35th National Primary Care Nurse Practitioner Symposium

Join us for our 35th Anniversary!

Presented by the College of Nursing
Jointly sponsored by the University of Colorado Denver College of Nursing
Office of Lifelong Learning
and the
School of Medicine Office of Continuing Medical Education

July 15-18, 2010
Copper Mountain, Colorado
Dear Colleague:

On behalf of the National Primary Care Nurse Practitioner Symposium (NPS) Planning Committee and staff at the University of Colorado Denver College of Nursing, I'd like to welcome you to the 35th Anniversary of the Nurse Practitioner Symposium! The College of Nursing has a proud heritage as the birthplace of NP education, which began 45 years ago through the visionary leadership of Loretta C. Ford, EdD, FAAN and Henry Silver, MD. Today, we continue to honor this tradition by offering a conference experience filled with the unsurpassed CE content you have come to expect, while you network with colleagues from across the country in a relaxing and invigorating mountain setting.

Our 2010 program offers a wide range of content for primary, acute/hospital based and urgent care Nurse Practitioners from all specialty areas: adult, family practice, geriatric, women's health and pediatrics. Join national leaders and experts who will discuss cutting-edge topics, and leave the NPS with knowledge and skills that you can use in everyday practice. Poster presentations, as well as a large exhibit pavilion with booths representing corporate sponsors, booksellers, recruiters, and other nursing educational and professional organizations, will again be available.

Enjoy this opportunity to learn, relax and recharge in the beauty of the Rocky Mountains!

Sincerely,

Jennifer

Jennifer A. Disabato, MS, RN, CPNP-PC, AC
Program Director
NPS Planning Committee

Sponsored by:
University of Colorado Denver College of Nursing
Office of Lifelong Learning
Nurse Practitioner Symposium Office
Phone: 303-724-0600 Fax: 303-724-0957 E-mail: nps@ucdenver.edu
Web Site: http://www.nursing.ucdenver.edu/nps

SYMPOSIUM OVERVIEW & OBJECTIVES

This four-day Symposium for Nurse Practitioners provides a forum for discussing common health concerns, illnesses and challenges related to caring for individuals in all age groups in a variety of health care settings. The 2010 Symposium will also address current trends and issues in NP practice, education and public policy.

At the conclusion of this activity, participants should be able to:
- Implement an evidence-based program for weight reduction using medical and surgical options.
- Identify current evidence-based approaches to the diagnosis and management of many diseases.
- Exchange ideas and experiences with professional colleagues from a variety of NP practice settings, education and research.
- Explore trends in national health care policy and reform efforts that impact NP practice now and in the future.
- Describe how to set up for simple office, dermatology and suturing procedures.

Wednesday, July 14

| 3:00 pm - 8:00 pm | Symposium Registration |
| 6:00 pm - 8:30 pm | Pre-Symposium Events (optional) |

No CE Credit, Light Food Available

Thursday, July 15

| 7:30 am - 7:00 pm | Symposium Registration |
| 7:30 am - 8:30 am | Continental Breakfast (Complimentary) |
| 8:30 am - 5:30 pm | Full Day Sessions (A1-A4) |
| 8:30 am - 12:00 pm | Half Day Sessions - Morning A5 – A7 |
| 12:00 pm - 2:00 pm | Free Time/Lunch on your own |
| 12:00 pm - 7:00 pm | Book Exhibit and Sales |
| 12:15 pm - 1:45 pm | Optional Industry Supported Luncheon Session(s) B1 or B2 (if funding obtained) |
| 2:00 pm - 5:30 pm | Half Day Sessions – Afternoon A8-A9 |
| 2:00 pm - 5:00 pm | Clinical Practice Intensive 1 |
| 5:30 pm - 7:00 pm | Welcome Reception/Exhibits/Posters (Complimentary Buffet, Exhibit Pavilion) |

Friday, July 16

| 6:45 am - 7:00 pm | Symposium Registration |
| 6:45 am - 7:30 am | Continental Breakfast (Complimentary) |
| 7:30 am - 9:00 am | Educational Sessions C1-C7 |
| 9:00 am - 1:00 pm | Exhibits/Poster Sessions |
| 9:00 am - 4:00 pm | Book Exhibits and Sales |
| 9:30 am - 10:30 am | Educational Sessions D1-D7 |
| 10:30 am - 12:30 pm | Free Time/Box Lunches (Complimentary, in Exhibit Pavilion) |
| 11:00 am - 12:15 pm | Ethics Forum (optional) |
| 12:45 pm - 1:00 pm | Dean's Welcome |
| 1:00 pm - 2:00 pm | Keynote Address |
| 2:30 pm - 4:00 pm | Educational Sessions L1, L2 or L3 |
| 4:30 pm - 5:30 pm | Educational Sessions M1-M3 |
| 4:30 pm - 7:30 pm | Workshops: W5, 1, 2, 3, or 4 (Optional, Separate Fee Pertains) |

Saturday, July 17

| 7:00 am - 6:30 pm | Symposium Registration |
| 7:30 am - 10:30 am | Workshops: W5, 6, 7, or 8 (Optional, Separate Fee Pertains) |
| 9:00 am - 12:00 pm | Exhibits/Progressive Brunch (Complimentary in Exhibit Pavilion, ) |
| 9:00 am - 12:00 pm | Book Exhibits and Sales |
| 11:30 am - 1:00 pm | Educational Sessions P1-P7 |
| 1:30 pm - 2:30 pm | Educational Sessions O1-O7 |
| 3:00 pm - 4:30 pm | Educational Sessions R1-R5 |
| 3:00 pm - 6:00 pm | Clinical Practice Intensives 2, 3 or 4 |
| 5:00 pm - 6:00 pm | Educational Sessions S1-S5 |
| 6:00 pm - 7:30 pm | 35th Anniversary Celebration (Light food in Exhibit Pavilion) |

Sunday, July 18

| 7:30 am - 12:30 pm | Symposium Registration/ Contact Hour Certificate Distribution |
| 7:30 am - 8:30 am | Continental Breakfast (Complimentary) |
| 8:30 am - 10:00 am | Educational Sessions T1-T7 |
| 10:30 am - 12:00 pm | Educational Sessions V1-V5 |

LIFE-LONG LEARNER

Continue your professional education with the University of Colorado Denver College of Nursing's, Office of Lifelong Learning. Our distance-learning technologies, certificate programs, high quality courses, and seminars provide opportunities to support, enhance, and promote your professional development and career mobility. Please visit the University of Colorado Denver College of Nursing booth in the Copper Mountain Conference Center Exhibit Pavilion. Or, for more information you may log on to the Office of Lifelong Learning website at http://www.nursing.ucdenver.edu/prof-dev, contact us by phone at 303-724-1372, or email to professional.development@ucdenver.edu
**WELCOME TO COPPER MOUNTAIN**

Copper Mountain Resort & Conference Center offers an array of dining, shopping and recreational activities. Enjoy world-class conference facilities in the center of a breathtaking mountain setting. Symposium registration and educational sessions will take place in the Conference Center, or nearby meeting room facilities, that are a short walk or shuttle ride away. The Exhibit Pavilion is just outside the Conference Center doors.

Activities around the resort include a climbing wall, go-karts, quad power jump, scenic chair ride, mini golf, arcade, hiking, horse back riding, bike rentals, and ATV tours. Westlake water activities include bumper boats and paddle boats. All guests enjoy complimentary access to the Copper Athletic Club, a centrally located fitness center, where a lap pool, weight room and massage treatments are readily available. There is also a championship golf course. To book recreational activities, call the Copper Mountain Activities Line at 866-416-9872.

**Other Colorado Attractions**

If you plan to make the NPS part of a Colorado summer vacation, tourism information is available at: www.Colorado.com and www.denver.com/atattractions

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**CONTINUING EDUCATION CONTACT HOUR CREDIT INFORMATION**

**Nurse Practitioners who attend the Standard Sessions from Thursday July 15 - Sunday July 18, may earn up to 21.75 contact hours.** These contact hours will be reflected on your individualized printed contact hour certificate, which is available at the end of your last Symposium day. One contact hour is equivalent to 60 minutes of educational instruction.

**Standard Sessions Contact Hours:**

- **Thursday:** 6.0 contact hours for Educational Session A and .5 contact hours for Poster Sessions, for a total of 6.5 contact hours (or 6.25 if CPI 1 chosen for afternoon session).
- **Friday:** 1.0 contact hours for the Keynote Address, 5.0 contact hours for Educational Sessions C, D, L and M, and .5 contact hours for Poster Sessions, for a total of 6.5 contact hours.
- **Saturday:** 5.0 contact hours for Educational Sessions P, O, R and S, and .5 contact hours for Poster Sessions, for a total of 5.5 contact hours. (or 5.75 if CPI 2-4 chosen for afternoon session)
- **Sunday:** 3.0 contact hours for Educational Sessions T and V.

**Additional Contact Hour Options:**

- **Thursday:** 1.5 contact hours for the Industry Supported Luncheon Sessions B1 or B2 (if funding obtained, pre-registration required)
- **Friday:** 1.25 contact hours for Ethics Forum (pre-registration required – CE credit noted on final certificate) AND 2.5 contact hours for Workshops 1, 2, 3 or 4 (pre-register with additional fee – separate certificate issued at end of workshop, in place of M sessions).
- **Saturday:** 2.5 contact hours for Workshops 5, 6, 7 or 8 (pre-register with additional fee – separate certificate issued at end of workshop)

**STAYING GREEN / SYMPOSIUM MATERIALS**

Continuing with a process that began two years ago, every registered NPS participant will receive a CD-ROM with all of the syllabus handouts (distributed with your materials on-site) AND access to an improved website for printing the session handouts prior to the symposium. Handout website details can be found in your registration confirmation letter.

Printed syllabi will be available only through advance ordering – see the registration form. **No syllabi will be sold on-site.** The cost for the printed syllabus ordered in advance is $40.00.

**EXTEND YOUR NPS EDUCATIONAL EXPERIENCE WITH DIGITAL RECORDINGS**

NPS educational sessions will again be recorded by Sound Images, Inc. (assuming the speaker has granted permission). This year, the NPS is seeking corporate sponsorship to allow free access to recordings for registered participants. If sponsorship is not obtained, participants will be able to purchase recordings both on-site and via the Internet, as they have in the past. **No individual taping of sessions is permitted.**

**Contact Information:** Sound Images, Inc., 2010 E. 17th Avenue, Denver, CO 80206, Phone: 303-649-1811, Fax: 303-790-4230, Website: www.siattend.com

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**Note that up to a total of 29.5 contact hours can be earned at this four-day Symposium by attending the standard AND the optional sessions.**

Educational Sessions designated with Rx contain pharmacology content. Your registration confirmation will list the pharmacology contact hours for which you are enrolled. Participants may earn up to 15.625 contact hours in sessions with pharmacology content by attending the four-day Symposium.

**CNE Credit**

The University of Colorado Denver College of Nursing is an approved provider of continuing nursing education by the Colorado Nurses Credentialing Center's Commission on Accreditation.

**CME Credit**

The University of Colorado Denver School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Colorado Denver School of Medicine designates this educational activity for a maximum of 29.5 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**ACNM CE Credit**

The Continuing Education Section of ACNM grants reciprocity status for ACCME AMA PRA Category 1 Credit(s)™ offerings that are relevant to midwifery.
Thursday, July 15
5:30 pm - 7:00 pm
Welcome Reception
Opening of Exhibit Pavilion & Poster Sessions
A2 GLOBAL HEALTH & DISEASE
Emerging Biological Disease Threats – What’s Next? 25% Rx
As technology and travel have increased our global exposure, the epidemiology of biological diseases is changing. Gain knowledge regarding the identification of emerging infectious disease threats, and discuss the challenges of containment, prevention and treatment. Connie Savor Price, MD; Director, Infection Prevention/Hospital Epidemiology; Chief, Division of Infectious Diseases, Denver Health Medical Center and Associate Professor, School of Medicine, University of Colorado Denver; Aurora CO

Tuberculosis in the Immigrant Population
Review the global epidemiology of tuberculosis, including the new guidelines for screening in an immigrant population. The session will use a case-based approach to emphasize when to suspect tuberculosis, and the tools we have to assist in the diagnosis. Shannon Kasperbauer, MD; Assistant Professor, Division of Mycobacteriology and Respiratory Infections, National Jewish Health; Denver CO

International Travel: Consultation, Evaluation and Immunizations 25% Rx
As overseas travel opportunities have grown, so have the needs of the traveling public in regard to medical consultation, disease prevention and safety. Essential components of pre-travel evaluation of health status, including chronic illness management, required immunizations and resources available to the NP will be discussed. Judith Shlay, MD, MSPH; Director, Denver Health Immunization and Travel Clinic, Denver Public Health; Denver CO

Assessment and Screening of Internationally Adopted Children 25% Rx
Hear an overview of the assessment and evaluation of international adoptees, as well as some of the infectious disease issues related to traveling abroad to bring home an adopted child. Emily Barr, CPNP, CNM, MSN; Pediatric Nurse Practitioner and Nurse Midwife, Children’s Immunodeficiency Program, The Children’s Hospital; Aurora CO

A3 OBESITY: MEDICAL & SURGICAL APPROACHES
How Did We Get Here? The History and Future of the Obesity Epidemic
Review the history of the obesity epidemic and the magnitude of the problem now. Behavioral strategies for weight loss will be presented. Leigh Perreault, MD

Weight Loss Medications and Supplements 100% Rx
Focus on who is a candidate for weight loss medications and/or supplements, when to start or stop them, and the different options. New drugs coming down the pipeline will also be presented. Leigh Perreault, MD; Assistant Professor, Endocrinology/Metabolism/ Diabetes Division, School of Medicine, University of Colorado Denver; Aurora CO

Options and Outcomes for Weight Loss Surgery 50% Rx
Explore the weight loss surgery options available to your patients, as well appropriate candidates for each procedure. Expected outcomes, co-morbidity resolution, diet, and potential complications will be discussed. Allison Galloway, FNP-C, SA, MS; Nurse Practitioner and Surgical First Assistant, Colorado Bariatric Surgery Institute; Denver CO

Long-term Expectations and Complications of Bariatric Surgery 25% Rx
There are different expectations and risks for bariatric procedures. Hear and see pictures of the best case scenarios for weight loss and co-morbidity resolution, as well as the possible complications your patients may encounter. Matthew A. Metz, MD; Director of Bariatric Surgery, Triumph Hospital, and Staff Surgeon, Colorado Bariatric Institute; Denver CO

A4 ACUTE CARE & HOSPITALIST FOCUS
Nutrition in the Hospitalized Adult Patient 25% Rx
Malnutrition in the acute care setting is widespread and affects infection rates, wound management, surgical complications, and overall length of stay. Malnutrition can occur at any BMI, and early intervention can greatly impact outcomes. Review nutrition assessment guidelines, how to identify patients at risk, and determine appropriate nutrition therapies. Diagnoses such as Cancer, IBD, and Pancreatitis will be highlighted. Robin Saucier, RD, CNSD; Clinical Dietician Specialist, Surgical ICU, Burn/Trauma ICU, University of Colorado Hospital and President, Colorado Society for Parenteral and Enteral Nutrition; Aurora CO

Deep Vein Thrombosis and Pulmonary Embolism 50% Rx
Focus on advances in the diagnosis and management of deep venous thrombosis (DVT) and pulmonary embolism (PE). Review the epidemiology of DVT, diagnostic techniques, and treatment options. Discuss the current guidelines for DVT prophylaxis and chronic thromboembolic disease resulting in pulmonary hypertension. Robert L. Keith, MD, FCCP; Associate Professor of Medicine, Pulmonary Science and Critical Care Medicine, Denver Veterans Affairs Medical Center; Denver CO

Acute Kidney Failure: Recognition and Management 25% Rx
Acute Renal Failure impacts 5-20% of hospitalized patients and 30-60% of ICU patients. Understanding ARF causes and treatment can facilitate optimal patient care, resulting in better outcomes. Kate Brady, MS, BC-ANP; Nurse Practitioner and Senior Instructor, Division of Renal Diseases and Hypertension, University of Colorado Denver; Aurora CO

Acute Hepatitis and Pancreatitis 25% Rx
The clinical presentations of acute hepatitis and pancreatitis will be discussed through case illustrations. The use of laboratory and imaging studies in arriving at the cause and the severity of these inflammatory injuries will be discussed, and current therapeutic principles related to the various causes will be presented. Carl Robert Dahl, MD; Gastroenterologist, Rocky Mountain Gastroenterology Associates; Wheat Ridge CO

A5 HEALTH INFORMATION TECHNOLOGY
Electronic Health Record and Meaningful Use
The HITECH Act of 2009 is setting the stage for all health care professionals to become users of health information technologies (HIT). Meaningful use recognizes that better health care does not come solely from the adoption of technology itself, but through the exchange and use of HIT to inform clinical decisions at the point of care.

Beyond the Electronic Health Record (EHR): Consumer Engagement and Health 2.0 Tools
Consumer use of the Internet and Health 2.0 is increasing at a rapid rate. More patients are using Health 2.0 tools such as social media, personal health records and mobile technologies to manage their health. Focus on these tools, and examine their impact on patient-provider relationships and health outcomes. Diane Skiba, PhD, FAAN, FACMI; Professor, College of Nursing, University of Colorado Denver; Aurora CO
A6  ALTERNATIVE THERAPIES
Managing Common Health Concerns with Biologic Based Practices: Vitamins, Minerals, Herbs & More  75% Rx
There is an increasing evidence base for biologic based practices (BBP), including vitamins, minerals, herbs, and other substances such as melatonin and cartilage. Gain an overview of common BBPs, their uses, and the evidence that supports the indications.

Natural/Alternative/Complementary (NAC) Conundrums: Issues & Concerns
Many NAC practices have a limited evidence-base according to a conventional standard. Can these therapies be discounted when they work? What are some of the conventional biases aimed toward NAC therapies, and how does one ensure their quality.
Roxana Huebscher, PhD, FNP-C, AHNC, CMT; Graduate Program Director and Professor, College of Nursing, University of Wisconsin; Oshkosh WI

A7  PEDIATRICS: ALLERGY AND ASThma UPDATE
The Wheezing Infant/Toddler and Progression to Persistent Asthma  25% Rx
Review the information currently available in terms of lung dysfunction, early immune system development, and evolving evidence concerning inflammatory patterns in this young age group. The early interplay of environmental challenges such as virus, bacteria, and aeroallergens will be explored. Symptomatic presentation of infantile wheezing and its potential link with persistent asthma will be discussed.
Marzena Krawiec, MD; Associate Professor of Pediatrics, Division of Pulmonary Medicine, National Jewish Health; Denver CO

Pediatric Allergies  25% Rx
Diagnosis and management of allergies in children can be a challenge for busy primary care providers. Review three commonly encountered problems: food allergies, allergic rhinitis and anaphylaxis, and discuss for busy primary care providers. Review three commonly encountered problems: food allergies, allergic rhinitis and anaphylaxis, and discuss the current evidence and prognosis for each.
Kirsten Carel, MD; Assistant Professor, Department of Pediatrics, Allergy and Immunology, National Jewish Health; Denver CO

INDUSTRY SUPPORTED SESSIONS
12:15 pm - 1:45 pm   1.5 Contact Hours
Enjoy lunch, courtesy of industry supporters, and obtain current information for your practice. These two sessions (B1, B2) will only take place if industry funding is secured. Topic(s) to be determined. An email update will be sent to all registered participants and information will be posted on NPS Website as it becomes available: www.nursing.ucdenver.edu/nps

A8  WOMEN’S HEALTH: COMMON CHALLENGES
Vaginitis: Tackling the Tough Cases  50% Rx
Vaginitis is one of the most common problems encountered in women’s healthcare, and it can sometimes be difficult to eradicate. Explore management options for persistent and resistant cases.

Management of Common Problems with Contraception  75% Rx
Although today’s prescription contraceptive methods are generally well-tolerated, some women experience troublesome side effects. Explore management options for common problems with both hormonal contraceptives and intrauterine contraception.
Jan Shepherd, MD, FACOG; Medical Director, Boulder Valley Women’s Health Center and Clinical Assistant Professor, OB/GYN, School of Medicine, University of Colorado Denver; Aurora CO

A9  PROFESSIONAL ISSUES: LEGAL, REGULATORY AND CREDENTIALING
Legal Issues for NP Practice
The top four legal problems faced by NPs are malpractice, complying with laws on prescribing, scope of practice, and reimbursement. This session addresses two: malpractice and prescribing laws. Learn from the mishaps of NPs who have been sued, disciplined, or lost their jobs due to prescribing errors or breaches of the standard of care.

Regulatory and Credentialing Issues: Are Your Legal Bases Covered?
Focus on complying with the laws on scope of practice and reimbursement. Avoid having your practice ended abruptly by the Board of Nursing because of scope of practice problems. Avoid having claims denied and fines levied for failure to follow the complicated laws on billing. Cases against NPs will be analyzed.
Carolyn Buppert, CRNP, JD; Attorney and Nurse Practitioner, Law Office of Carolyn Buppert, PC; Bethesda MD

CLINICAL PRACTICE INTENSIVES (CPI)
NEW IN 2010!
These sessions allow more in-depth focus on the selected topics, but are different from the workshops in that there is not a hands-on component. The CPI are included in your registration fee. Sign up early as space is limited.

CPI 1
2:00 pm - 5:30 pm   3.0 Contact Hours
Antibiotics: The Basics and Beyond  100% Rx
(session repeated as CPI 2)
What factors influence the development of resistant pathogens? How do certain patient characteristics increase risk of infection with a resistant pathogen? What are the latest treatment recommendations for common bacterial infections? When should you prescribe a first-line product? When is more aggressive therapy indicated? When and how can you effectively treat with an antibiotic that is on the "$4 list"? Find out about the “basics and beyond” in this case-based session designed to help demystify antimicrobial prescribing.
Margaret A. Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP; President, Fitzgerald Health Education Associates, Inc; North Andover MA
Chronic Cough in Children: Diagnosis and Treatment 25% Rx

Chronic cough is a common and troublesome symptom in children and results in significant disability. Children present a distinct pattern of duration of cough and diagnostic conditions that differ from adults. Review these aspects, and treatment of chronic cough, including pharmacology, breathing techniques, and hypnotherapy.

Susan Brugman, MD; Associate Professor of Pediatrics, Division of Pediatric Pulmonology, National Jewish Health and University of Colorado Denver; Aurora CO

EDUCATIONAL SESSIONS  C1 - C7
7:30 am - 9:00 am  1.5 Contact Hours

C1  Rheumatoid Arthritis: Current and Future Management Strategies  75% Rx (session repeated as R1)  

There have been a number of new biologic agents approved for the treatment of RA in the last several years. Challenges associated with the diagnosis of RA, and the use of established algorithms for management, will be followed by a review of the appropriate use and monitoring of these new agents.

Richard Meehan, MD; Chief of Rheumatology and Professor of Medicine, National Jewish Health; Denver CO

C2  Interpreting the Complete Blood Count

Review the approach to the adult with an abnormal CBC, clarifying which problems should be referred to the hematologist, and which ones are appropriately evaluated and managed by the PCP. Through a case-based dialogue, we will consider common anemia, erythrocytosis, thrombocytopenia, and WBC abnormalities.

Catherine Klein, MD; Chief, Section of Hematology and Medical Oncology, Denver Veterans Affairs Medical Center and Professor, School of Medicine, University of Colorado Denver; Aurora CO

C3  Psychiatric Emergencies in the Ambulatory/Urgent Care Setting  25% Rx

No matter where you practice as an NP, the adage remains true: “Every nurse is a psych nurse!” Explore triage and treatment of psychiatric emergencies in ambulatory settings. Learn how to properly assess, diagnose, treat, and maintain safety for patients and staff in the midst of psychiatric crises. Medication and addiction issues will also be addressed.

Kathleen Middleton, ANP-C; Nurse Practitioner, Exempla Lutheran West Pines Hospital; Wheat Ridge CO
Angela Busse, ANP-C; Nurse Practitioner, Exempla Lutheran West Pines Hospital; Wheat Ridge CO

C4  When Sex Hurts: Diagnosis & Management of Dyspareunia  25% Rx

About 15% of women will experience problems with painful intercourse at some time in their lives. Explore common etiologies, diagnostic evaluation, and management options.

Jan Shepherd, MD, FACOG; Medical Director, Boulder Valley Women's Health Center and Clinical Assistant Professor, OB/GYN, School of Medicine, University of Colorado Denver; Aurora CO

C5  Chronic Cough in Children: Diagnosis and Treatment  25% Rx

Chronic cough is a common and troublesome symptom in children and results in significant disability. Children present a distinct pattern of duration of cough and diagnostic conditions that differ from adults. Review these aspects, and treatment of chronic cough, including pharmacology, breathing techniques, and hypnotherapy.

Susan Brugman, MD; Associate Professor of Pediatrics, Division of Pediatric Pulmonology, National Jewish Health and University of Colorado Denver; Aurora CO

C6  Evidence-Based Management of Oral Anticoagulation  75% Rx

Nurse Practitioners are often called upon to manage patients taking Warfarin. Review strategies for setting up an anticoagulation program. Administrative, demographic and outcome data from an NP managed program will be presented.

Kathleen McCloy, RN, MSN, ACNP; NP III and Lecturer, School of Nursing and Clinical Faculty, Cardiology, School of Medicine, University of California; Los Angeles CA

C7  We Are the World: APN Global Experiences

Have you ever considered taking your skills beyond your current practice to a broader world stage? Many NPs have had rewarding experiences working in other countries to improve the health and well being of others. Gain an overview of options for APNs interested in pursuing short-term global work, followed by a panel discussion with those who have done so.

Lynn Howe Gilbert, RN, PhD, PNP-C; Associate Professor, Division of Women’s, Children & Family Health, College of Nursing, University of Colorado Denver; Aurora CO
NP Panalists TBD
D4  Evaluating the Child with “Real” Abdominal Pain  
25% Rx  
Identify the common causes of organic pain throughout childhood, and develop an approach to the initial evaluation and management of these disorders. Review when to refer to the pediatric gastroenterologist.
Edward J. Hoffenberg, MD; Director, Inflammatory Bowel Disease Program, The Children’s Hospital; Aurora CO

D5  Cancer in the Older Adult  
Review the malignancies most commonly encountered in the older adult, and discuss the process by which treatment decisions are made for this challenging set of cancer patients. Focus on areas of disparity in treatment and outcomes in older patients, and explore mechanisms by which they may be offered the best cancer care available.
Catherine Klein, MD; Chief, Section of Hematology and Medical Oncology, Denver Veterans Affairs Medical Center and Professor, School of Medicine, University of Colorado Denver; Aurora CO

D6  Health Policy Leadership and Global Health  
Global health has a significant impact on each of us. Explore major global health issues, global health initiatives, and how these relate to nurse practitioners in the US.
Barbara Sheer, PhD, FNP-C, FAANP; Resource Member, International Nurse Practitioner and Advanced Practice Nursing Network and Professor Emeritus, School of Nursing, University of Delaware; Newark DE

D7  Role of the Preceptor in Developing NP Students’ Critical Thinking Skills  
The role of the preceptor in developing the critical thinking skills of their NP students begins with an understanding of critical thinking itself. What it is, how it is defined, and methods for problem-based learning to enhance skill development will be reviewed. Through a case based example, participants will see how they can help students improve their critical thinking.
Ginger Raterink, DNS, ANP-C; ANP Option Coordinator and Assistant Professor, College of Nursing, University of Colorado Denver; Aurora CO

10:30 am - 12:30 pm  
FREE TIME  
Box Lunches (Exhibit Pavilion)  
(Courtesy of the industry supporters of the “L” Sessions)

ETHICS FORUM (LE, Optional)  
11:00 am - 12:15 pm  
1.25 Standard Contact Hours  
(pre-registration required, no additional fee)
Through active case discussion, this forum will offer participants an opportunity to apply ethical decision making principles to a real case from clinical practice. The case will underscore the potential for family conflict in ethical dilemmas that arise from advances in medical screening and technology.
Helen Sullivan, MS, NP; Clinical Manager for Care Management, Colorado Access; Denver CO
Stefan T. Mokrohisky, MD; Co-Director, The Program in Bioethics and Staff Pediatrician, The Children’s Hospital; Aurora CO
Jacqueline Glover, PhD; Associate Professor, Department of Pediatrics and Center for Bioethics and Humanities, University of Colorado Denver, Aurora CO

12:45 pm - 1:00 pm  
DEAN’S WELCOME  
Patricia Moritz, PhD, RN, FAAN; Dean, College of Nursing, University of Colorado Denver; Aurora CO

Keynote Address  
1:00 pm - 2:00 pm  
1.0 Contact Hours  

Health Care Reform and the Role of Primary Care  
Mary Wakefield, PhD, RN  
Administrator, Health Resources and Services Administration

Mary Wakefield, PhD, RN, was named Administrator of the Health Resources and Services Administration by President Barack Obama on February 20, 2009. HRSA is an agency of the U.S. Department of Health and Human Services.
Prior to joining HRSA, Dr. Wakefield was Associate Dean for Rural Health at the University of North Dakota’s School of Medicine and Health Sciences and Director of the university’s Center for Rural Health.
She has served as Director of the Center for Health Policy, Research and Ethics at George Mason University in Fairfax, VA, and worked as a consultant to the World Health Organization’s Global Programme on AIDS in Geneva, Switzerland. Dr. Wakefield has served on the Medicare Payment Advisory Commission, and as Chair of the National Advisory Council for the Agency for Healthcare Research and Quality.
She has a bachelor of science degree in nursing from the University of Maryland in Bismark and master’s and doctoral degrees in nursing from the University of Texas at Austin. She is a Fellow in the American Academy of Nursing and was elected to the Institute of Medicine of the National Academies in 2004.
**INDUSTRY SUPPORTED SESSIONS L1 - L3**

**L1**  **H1N1 Influenza: Lessons We Are Learning from the Current Pandemic 100% Rx**

The ongoing novel H1N1 influenza pandemic has provided tremendous clinical and public health challenges. What was the public response? What was the response of the healthcare provider community? What lessons have been learned? Learn about these issues and predictions for the next influenza pandemic threats.

Margaret A. Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP; President, Fitzgerald Health Education Associates, Inc; North Andover MA

**L2**  **The New Insulin Patient: Practical Approaches to Patient Management 50% Rx**

Helping patients with diabetes manage their condition continues to be a primary focus for the practicing clinician, particularly for those patients starting insulin therapy. Gain practical, proven approaches to working with the new insulin user and review “best practices”. Insights to empowering patients to take an active role will be presented. A case based approach will illustrate key elements and engage participants in discussions relating to their own practice.

Carla Mills, BSN, MSN, FNP-C; Family Nurse Practitioner, Private Practice, Internal Medicine and Founder/President, Maverick Health Systems, Inc; Ft. Myers FL

Supported through an independent education grant from Home Diagnostics, Inc.

**L3**  **HPV Disease Prevention 25% Rx**

Human papillomavirus (HPV) is associated with cervical cancer and genital warts. In 2006, the FDA approved a vaccine for young females, yet immunization rates remain relatively low. Review the latest evidence related to the virus, prevention in both females and males, quadrivalent and bivalent preparations, and strategies to achieve better outcomes in your practice.

Angela Deneris, PhD, CNM, FACNM; Associate Professor, Clinical; Nurse-Midwifery & Women’s Health NP Programs, University of Utah and Certified Nurse Midwife, Birthcare Healthcare; Salt Lake City UT

**EDUCATIONAL SESSIONS M1 - M3**

**M1**  **Life in Balance: Improving the Quality of Your Journey**

Physically every NP knows the feeling—too much to do and too little time or energy to do it all well. Juggling professional and personal responsibilities can create a stifling overload that jeopardizes both roles and contributes to job burnout. Hear a reformed “Superwoman” address the universal quest of contemporary life—finding a balance. The timeless, practical life-strategies will equip NPs to identify their governing values, establish realistic priorities, adopt healthy coping skills, and promote essential self-care. You can use the same prescription to effectively counsel your clients.

Marianne R. Neifert, MD, FAAFP; Clinical Professor, Pediatrics, School of Medicine, University of Colorado Denver; Aurora CO

**M2**  **Global Influence of Advanced Practice Nurses: Why it Matters**

Nurses around the world are making a significant impact on the health care of nations. Globally, nurses have joined forces to move toward advanced practice in response to population needs. Developing models of practice will be explored.

Barbara Sheer, PhD, FNP-C, FAANP; Resource Member, International Nurse Practitioner and Advanced Practice Nursing Network and Professor Ementus, School of Nursing, University of Delaware; Newark DE

**M3**  **Legislative Update for Nurse Practitioners**

Gain an overview of the latest practice legislation at the federal and state level. Participate in a discussion of issues that impact NP practice, as well as ways to become more involved in legislation and policy making.

Jan Towers, PhD, NP-C, CRNP, FAANP, FAAN; Director of Health Policy, American Academy of Nurse Practitioners; Washington DC

**WORKSHOP SESSIONS WS 1 - WS 4**

**WS1**  **Simple Office Procedures**

Learn about a number of office procedures performed in the primary care setting. Throughout the first half of the seminar, receive didactic information regarding digital nerve block, incision and drainage of an abscess, paronychia drainage, cryosurgery, toenail removal, fishhook removal, and subungal hematoma evacuation. The last half will feature the hands-on component, where you will perform each procedure on realistic props.

Wendy L. Wright, MS, RN, ARNP, FNP, FAANP; Adult/Family NP and Owner, Wright and Associates Family Healthcare; Amherst NH

**WS2**  **Manipulative Therapy**

Manipulative medicine is a highly effective modality for treating mechanical neck and back pain. Explore the concepts, indications and contraindications for this therapy. Participants will have the opportunity to perform treatments for the neck, upper back and lower back on participant partners, during the session with guidance from preceptors. Please wear comfortable clothes and plan on participating in active learning.

Scott Strauss, DO; Assistant Program Director, Swedish Family Medicine Residency and Assistant Clinical Professor, Department of Family Medicine, School of Medicine, University of Colorado Denver; Aurora CO

Eric Groce, DO; Faculty, Swedish Family Medicine Residency; Littleton CO

**WS3**  **Advanced Pelvic Exam Techniques: Challenging Situations**

Discuss and demonstrate a variety of advanced techniques to perform pelvic examination skills, particularly for the examination of women who are obese or disabled.

Sharon Myoji Schnare, RN, FNP, CNM, MSN, FAANP; Clinician, South Kitsap Family Care Clinic and Instructor, Department of Family and Child Nursing, University of Washington; Seattle WA

**WS4**  **Orthopedic Examination Techniques (Session repeated as WS8)**

This workshop will provide a joint by joint review of the basic surface anatomy of the cervical spine, shoulder, elbow, wrist, hand, lumbar spine, hip, knee, foot, and ankle. Exam maneuvers of each joint will be demonstrated, and registrants will pair up to practice these techniques on each other under direct supervision. The focus will then be on accurate diagnosis and development of appropriate treatment strategies, and there will be a review of data about medications.

Michael J. Petrizzi, MD, CAQ, FAAFP; Clinical Professor of Family Medicine, School of Medicine, Virginia Commonwealth University and Physician, Hanover Family Physicians, PC; Mechanicsville VA

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WORKSHOP SESSIONS WS5 - WS8
Limited Enrollment (LE) Workshop Fee ($) 7:30 am - 10:30 am Food/Beverage Break 8:30 am - 9:00 am 2.5 Contact Hours
A fee of $90 is required for each supervised workshop. In order to maintain quality of instruction, enrollment is limited.

WS5  Direct Ophthalmoscope Examination Skills
Improve your ocular examination skills using the direct ophthalmoscope through non-dilated pupils. The basics of direct ophthalmoscope exam technique, including a review of ocular anatomy, physiology, and photographic example of common disease states will be presented. During the small group practicum, you will practice pupil light reflex testing, anterior segment, and ocular fundus exam. Preceptors will proctor participants’ exam of one another with supplied direct ophthalmoscopes.

Jon M. Braverman, MD; Director, Division of Ophthalmology and Professor of Clinical Ophthalmology, Denver Health Medical Center; Denver CO

WS6  Improving Your Suturing Skills: Novice to Advanced
Gain practical knowledge of wound care, types of wound closures, and common pitfalls in suturing. Participants will practice suturing techniques on pigs’ feet, with expert supervision from preceptors. Beginners with no experience will learn single-layer closure. Intermediate and advanced students will learn landmarks for peripheral nerve block, multi-layer and flap closure techniques.

Vincent Markovchick, MD, FACEP; Clinical Professor of Emergency Medicine, Department of Surgery, University of Colorado Denver; Aurora CO

WS7  Procedures for Dermatology Diagnosis in Primary Care
Enhance your skills in diagnosing common dermatologic conditions including fungal infections and treatment of benign neoplasms. Practice common procedures, including shave biopsy, punch incision, elliptical excision, and simple interrupted suturing. Beginners with no experience will learn single-layer closure. Intermediate and advanced students will learn landmarks for peripheral nerve block, multi-layer and flap closure techniques.

Peggy Vernon, MA, RN, CPNP; Dermatology Nurse Practitioner, Sorkin Dermatology Associates; Greenwood Village CO

WS8  Orthopedic Examination Techniques
(Repeated session, see WS4 for description)

EDUCATIONAL SESSIONS P1 - P7
11:30 am - 1:00 pm 1.5 Contact Hours

P1  Update in Management of Lipid Disorders 50% Rx (session repeated as T1)
Understanding the relationship between dyslipidemia and atherosclerosis is critical to the development of strategies to prevent cardiovascular disease. Current published guidelines provide evidence-based recommendations and goals for treatment. Effective management strategies incorporate a combination of lifestyle modification and pharmacological therapy. An awareness of efficacy and safety is necessary for a successful approach to lipid therapeutics.

Michael T. McDermott, MD; Director, Endocrinology and Diabetes Practice, University of Colorado Hospital and Professor, Medicine and Clinical Pharmacy, Division of Endocrinology, Metabolism and Diabetes, University of Colorado Denver; Aurora CO

P2  Migraines: Current Treatment Options 75% Rx
Twenty-eight million individuals in the US suffer from migraines, yet only 48% of them have actually been diagnosed. Recent research has shown that the majority of these individuals have been diagnosed incorrectly, with sinus or tension headaches. Discuss the etiology, symptoms, signs, and current treatments. Secondary headaches, and other primary headaches, such as tension and cluster, are addressed.

Wendy L. Wright, MS, RN, ARNP, FNP, FAANP; Adult/Family NP and Owner, Wright and Associates Family Healthcare; Amherst NH

P3  Fractures, and Sprains, and Strains, Oh My! 25% Rx
Ever see an orthopedic injury and think, “Is it a fracture a sprain or a strain?” Learn from an experienced emergency nurse practitioner how to effectively assess, order and understand diagnostic test results for patients with common extremity injuries. Actual cases will be presented with radiographs.

Theresa Campo, DNP, RN, APRN, NP-C; Lead Advanced Practice Nurse/Nurse Practitioner, Bayfront Emergency Physicians; Somers Point NJ

P4  Breastfeeding: Best Practices for Primary Care Providers
Human milk provides ideal infant nutrition and compelling health benefits for infants and mothers. Yet, many women encounter early breastfeeding difficulties that jeopardize long-term success. Hear how to prepare expectant families for an optimum hospital breastfeeding experience; recognize mother-infant pairs (including late-preterm infants), who are at risk for inadequate breastfeeding; and ensure early follow-up, evaluation and timely intervention with breastfeeding dyads.

Marianne R. Neifert, MD, FAAP; Clinical Professor of Pediatrics, School of Medicine, University of Colorado Denver; Aurora CO

P5  Geriatric Gynecology 25% Rx
With an aging population, PCPs increasingly will be asked to care for older women with non-reproductive genital tract complaints. Review common genital skin problems, such as lichen sclerosis and disorders of pelvic support. The use of pessaries, management of post-menopausal bleeding, and a simple approach to the diagnosis and management of urinary incontinence will be covered. Procedures, including vulvar and endometrial biopsy, and a fitting technique for pessaries, will be discussed.

Michael Policar, MD, MPH; Medical Director, UCSF Program Support and Evaluation for the Family PACT Program and Associate Clinical Professor, Obstetrics, Gynecology and Reproductive Sciences, School of Medicine, University of California; San Francisco CA

P6  What’s Bugging Us in the Peds ED? 50% Rx
Hear about current infectious diseases being seen in the pediatric emergency department. Examine their various epidemiology, clinical presentation, and therapeutic options.

Timothy Givens, MD, FAAP, FACEP; Medical Director, Pediatric Emergency Department, The Children’s Hospital and Associate Professor, Pediatrics, University of Colorado Denver; Aurora CO

P7  Nurse Practitioner Leadership Opportunities in the Patient Centered Medical Home: Your Time is Now
Understand the PCMH model and the opportunities it holds for NPs. Assess your current knowledge and skills to be effective in the model. NPs will leave this presentation having completed a self and practice assessment they can use to implement next steps in their practice.

Maureen R. Courtney, APRN, FNP-BC, PhD; Associate Professor, School of Nursing, University of Texas; Arlington TX
EDUCATIONAL SESSIONS  Q1 - Q7
1:30 pm - 2:30 pm  1.0 Contact Hours

Q1 Update on Pneumonia: Diagnosis, Risk Stratification and Treatment  25% Rx
(Repeated session, see D1 for description)

Q2 Return to Play: Discussions from the Office
Review the 15 most common injuries encountered in contact or collision sports like football and basketball. Even if you are not covering an event, you will be asked to clear an athlete to return to play. Using a blend of evidence-based guidelines, and a progression of functional activities necessary to determine readiness to play; this session will increase the NP’s comfort with these decisions. The role of medicines will also be discussed.

Michael J. Petrizzi, MD, CAQ, FAAFP; Clinical Professor of Family Medicine, School of Medicine, Virginia Commonwealth University and Physician, Hanover Family Physicians, PC; Mechanicsville VA

Q3 Implantable Cardiac Devices
Patients who have implanted devices require a great deal of education related to the procedure, post operative care, and follow-up. Many of the current devices offer home monitoring systems, and education within the medical community is essential to providing excellent care to the growing device population.

Christina Light Martinez, RN, MSN, ACNP; Acute Care Nurse Practitioner, Los Angeles Cardiology Associates; Los Angeles CA
Andrea Tusinski, RN, MSN, ACNP; Nurse Practitioner, Los Angeles Cardiology Associates; Los Angeles CA

Q4 Long-Acting Reversible Contraception (LARC): Clinical Pearls  100% Rx
Long-Acting Reversible Contraceptives (LARC)—Intrauterine Contraceptive Devices and the Contraceptive Implant—have superior efficacy and continuation rates, when compared to other contraceptives. Review the clinical use of each of the LARC methods, and focus on the fine points of insertion and removal of each. New WHO guidelines regarding the use of LARC methods in women with chronic illnesses will be discussed, along with case studies describing difficult management challenges.

Michael Policar, MD, MPH; Medical Director, UCSF Program Support and Evaluation for the Family PACT Program and Associate Clinical Professor, Obstetrics, Gynecology and Reproductive Sciences, School of Medicine, University of California; San Francisco CA

Q5 Pediatric Immunization Update  100% Rx
Immunization recommendations change frequently. Review new recommendations for children and adolescents, and summarize the use of recently licensed vaccines.

William Atkinson, MD, MPH; Medical Epidemiologist, National Center for Immunization and Respiratory Diseases, Centers for Disease Control; Atlanta GA

Q6 Evaluation of Post-operative Delirium in the Elderly  25% Rx
The effects of anesthesia are often more pronounced in elderly patients. Post-operative evaluation can be challenging, and temporary alterations in mental status like delirium are common and can be difficult to differentiate from more serious events. Improve your ability to evaluate this challenging population.

Jeffrey Wallace, MD, MPH; Director of Clinical Geriatrics and Associate Professor, University of Colorado Denver; Aurora CO

Q7 Wellness Coaching: Inspiring Patients to Practice “Extreme” Self-Care
Chronic illness is largely attributable to unhealthy lifestyles. The evidence on “wellness coaching,” a new methodology that integrates principles and tools from behavioral science, psychology, counseling, life and corporate coaching, will be highlighted.

Eileen T. O’Grady, PhD, RN, NP; Certified NP and Wellness Coach, and Policy Editor, NP World News and American Journal for NP’s; Washington, DC

CLINICAL PRACTICE INTENSIVES

CPI 2 Antibiotics: The Basics and Beyond  100% Rx
(Repeated session, see CPI 1 for description)

CPI 3 Adult Imaging: Focus on Primary/Urgent Care
Following a brief introduction to imaging modalities, including plain x-rays, ultrasound and CT; actual case and clinical vignettes will be presented, along with the appropriate imaging work-up for each scenario. Focus on musculoskeletal (ankle, knee, shoulder), abdominal and basic trauma cases. The trauma portion will include head, cervical spine, chest, and pelvic imaging studies. Build your confidence in knowing what x-rays to order and what to look for in daily practice.

Britney Anderson, MD; Associate Residency Director and Director of Simulation, Emergency Medicine and Associate Director for Preceptorships, Foundations of Doctoring, University of Colorado Denver; Aurora CO

CPI 4 Motivational Interviewing: An Evidence-Based Approach to Successful Counseling
Motivational Interviewing (MI) techniques are simple, yet effective, evidence-based methods that turn behavior change strategies over to patients to increase their success. The American College of Obstetricians/Gynecologists (ACOG) has encouraged the use of MI because of its success.

Sharon Myoji Schnare, RN, FNP, CNM, MSN, FAANP; Clinician, South Kitsap Family Care Clinic and Instructor, Department of Family and Child Nursing, University of Washington; Seattle WA

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EDUCATIONAL SESSIONS R1 - R5
3:00 pm - 4:30 pm  1.5 Contact Hours

R1  Rheumatoid Arthritis: Current and Future Management Strategies 75% Rx
(Repeated session, see C1 for description)

R2  Managing the Patient with COPD  50% Rx
The management of someone with COPD begins with prevention, and is followed by interventions to minimize the destruction of the airways and maximize the quality of life. Review both the pharmacologic and non-pharmacologic approaches.

R3  Refresher: The How-to's of Contraceptive Counseling  75%
An understanding of the pharmacology of contraceptive prescribing is essential for NPs. Review the pharmacokinetics and pharmacodynamics of estrogen and progestins in all contraceptive delivery methods. Relative contraindications, adverse effects, and drug interactions that can occur with hormonal contraceptives will be discussed.

R4  Friday Afternoon Pediatric Office Dilemmas
The Friday afternoon dilemma: patients do not always arrive at the office door at a convenient time. Using a case study format, discuss some of the presentations, diagnoses and/or labs that are more likely to require either immediate evaluation or attention, and those that are acceptable to delay. Ultimately we all want to provide the best care possible and avoid the potential for medical-legal risk.

R5  From Surviving to Thriving: The Early Years of NP Practice
Each year, 6000 new NPs enter the workforce. The first two years of practice is frequently overwhelming, and it is not unusual to wonder if you made a mistake in your career choice. Focus on surviving those first few years; from finding the best job, negotiating a contract, to growing your practice, all while trying to keep your head above water - nothing is off limits in this lecture. Last, we will discuss career durability and how to thrive, and develop the career you anticipated.

EDUCATIONAL SESSIONS S1 - S5
5:00 pm - 6:00 pm  1.0 Contact Hours

S1  Promoting Adherence to Cardiovascular Disease Risk Reduction Guidelines
Veterans are at high risk for cardiovascular disease. Promoting adherence to evidence-based clinical guidelines, through mutual goal setting, has the potential to decrease patient morbidity and mortality, improve patient quality of life, decrease the need for frequent office visits, and maximize staff time and resources.

S2  Current Evidence in the Management of Adult Sleep Disorders 25% Rx
An estimated 10-15% of all primary care patients have chronic insomnia, and up to 49% of all adults suffer from sleep disturbances during their lifetime. Sleep disturbances are a frequent and distressing symptom of chronic illness, the cause of serious medical problems, and increased utilization of healthcare resources. Prevalence, assessment and management will be discussed, along with related case studies.

S3  Thoracic Radiology – A Quick Review with Actual Case Studies
A NP’s responsibility extends to an array of areas, including radiology – line placement, ARDS vs CHF, and even identification of a possible pneumothorax. Review the basics of thoracic radiology and expand your knowledge utilizing actual case studies.

S4  Pediatric Dysfunctional Elimination Syndrome 25% Rx
Dysfunctional elimination is extremely prevalent in the pediatric population in the US, with some estimates putting it as affecting 1 in every 4 children. This problem also accounts for many time-consuming office visits. Identify the issues underlying the problem and gain clear tools to address the problem in a straightforward, successful manner. The importance of prevention before toilet training begins will be reviewed.

S5  Political Competency for Nurse Practitioners
Political competence is core to the NP role. This session will highlight the dual ability to analyze policy and exert influence in the policy arena. Competencies, including forming strategic partnerships, educating the public, and advocating for patients to affect decision-making, will be emphasized.
Anniversary Celebration
Highlighting
35 Years of the NP Symposium &
45 years of NP Education
Saturday July 17th, 6:00 pm - 7:30 pm
in the Exhibit Pavilion
“A Funny Thing Happened on the Way to the NP”

Loretta C. Ford, EdD, FAAN
Co-founder of NP Education at the
University of Colorado Denver
College of Nursing

Hear the ‘herstory’ — hysterical and hilarious events on the way to the development of the Nurse Practitioner role from the one who was there! Listen to a humorous look back while enjoying light refreshments with your colleagues. You will not want to miss this opportunity for an enlightening presentation from our honored guest.

This reception is included in your registration fee. Please confirm whether you will attend this event on the registration form to assist us with planning. Guest tickets will be available for purchase on-site for spouses or any other non-symposium attendees.

EDUCATIONAL SESSIONS T1 - T7
8:30 am - 10:00 am  1.5 Contact Hours

T1  Update in Management of Lipid Disorders  50% Rx
(Repeated session, see P1 for description)

T2  Acne Pharmacology and Management Through the Lifespan  75% Rx
Acne at different stages of life can be challenging to treat.
Understanding the mechanism of action for available pharmaceuticals will enhance the NPs success in treating this disorder.
Peggy Vernon, MA, RN, CPNP; Dermatology Nurse Practitioner, Sorkin Dermatology Associates; Greenwood Village CO

T3  Recurrent Pregnancy Loss  25% Rx
Recurrent pregnancy loss is a challenging medical problem that impacts women and their families. Review the definitions and incidence of recurrent pregnancy loss, followed by the published evidence related to evaluation and treatment strategies. Advances in IVF related to the problem will also be covered.
Debra A. Minjarez, MD; Medical Director, Colorado Center for Reproductive Medicine and Clinical Instructor, OB/GYN Residency Program, Saint Joseph Hospital; Denver CO

T4  Update on Juvenile Diabetes  25% Rx
Focus on advances in evaluation and treatment of diabetes. Review the differentiation between type 1 and type 2, new technologies such as insulin pump therapy and continuous glucose monitoring, and current studies into the treatment of the underlying autoimmune process of type 1 diabetes.
Jennifer Barker, MD; Assistant Professor, Division of Pediatric Endocrinology, The Children’s Hospital; Aurora CO

T5  Vitamin D Therapy: Myths versus Reality  25% Rx
Clients often have questions about optimal daily needs for Vitamin D, and the risks/benefits of supplementation. Explore the myths, evidence-based reality, and proposed guidelines.
Donna Mohl, PhD, MSN, RN-BC, FNP (APRN); Professor of Nursing, Cox College of Nursing and Health Sciences; Springfield MO

T6  Strategies for Acute Treatment and Preventative Therapy in Pediatric Headache  50% Rx
Review ICHD-II diagnostic criteria for common pediatric headaches, red flags, when to image, and acute treatment with NSAIDS and triptans. Hear about acute treatment of status migranosus (refractory migraine) with IV medications, prevention that includes pharmacologic agents, promotion of healthy habits, and when to refer to a specialist.
Susan L. LeCates, MSN, CNP; Family Nurse Practitioner, Department of Neurology, Cincinnati Children’s Hospital Medical Center; Cincinnati OH

T7  Risk Management Pearls for the Nurse Practitioner
Gain an overview of the current medical malpractice climate for the nurse practitioner, the importance of the disclosure process in avoiding or mitigating lawsuits, and how to ensure your handwritten and electronic medical record documentation “tells the story”. Examples and case studies will highlight the discussion.
Patty Hall, BSN; Senior Risk Manager, Office of Professional Risk Management, University of Colorado Denver; Aurora CO
**EDUCATIONAL SESSIONS V1 - V5**

**V1  Stroke Management: Update 2010  75% Rx**
Stoke is the third most common cause of death and the most common cause of neurologic disability in adults. Review the differences between ischemic and hemorrhagic etiologies, and the evidence for rapid treatment with thrombolytic agents in acute stroke where indicated. Updates on recent and active clinical trials will be reviewed. NPs in both primary care settings, where patients may present, and acute care settings, where patients are referred, will benefit from this session.

Christopher V. Fanale, MD; Medical Director, The Colorado Neurologic Institute Stroke Center and Neurologist, Blue Sky Neurology; Englewood CO

**V2  Prostate Cancer Treatment & Survivorship; The Human Side of the Experience for Men and Their Partners**
Hear an overview of the diagnoses and treatment of prostate cancer. Review the physical and emotional long-term effects experienced by men, and the experiences of the partners of men who are long-term survivors. Implications for the clinician will be discussed with emphasis on including both members of the couple in any treatment plan.

Michael Galbraith, RN, PhD; Associate Professor, Division of Behavioral, Public & Global Health, College of Nursing, University of Colorado Denver; Aurora CO

Tanya Tanner, RN, CNM, MS, MBA; Certified Nurse Midwife, Denver Health Medical Center & Aurora Nurse-Midwives, Medical Center of Aurora; Aurora CO

Laura Hays, RN, MS, FPMH-NP-BC; Family Psychiatric Mental Health, NP, Private Practice; Littleton CO

**V3  Current Status of Women Veteran’s Health Care 25% Rx**
Due to an increased number of female Veterans nationally, many providers in both the private and University/College health care settings will be seeing an increased number of these women. These patients have unique mental, emotional and physical needs that are best addressed by providers who understand their needs.

Nancy Sloan, DNP, CNS; Nurse Practitioner, Women Veteran’s Health Program Manager, Veterans Affairs Medical Center; Portland OR

**V4  Medication Management for Children with Behavioral Difficulties and Special Needs for the Primary Care Provider  50% Rx**
Review the different behavioral diagnoses and the behaviors that meet the criteria for each. Specific medication and non-medication options for treatment, using a multidisciplinary approach, will be addressed. Testing options to rule out specific diagnoses such as epilepsy, structural malformations of the brain, and others will be covered. Practice changes that can be made immediately, and resources for providers are included.

Melissa Whitesell, MS, CPNP-AC; Acute Care Pediatric Nurse Practitioner, Division of Neurology, Cincinnati Children’s Hospital Medical Center; Cincinnati OH

**V5  Nurse Practitioner Roles in Australia: Differences & Opportunities**
The Australian protected Nurse Practitioner title ensures that a NP is a legitimate, fully-autonomous advanced practice clinician. In these early stages of development, the capacity of the Australian NP to address a holistic, autonomous clinician role is fraught with structural, operational and professional obstacles. Dynamic tensions and challenges reverberate in the historical context of the US NP trajectory. As the Australian NP role continues to grow, the opportunity for US NPs to provide meaningful engagement facilitates the promotion of international standards.

Michelle A. Woods, ND; Coordinator and Lecturer, Community and Rural Nursing, School of Nursing and Midwifery, University of Tasmania; Launceston TAS

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**Mark Your Calendar!**

36th National Primary Care Nurse Practitioner Symposium

July 14 - 17, 2011
Copper Mountain, Colorado

Deadline for the Call for Abstracts for the 2011 Symposium will be October 1, 2010

Contact
Nurse Practitioner Symposium Office
13120 E. 19th Avenue, MS C288-11
Aurora, CO 80045
Phone: (303) 724-0600 Fax: (303) 724-0957 Email: nps@ucdenver.edu
Vitamin D Deficiency and Bone Loss  
Martha L. Beck, RN, MS, FNP-C; Family Nurse Practitioner, Department of Endocrine, Neoplasia and Hormonal Disorders, MD Anderson Cancer Center; Houston TX

Falling through the Cracks – Are We Failing to Assess for Addiction to Opioid Drugs in Primary Care?  
Mary Beth Blankenship, MSN, RN-BC, FNP-BC; Assistant Professor, Center for Nursing Education, Ohio University Southern Campus; Ironton OH

Emergency Nurse Practitioners Performing Procedures: Results and Implications of a Study Focusing on Independence, Confidence and Education  
Theresa Marie Campo, DNP, RN, APRN, NP-C; Lead Advanced Practice Nurse/Nurse Practitioner, Bayfront Emergency Physicians; Somers Point NJ

A Chronic Disease Management Strategy Operationalized through Rosswurm and Larrabee’s Evidence-Based Practice Model  
Lynda Facchiano, RN, FNP, APRN-BC; Nurse Practitioner, Mayo Clinic Scottsdale; Scottsdale AZ

Understanding Acute Leukemias  
John P. Folh, MSN, RN, FNP-BC; Leukemia In-patient Nurse Practitioner, MD Anderson Cancer Center; Houston TX

An Evidence-Based Project Guided by the Stetler Model: Screening for Anxiety in Parkinson’s Disease Patients  
Charlene R. Hoffman Snyder, RN, MSN, NP-BC; Certified Nurse Practitioner, Department of Neurology Mayo Clinic Scottsdale and Assistant Professor, Neurology, Mayo College of Medicine; Scottsdale AZ

Fever of Unknown Origin: A Systematic Approach  
Jenny Mann, MSN, BSN, ARNP-FNP, BC; Assistant Professor, Nursing Department, Fort Hays State University; Hays KS

Chronic Pain in Primary Care: What Is It? How to Treat and When to Refer  
Debra Miller-Saultz, RN, MS, FNP-C, DNP(c); Assistant Clinical Professor, Pain Management Center, New York Presbyterian Hospital, Columbia University Campus; New York NY

Enhancing Patient Self-Care: Utilizing Concept Mapping in Patient Education  
Donna Mohl, PhD, MSN, RN-BC, FNP (APRN); Professor, Cox College of Nursing and Health Sciences; Springfield MO

Using Non-Pharmacologic Interventions in a Nurse-Led Blood Pressure Clinic: An Evaluation Study  
Jefferson M. Spicher, RN, MSN, FNP-C, DNP; Assistant Professor Clinical Teaching Track, Beth El College of Nursing and Health Sciences, University of Colorado at Colorado Springs; Colorado Springs CO

The Effect of a Perimenopausal Intervention on Symptom Management  
Janice J. Twiss, PhD, APRN; Associate Professor, College of Nursing, University of Nebraska Medical Center; Omaha NE

Rectal Diazepam vs. Intranasal Midazolam for Acute Management of Prolonged Seizures without Intravenous Access: A Synthesis of the Evidence-Based Research  
Melissa Whitesell, MS, CPNP-AC; Acute Care Pediatric Nurse Practitioner, Division of Neurology, Cincinnati Children’s Hospital Medical Center; Cincinnati OH

DNP FINAL PROJECT POSTER SESSION
As more Doctorate of Nursing Practice Programs open across the country, the full potential of the practice doctorate and the American Association of Colleges of Nursing’s (AACN) DNP Essentials are being realized through DNP Final Capstone projects. The focus on practice, population and healthcare system outcome studies will be of interest to all NPS attendees. View these Posters, chosen from a separate Call For Abstracts to DNP Programs, in the same area and scheduled times as the main NPS Poster Session. A listing of DNP Posters and presenters will be available on-site.

CALL FOR ABSTRACTS
36th NATIONAL PRIMARY CARE NURSE PRACTITIONER SYMPOSIUM
July 14 - 17, 2011
Copper Mountain, Colorado

The 36th National Primary Care NP Symposium is accepting abstracts on clinical topics, research, innovative practice models/roles, and other topics related to advanced practice nursing in primary care and hospital-based settings. Preference will be given to those with clinical applicability and completed research/outcome studies.

Abstracts are being accepted for both oral and poster sessions
Guidelines for Submission at: http://www.nursing.ucdenver.edu/nps

Abstract Submission Deadline: October 1, 2010

Presenters who are chosen will be given a tuition voucher toward attendance at the NPS as follows: $125.00 for posters (first author only) and $250.00 for oral presentation (first author only). Presenters are responsible for all other lodging and travel expenses.
REGISTRATION

Contact our registration company, TEAMS, in one of these four ways:

Internet: Click on the “Register” symbol on the Symposium website: http://www.nursing.ucdenver.edu/nps

Complete the form and submit electronically through the Secured Submission Line

Mail: NPS c/o TEAMS, 2170 S. Parker Rd., #290, Denver, CO 80231

Fax: 303-394-3450 ( anytime day or night) Please print clearly in ink or type.

Phone: 800-720-2904 or 303-394-2022 (M - F, 9 am - 5 pm Mountain Time) When calling, please have your selections and credit card ready.

REGISTRATION CHOICES

Symposium Only: Friday, Saturday and Sunday Sessions including the Ethics Forum and Keynote Address on Friday (excludes workshop fees).

Symposium and Advance Day: Same as “Symposium Only”, but adds all Thursday Sessions (excludes workshop fees).

One-day registration fee: Meals and materials noted below for the individual day chosen.

Symposium registration cannot be finalized until full payment has been received. If you are submitting your registration and travel for approval within your organization, we urge you to fax or mail your Symposium Registration directly to TEAMS at the time of application. (In this situation you may want to make full payment and be reimbursed by your organization.) Please remember to REGISTER EARLY! The early registration deadline is May 21, 2010.

DEADLINE / CANCELLATION POLICY

Please note that the final registration deadline is June 14, 2010. This includes cancellation requests and/or changes (e.g., changing registration categories), which must be made in writing and postmarked or faxed to TEAMS no later than June 14, 2010. Refunds will be issued after the Conference for any changes or cancellations made by June 14th, a $50 cancellation fee will be retained. No refunds will be given on cancellations made after June 14, 2010. For Workshop cancellations, a $50 cancellation fee will be retained.

REGISTRATION INFORMATION

All Symposium registrations include the following meals: (for the days registered)

• Welcome Reception on Thursday evening, 7/15/10. Limited number of guest tickets available at the registration desk for $15.00 for guests over age 21.
• Continental breakfast each Symposium day
• Complimentary lunch on Thursday, must be pre-registered for Industry Supported Luncheon Sessions B1 or B2 (assuming session is funded). These are LE (Limited Enrollment) sessions.
• Complimentary lunch on Friday in Exhibit Pavilion
• Progressive Brunch in Exhibit Pavilion on Saturday
• Anniversary Celebration on Saturday evening, 7/17/10. Limited number of guest tickets available at the registration desk for $15.00 for guests over age 21.
• Refreshment breaks

Please note: The Industry Supported Meal Sessions require Pre-registration, but there is no additional fee to attend these.

All Symposium Registrations Include the Following Materials:

• Symposium bag with Program Guide and a CD-ROM of conference handouts
• Access to a hosted website. Print the handouts for the sessions you have selected and bring them with you to the NPS desk in the Conference Center.

LODGING RESERVATIONS AND POLICIES

Please contact COPPER MOUNTAIN RESORT directly for your lodging arrangements. You may accomplish this in one of four easy ways:

Internet: Click on the “Lodging” symbol on the Symposium website at http://www.nursing.ucdenver.edu/nps to access the Copper Mountain website. Complete the form and submit electronically through the Secured Submission Line.

Phone: 866-837-2996 (8 am - 5 pm, Monday - Sunday, except April-May, when it is Mon-Fri) When registering by phone, please have your selections and credit card ready.

Reference the Nurse Practitioner’s Group Code - 3GHØG7

Fax: 970-968-3157 Type or print clearly in ink.

Mail: Contact Copper Group Reservations for specific instructions if you need to mail your payment. The actual reservation should be made by one of the other methods to avoid processing delays.

A Symposium block of rooms has been reserved throughout Copper Mountain Resort. When making lodging reservations, identify yourself as an NP Symposium participant. Reserving your accommodations at Copper Mountain Resort enables the NP Symposium to provide conference space conducive to a high-quality program.

When making your lodging reservations, provide your first, second and third choice of accommodation. There are many different types of accommodations, but each category has a limited number of units. Remember to make your reservations early, and before the deadline of June 14, 2010.

COPPER LODGING OPTIONS & POLICIES

Lodging at Copper Mountain includes hotel rooms and condominiums. The condominiums range from studios to three-bedroom units.

Lodging is designated at the Gold or Silver level, depending on the amenities available in the building. There are two villages at the resort in close proximity to the Conference Center.

The Village at Copper Mountain: The Conference Center is located here. If you want to be where the action is, close to restaurants and shops, then this is where you will want to stay.

The East Village is located near the Copper Creek Golf Course and offers epic mountain views. A quieter area with limited shopping and dining, with frequent shuttle service to the rest of the resort and Conference Center.

Consider Condo Sharing: If you are traveling with colleagues and want to get more for your travel dollar, we recommend you consider a two- or three-bedroom condo. The living room, dining area and kitchen offer spacious shared areas, with the privacy of separate bedrooms and bathrooms.

Copper Mountain Resort’s lodging check-in time is at 16:00 MT (4:00 pm); check-out time is 10:00 MT (10:00 am). Luggage is easily stored in the Conference Center on your day of departure while you attend Symposium sessions – check with the NPS desk in the Conference Center.
Symposium Arrangements

Deposit and Cancellation Policy: A 15% deposit is required upon making reservations. A final payment to the reservation must be received 14 days prior to arrival. A 10% processing fee of the deposit will be retained if reservation is canceled 15 days prior to arrival date. If cancellation is within 14 days of arrival, then the full deposit will be retained.

Resort Amenities:
- Central check-in location open 24 hours a day
- Free parking
- Entire resort & conference center linked by frequent free shuttles, walking and bike paths
- Daily maid service and laundry facilities
- Voice messaging and access to computers, Internet, fax, and color copiers in the Business Center, located in Conference Center
- Access to Copper Athletic Club with indoor pool, hot tub, sauna, steam room, weight room, cardio equipment, racquetball courts, massage and facials.

AIRLINE RESERVATIONS
United Airlines: Official Designated Carrier for the NP Symposium. Contact (or have your travel agent call) the United Special Meeting Desk at 1-800-521-4041 and refer to Meeting ID Number 556EH to book your travel. To use on-line bookings, go to www.united.com and enter your origin and destination, along with your travel dates. Then scroll down to "More Search Options" to fill in the Meeting ID Number and look at the fares available. Discount Travel is available 3 days prior and 3 days following the Symposium. It is more cost-effective to make your reservations on-line, as you may be charged an additional fee to make them via telephone.

Frosch International Travel, Inc., the Symposium’s travel agency, is available to assist with airline reservations. Please call Debbie at 303-761-0675 (weekdays 8:00 am - 5:00 pm Mountain Time) or email her at debbie.outcalt@frosch.com

We strongly advise you to register and make your lodging reservations before making your airline reservations, since the availability of either may affect your flight arrangements. When scheduling your return flight out of Denver, allow at least three (3) hours for ground travel.

GROUND TRANSPORTATION / SHUTTLE
Copper Mountain Resort is 100 miles from Denver International Airport (DIA). Travel time by car is approximately 2-1/2 hours through the scenic Rocky Mountains. To reach Copper Mountain, take I-70 west to Exit 195. The exit takes you south to Copper Road (signal light) and turn right. Drive to the second stop sign, Ten Mile Circle, and turn right into Copper Mountain Lodging Check-in.

Shuttle Service: Colorado Mountain Express is providing transportation between DIA and Copper Mountain at the special Symposium fare of $147.60 per round trip. Shuttle reservations may be made directly with Colorado Mountain Express by calling 800-334-7433 or on-line at www.wnedcm.com Please identify yourself as part of the Nurse Practitioner Symposium in order to receive the Symposium rate. The latest daily shuttle from DIA to Copper Mountain is 9:30 pm; however, on Wednesday, July 14 and Thursday, July 15, a special Symposium shuttle has been added to depart from DIA to Copper Mountain at 10:30 pm. For these special rates and times, you must make reservations and prepay. When making reservations, please state you are with the Symposium and have your dates of travel, flight information and credit card number ready. Note that on Sunday, Colorado Mountain Express shuttles leave Copper Mountain Conference Center at 11:15 am arriving at DIA 1:45 pm; and 12:45 pm arriving at DIA at 3:15 pm.

Rental Cars: A special AVIS Discount is available. You may obtain the discount by calling AVIS directly at 1-800-331-1600 and referring to Code #JØ93718. Rates are good one week before and one week after the Symposium and are based on availability. http://www.avis.com/AvisWeb/reservation/

Frosch Travel is also available to assist with shuttle or rental car arrangements. Cars must be reserved in advance by calling Frosch International Travel at 303-761-0675. Be sure to ask about the special AVIS Discount.

GUEST / CHILD POLICIES
All educational sessions, exhibits and special events in the exhibit pavilion, including entrance to the meeting venues and the Exhibit Pavilion, will be limited to only Symposium registrants with badges. The exceptions to this are the Thursday Evening Welcome Reception and the 35th Anniversary Celebration for which a limited number of adult (over 21 years old) guest tickets will be available for on-site purchase at a cost of $15 per ticket.

No infants/children are permitted in the educational sessions. If you need assistance in finding a location to nurse your infant, the NPS staff at the Information Desk in the Conference Center lobby will be happy to help.

Child Care: The Belly Button Babies & Bakery is an on-site childcare facility offering quality care and programming for children ages 8 weeks to 6 years. To make your reservation in advance, please call 1-866-416-9873.

Kids’ Night Out – really, parents’ night out, offers a free evening of childcare with a $30 (per child) shopping or dining purchase receipt at the resort – 5:30 pm – 10:00 pm, 970-968-2318 x38101.

COLORADO TIPS
High Altitude: Copper Mountain is at an elevation of 9,700 feet and the climate is dry. Even healthy individuals can experience symptoms of altitude illness. You can do several things to decrease this possibility including increasing the amount of water you drink, both before traveling to, and while at Copper Mountain. Decrease your activity level on the first day, while your body adjusts to the higher elevation and lower oxygen level. Be aware that the effects of alcohol are increased at higher elevations.

Weather: In July, Copper Mountain temperatures are usually in the 80s in the daytime, dropping to the 40s in the evening, with frequent (and sometimes spectacular) late afternoon or evening thunderstorms.

What to wear: Dress is casual. Layer clothing to accommodate temperature changes, not only outdoors, but also with the varying air-conditioned temperatures of session rooms. Bring a hat, sunglasses, water bottle and plenty of sun-screen, along with comfortable walking shoes. Warm clothing is essential for evenings.

Symposium National Professional Advisory Board

The National Professional Advisory Board for the NPS is comprised of an invited representative from the following organizations:

- American Academy of Nurse Practitioners
- American College of Nurse Practitioners
- Association of Women’s Health, Obstetric and Neonatal Nurses
- National Association of Nurse Practitioners in Women’s Health
- National Association of Pediatric Nurse Practitioners
- National Organization of Nurse Practitioner Faculties

www.nursing.ucdenver.edu/nps | 15
Copper Mountain Resort & Conference Center

35th National Primary Care Nurse Practitioner Symposium
July 15 - 18, 2010

Lodging Reservation Deadline is June 14, 2010

Internet Reservation: For online reservation, please see the NPS website at http://www.nursing.ucdenver.edu/nps. Click on the “Lodging” symbol. Complete the form and submit electronically through the Secured Submission Line. You may also contact Copper Mountain Resort Group Reservations at Email: groupres@coppercolorado.com. Phone: (866) 837-2996 (8 am - 5 pm, Mon-Sun – except for the months April and May, when it is Mon - Fri) Fax: 970-968-3157 Group Code: 3GHØG7

Please mark a 1st, 2nd and 3rd choice next to the room type/size:

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<td>Standard Studio</td>
<td>“Hotel Style” Room</td>
<td>Telemark Studio</td>
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Rates exclude tax and surcharge, which is subject to change but as of 2/28/10 totals 13.72%

Bronze level rooms: A limited number are available at lower rates, please call Reservations directly to check availability.

Village Preference: ____ The Village at Copper Mountain  ____ The East Village

Arrival Date: ___________________________ Departure Date: ___________________________

Name: ________________________________________________________________

Address: ______________________________________________________________

Phone: ___________________________ Fax: ___________________________

Email: ___________________________________________

Credit Card Number: ___________________________ Expiration Date: ______/______ (mm/yy)

Please ensure that proper email and phone number are listed clearly as close-in bookings may have availability issues and a reservation agent may need to call you to offer alternative options.

Please list any roommates with whom you will be splitting the bill.

_________________________________________________________  __________________________

Tax-exempt guests will need to submit their tax form with the reservation booking. Availability is on a first come first serve basis

Check-in begins at 16:00 MT (4:00 pm)  Check-out 10:00 MT (10:00 am)

Deposit and Cancellation policy:

• A 15% lodging deposit is required upon making reservations.
• A 10% processing fee on the deposit will be charged if canceled outside of 15 days; inside 14 days is full forfeiture.

I request information on Travel Insurance _____.

SIGNATURE: ______________________________________________________ DATE: ___________
**2010 NP SYMPOSIUM REGISTRATION FORM**

Early Registration Deadline is May 21, 2010; Final Registration Deadline is June 14, 2010

Register any of these 4 Easy Ways:

Internet Registration: For online registration, please see the NPS website at [http://www.nursing.ucdenver.edu/nps](http://www.nursing.ucdenver.edu/nps) and click on the “Register” symbol. Complete the form and submit electronically through the Secured Submission Line. Fax: 303-394-3450 (anytime day or night). Mail: NPS c/o TEAMS, 2170 S. Parker Rd., #290, Denver, CO 80231. When registering by fax or mail, please send entire form. Phone: 800-720-2904 or 303-394-2022 (M-F 9 am-5 pm MT). When registering by phone, please have your selections and credit card ready. Selected information will appear on your name badge. Please print clearly.

**SESSION**

**Choice:**
- CODE 8:30 am-10:00 am
- CODE 9:30 am-10:30 am

**See chart at left**

**T 1-7**

**❑**

- Pre 1
- Pre 2

- 7:30 am-10:30 am
- R 1-5
- C 1-7

**Educational Sessions**

**Choice:**
- WS2

**Choice:**
- CPI 2

**WS1**

**CHOICE**

- 7:30 am-9:00 am
- D 1-7
- M 1-3

**4:30 pm-7:30 pm**

**FRIDAY & SATURDAY WORKSHOPS**

Limited enrollment, register early. Indicate first and second choices for the Workshop Sessions. There is an additional $90 Workshop Fee for each workshop attended.

**SESSIONS**

<table>
<thead>
<tr>
<th>WORKSHOP</th>
<th>DATE</th>
<th>CHOICE</th>
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</thead>
<tbody>
<tr>
<td>Totally Interactive PDA and Smart Phone Bootcamp</td>
<td>6:00 pm – 8:30 pm</td>
<td>Pre 1 ❑</td>
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<tr>
<td>Obstructive Sleep Apnea</td>
<td>6:00 pm – 8:30 pm</td>
<td>Pre 2 ❑</td>
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**FRIDAY & SATURDAY WORKSHOPS**

**SESSION CHOICES**

<table>
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<tr>
<th>FRIDAY, JULY 16</th>
<th>WORKSHOP</th>
<th>DATE</th>
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<tbody>
<tr>
<td>Simple Office Procedures</td>
<td>WS1 ❑</td>
<td>4:30 pm - 7:30 pm</td>
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<tr>
<td>Manipulative Therapy</td>
<td>WS2 ❑</td>
<td></td>
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<tr>
<td>Advanced Pelvic Exam Techniques</td>
<td>WS3 ❑</td>
<td></td>
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<tr>
<td>Orthopedic Examination Techniques (repeated on 7/17 as WS6)</td>
<td>WS4 ❑</td>
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**Saturday, July 17**

**SESSIONS**

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<thead>
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<tr>
<td>Improving your Suturing Skills – Beginning to Advanced</td>
<td>WS6 ❑</td>
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<tr>
<td>Procedures for Dermatology Diagnosis</td>
<td>WS7 ❑</td>
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<tr>
<td>Orthopedic Examination Techniques (repeat of WS4)</td>
<td>WS8 ❑</td>
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**Sunday, July 18**

**SESSIONS**

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<tr>
<td>Direct Ophthalmoscope Examination Skills</td>
<td>WS5</td>
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<tr>
<td></td>
<td>WS6 ❑</td>
<td>Intermediate Experienced</td>
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<tr>
<td>Procedures for Dermatology Diagnosis</td>
<td>WS7 ❑</td>
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<tr>
<td>Orthopedic Examination Techniques (repeat of WS4)</td>
<td>WS8 ❑</td>
<td></td>
</tr>
</tbody>
</table>

**Please check if you are a**

- Student* ❑
- Speaker ❑
- Poster Presenter ❑
- On-Site Staff or Volunteer ❑

**REGISTRATION FEES:**

- Spring or Summer 2010 - Nursing MS, DNP or PhD
- Verification must be included for registration to be processed.

**Check enclosed (payable to UC Denver NPS)**

**CHECK #**

**Charge to my**

- American Express ❑
- Discover ❑
- MasterCard ❑
- Visa ❑

**CARD #:**

**Signature:**

**Billing Address:**

*(if different than registration address)*
This program is a part of the Colorado Statewide Extended Campus. State funds were not used to develop or administer this program.

EXHIBITORS AND RECRUITERS

Exhibitors from a variety of corporate, educational and nursing organizations as well as recruiters will display their products and services at the Symposium. We encourage you to visit the exhibits and take advantage of the information and opportunities they provide.

ADVANCE for Nurse Practitioners
Alcon Laboratories, Inc.
American Academy of Nurse Practitioners
Association of Nurses in AIDS Care
Auxilium Pharmaceuticals, Inc.
Bayer Healthcare Pharmaceuticals
Berna Products
Beta Dermaceuticals, Inc
Calmsptine, Inc.
Clinical Advisor
Colorado Center for Reproductive Medicine
Conceptions Reproductive Associates
Denver STD/HIV Prevention Training Center
Fitzgerald Health Education Associates, Inc
Home Diagnostics, Inc.
Lexi-Comp, Inc
Lippincott Williams & Wilkins
The Little Clinic
Mayo Clinic
Merck/Schering-Plough Pharmaceuticals
Mission Pharmacal
NP Communications
National Jewish Health
Novogynx
The Nurse Practitioner Journal
Pediatric Nursing Certification Board
Pfizer
Saunders, Mosby, Churchill
Sepracor, Inc.
Take Care Health Systems
Teva Women's Health

CORPORATE CONTRIBUTORS & SUPPORTERS

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College of Nursing
University of Colorado Denver Office of Alumni Relations
Warner Chilcott
Western Dairy Association
Women’s International Pharmacy
Yukon-Kuskokwin Health Corporation

Friends of the Nurse Practitioner
NP Communications
The Nurse Practitioner Journal

To determine if exhibit space and corporate sponsorships are still available, please contact:
Milestone Presentations
4255 South Buckley Road, #118
Aurora CO 80013
Phone: (303) 690-3233
Toll Free Phone: (800) 996-3233
Fax: (303) 690-3278
Toll Free Fax: (888) 996-3296
Web: www.milestoneshows.com