



Client \_\_\_\_\_ Date \_\_\_\_\_

Health and Recreation Resources	Description	Contact Information
Denver Recreation	Find a recreation center, citywide sports, special needs programs, outdoor recreation.	www.denvergov.org/recreation
SOS Outreach	Building character in at-risk and underprivileged youth for healthy and successful life experiences (through snowboarding and other outdoor activities)	970-926-9292
City Wild	To provide low income, culturally diverse youth with outdoor and environmental service learning opportunities that promote developmental themes of personal empowerment, leadership and community expression.	303-227-6862 www.citywild.org
Children's Medical Waiver	Low-cost health insurance for Colorado's uninsured children and pregnant women. CHP+ is public health insurance for children and pregnant women who earn too much to qualify for Medicaid, but cannot afford private health insurance.	(800) 359-199 www.cchp.org
Colorado Bright Beginnings	Helps families to support their children's physical, emotional and intellectual development during the critical first three years of life, at no cost.	303-433-6200 www.brightbeginningsco.org
Inner City Health Center	A volunteer supported healthcare facility committed to providing medical and dental care for low-income and medically uninsured families.	303-296-1767 www.innercityhealth.com
Food Bank of the Rockies	Locate food banks in Denver and Colorado online.	www.foodbankrockies.org
Clinica Tepeyac	A sliding scale health care provider that focuses on offering culturally competent and bilingual health care services for uninsured and underserved populations.	303-458-5302 www.clinicatepeyac.org
Summit Cancer Solutions	Offers a six-month individualized exercise/rehabilitation program for adult cancer survivors. Offers twice weekly group exercise classes. All ages and fitness levels welcome.	303-409-2206 www.summitcancersolutions.org
Financial and Career Resources	Description	Contact Info
Connecting Colorado	A secure and convenient place for individuals seeking employment and businesses seeking employees can be matched and brought together to fit each other's needs. Local job listings.	www.connectingcolorado.com
Golden Financial Services	Provides assistance for financial planning.	303-785-1195
Volunteers of America	Affordable housing, youth and family services, emergency shelter, food and nutrition services, handyman and in-home services, housing for the homeless, and senior services.	303-297-0408 www.voacolorado.org
Metro CareRing	Serves low and fixed-income individuals and families by providing groceries, toiletries, utilities assistance, work items and children's items.	303-860-7200 www.metrocarering.org
Inter-Faith Community Services	Provides basic services such as food, clothing, financial assistance, and transitional housing to low-income individuals, families and seniors.	303-789-0501 www.ifcs.org
LGBTQI Resources	Description	Contact Information
The Center (GLBT Community Center of Colorado)	Statewide advocacy and educational programs, family and individual counseling, legal services, community space for meetings, community library and computer lab.	303-733-7743 www.coloradoqlbt.org
The Center: Rainbow Alley	Support groups, assistance with education, employment, and housing, health resources, leadership opportunities, and social events for LGBTQI youth and allies ages 12-21.	303-831-0442 www.coloradoqlbt.org/RainbowAlley.aspx
Denver Gay and Lesbian Chamber of Commerce	Hosts networking events, and promotes business growth in the LGBT community.	303-595-8042 www.denverqlc.org
Gender Identity Center of Colorado	Educational programs, support groups for transgender individuals and family, sobriety support groups, hosts community events.	303-202-6466 www.gicofcolo.org

<b>Veteran Resources</b>	<b>Description</b>	<b>Contact Information</b>
Department of Veteran Affairs Colorado	Extended care and rehabilitation, medical foster home, mental health, nutrition and food services, palliative care, pharmaceutical services, social work, and women's health.	(888) 336-8262 www.denver.va.gov
Denver Options	Funds will be used to help returning military personnel with traumatic brain injuries and their families transition to civilian life with support systems in place.	303-636-5600 www.denveroptions.org
Project Sanctuary	Where Military Families Reconnect: We provide retreats that use specialized recreation therapy. We support the troops by helping military families together.	720-561-9193 www.projectsanctuary.us

<b>Disability Resources</b>	<b>Description</b>	<b>Contact Information</b>
Autism Society of Colorado	Offers community connection and engagement services for individuals of families affected by autism.	720-214-0794 http://www.autismcolorado.org
Community Parent Resource Center	Provides information and resources to low-income, culturally and linguistically diverse families who have children, age birth - 26, with disabilities.	303-365-2772 www.denvermetrocpcc.org
Imagine Colorado	Provides support services people of all ages with developmental delays and cognitive disabilities including autism, cerebral palsy, and Down syndrome.	303-665-7789 www.imaginecolorado.org
Friends of Man	Offers mobility equipment: (prostheses, wheelchairs, van lifts, and modifications, ramps, home modifications) and assists with a variety of other needs.	303-798-2342 www.friendsofman.org
Denver Adult Down Syndrome Clinic	Regional resource for people with Down syndrome and their families, caregivers, health care professionals, and others, who share in our dedication to living happier and healthier lives.	303-636-5700 http://www.denverdsclinic.org
Meals on Wheels	Provides warm meals delivered to homes of homebound individuals.	303-294-0111
Ombudsman	Helps to resolve problems with health and managed care and helps individuals exercise healthcare rights	303-830-3560
Seniors' Resource Center, Inc.	Provides support to allow seniors to remain in their homes – i.e.: in-home care, transportation, adult day care, employment and other programs to older persons.	303-238-8151 www.srcaging.org

<b>Cultural Resources</b>	<b>Description</b>	<b>Contact Information</b>
African Community Center of Denver	Refugee Resettlement program offering educational and social services.	303-399-4500 www.acc-den.org
Asian Pacific Development Center	providing culturally appropriate health, mental health, and related services to our communities	303-393-0304 www.apdc.org
Colorado Muslim Society	The center offers a place to pray, Islamic schools, marriage services, funeral services, Qur'anic teachings, & Arabic lessons.	303-696-9800 www.denvermosque.org
Denver Indian Family Resource Center	Works to strengthen vulnerable American Indian children and families through collaborative and culturally responsive services.	303-871-8035 www.difrc.org
Mi Casa Resource Center for Women	Offers education and employment classes to primarily low-income Latina women and youth.	303-573-1302 www.micasadenver.org
Padres Y Jovenes Unidos	Works for educational justice, racial justice, immigrant rights and quality health-care.	303-458-6545 www.padresunidos.org
Sevicios de la Raza Inc.	Advocates for and provides culturally relevant human services for the Latino and Latina population.	303-455-1332 www.serviciosdelaraza.org

<b>Youth Resources</b>	<b>Description</b>	<b>Contact Information</b>
United Way	Offers before and after school, mentoring, and other programs to at-risk youth	703-836-7112 www.unitedway.org
Urban Peak	Services include overnight shelter, medical assistance, basic provisions, art classes, transitional housing, and education and employment assistance for ages 14-24.	303-974-2900 www.urbanpeak.org
Big Brothers Big Sisters of Colorado	Community and activity based mentoring for youth ages 7-17.	303-433-6002 www.biglittlecolorado.org
Metro Denver Partners	Mentoring, monthly group activities, community service activities, tutoring, gang intervention/prevention services, and "Children of Substance Abusers" support groups for youth ages 8-17.	303-777-7000 www.metrodenverpartners.org
Uplift	Mentoring and in-school, after-school, adventure, and post secondary programs for youth 4 <sup>th</sup> grade to college.	303-830-6615 www.coloradouplift.org

<b>Domestic Violence Resources</b>	<b>Description</b>	<b>Contact Information</b>
Colorado Coalition Against Domestic Violence	Provides information on local shelters, 24-hour crisis hotlines, and other services.	303-831-9632 www.ccadv.org
Safehouse Denver	Offers 24-hour assistance, shelter, and educational programs for women and children.	(303) 318-9989, www.safehouse-denver.org
Brandon Center Theodora House	Assists employment placement, education, and housing for women and children.	(303) 620-9190, www.voacolorado.org
Denver Rescue Mission - Champa House	Christian organization that helps women find housing and employment.	(303) 297-1815, www.denverrescuemission.org
Dom Viol Initiative for Women with Disabilities	Assists disabled women who have experienced domestic violence.	(303) 839-5510

<b>Drug &amp; Alcohol Resources</b>	<b>Description</b>	<b>Contact Information</b>
Denver Area Central Committee of Alcoholics Anonymous	Provides local meeting lists, answers inquiries about AA, and maintains information about local hospitals and recovery facilities.	303-322-4440 www.daccaa.org
Phoenix Multisport	Provides opportunities for individuals in recovery from drug or alcohol abuse to engage in outdoor activities and be a part of a sober, active community.	303-440-0547 www.phoenixmultisport.org
Arapahoe House	Arapahoe House offers more than 20 specialized substance abuse recovery programs at 13 metro Denver, Colorado locations.	303-657-3700 www.arapahoehouse.org
West Pines (Chemical Dependency and Behavioral Health)	Offers both in-patient and out-patient drug and alcohol recovery services and dual-diagnosis treatment.	303-467-4080
Addiction Research and Treatment Services (ARTS)	Provides residential and outpatient substance abuse treatment services with an emphasis on psychosocial and pharmacological treatments for adolescents, women, men, families and those involved in the criminal justice system.	303-388-5894 www.artstreatment.com
Access to Recovery	Provides free services to individuals whom are in treatment or 30 days out for recovery support services for free, i.e bus passes, dental, shelter, groups, wellness, etc.	303-953-4053
Life Ring Colorado	A secular recovery community.	303-586-1325 www.liferingcolorado.org

<b>Eating Disorder Resources</b>	<b>Description</b>	<b>Contact Information</b>
Eating Disorder Center of Denver	Offers a variety of treatment options for anorexia, bulimia, and binge eating, including a partial hospitalization program, intensive outpatient programs, nutritional counseling, outpatient therapy and an evening treatment program.	(866) 771-0861 www.edcdenver.com
Eating Recovery Center	Services for eating disorders range from acute inpatient hospitalization to flexible outpatient programs including personalized meal plans designed by registered dietitians and classes on meal creation, menu selection and cooking.	(877) 825-8584 www.eatingrecoverycenter.com
Eating Disorder Foundation	Engages in education and advocacy initiatives with timely support and help in identifying appropriate treatment options for individuals with eating disorders and their families.	303-322-3373 www.eatingdisorderfoundation.org

<b>Spiritual Resources</b>	<b>Description</b>	<b>Contact Information</b>
Buddhist Center	Provides an inspiring environment in which people from all walks of life can learn about Buddhism and meditation.	303-813 9551 www.meditationincolorado.org
Mile Hi Church	A positive environment promoting personal growth & practical, spiritual teaching embracing all faiths and spiritual paths.	303-237-8851 www.milehichurch.org
Colorado Muslims	Provides online information for prayer times, announcements, events and directory services.	www.coloradomuslims.com