



**Lynx**

**Connected**

helping prevent student suicide

**TRAINING**

**Feel confident supporting someone in distress.**

Learn new ways to talk with others about anxiety, depression, & suicidal thoughts.

*Training serves campus students,  
staff, faculty, and friends.*

**WEDNESDAY, JULY 17 @ 10:30-12PM**

**THURSDAY, AUG. 8 @ 1PM-2PM**

**Student Commons/Qdoba Building: 1st floor, Boettcher Room**

**RSVP HERE!**

[bit.ly/lynxtraining](https://bit.ly/lynxtraining)



Student & Community Counseling Center  
UNIVERSITY OF COLORADO DENVER

**PRESENTED BY  
THE CU DENVER COUNSELING CENTER**

Contact: [Brittany.Bouffard@ucdenver.edu](mailto:Brittany.Bouffard@ucdenver.edu)



@CUDenverBeingHuman