Authorization Checklist for the Benefit Coverage of Autism Spectrum Disorders

The following documents are required by OptumHealth Behavioral Solutions/United Behavioral Health to process requests for authorization of behavioral (non-medical) treatment for members with a diagnosis of Autism Spectrum Disorders:

- **Release of Information (ROI):** Please complete and sign an ROI for each provider involved in your child’s diagnosis and treatment. This form gives us permission to contact the provider(s) to obtain additional information, if necessary.

- **Behavioral Benefit Assessment (BBA) Form:** Have the provider/clinic complete form. When complete please review the information with the provider and sign your name at the bottom.

- **Diagnostic Report:** Submit a copy of all psychological, neuropsychological and developmental assessments or testing that has already been completed related to the diagnosis of Autism Spectrum Disorder.

- **Treatment Plan:** Please submit a copy of the treatment plan, generated by the treating provider. Please see the Treatment Plan Guidelines document for further information on requirements.

Please Note: **All** of the above required documents must be received by us prior to processing a request for authorization of treatment. Submit all of the documents listed above together as one packet. If an authorization for an assessment is requested before a treatment plan can be completed, please contact us at (800) 548-6549 ext. 65093 for instructions.

**Please do not include claims. Claims can only be processed after an authorization has been issued.**

Mail or fax the above documents to the following address:

OptumHealth Behavioral Solutions/United Behavioral Health
San Francisco Care Advocacy Center
425 Market Street, 18th Floor
San Francisco, CA 94105
Attention: Jennifer Wollin, LMFT.
Fax: (877) 558-3989

If you prefer to fax the documents, please contact (800) 548-6549 ext. 67049 prior to sending your fax.