2-3:15 pm</td>
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**Entering Biology Learning Community (1)**
Biology | BIOL 2051-002 | Kim Regier | TR | 3:30-4:45 pm | Lab: Tuesday – 11:30-2:15 pm (section 005) |
| UNIV 1110-013 | Kim Regier | T | 9:30-10:45 am |

**Entering Biology Learning Community (2)**
Biology | BIOL 2051-002 | Kim Regier | TR | 3:30-4:45 pm | Lab: Thursday – 11:30-2:15 pm (section 022) |
| UNIV 1110-014 | Kim Regier | TH | 9:30-10:45 am |

**Civic Engagement and Housing Justice**
Everybody needs housing. Access to safe, dignified and affordable housing is one of the most pressing issues of our time. Our Living & Learning Community (LLC) brings together students, faculty, and community - first, to explore how historical and current issues shape access to housing, then to create innovative housing solutions through civic engagement and social action. Welcome home.

*Students in this LC have the opportunity to live on campus on the same floor.*

<table>
<thead>
<tr>
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<td>PSCI 2001-001</td>
<td>Tony Robinson</td>
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<td>College Success</td>
<td>UNIV 1110-019</td>
<td>Christy Heaton</td>
<td>TH</td>
<td>3:30-4:45 pm</td>
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</table>
Kick-off Events

CU PREP WEEK
August 13th - 17th
14th - First Gen Student Banquet
15th - Move-In Day
16th - Connect to Campus Discover Wellness
17th - New Student Convocation
18th - Camp Lynx

SAVE THE DATE!

WELCOME WEEK
Aug. 21st - First Year Student BBQ
Aug. 23rd - Block Party

Sign Up for Prep Week Events Here!
http://bit.ly/2IHM0Qz

SEPTEMBER EVENTS
CU 411 - September 6th, 5-8pm
Fall Fest
Lynx Day of Service

TRANSFER STUDENT MEETINGS
Bi-Monthly Meetings
Thursdays, 5:00-6:30PM
Student Commons Room 2000
@transferstudentucd

STAY TUNED!
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- Elwand, PAL Human Resource Management Major

“I enjoy getting to know new students every Fall. Each student has such a unique personality, and it’s a joy to collaborate with them in making their first year successful.”

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