The Healthy Kids Colorado Survey (HKCS) is a tool we use to better understand the health of Colorado’s middle and high school students so we can support them in making healthy choices. The following images represent Colorado high school student data from 2015. For more information and complete survey data, visit healthykidscolo.org.

### Substance Use Among Youth in Colorado

#### Alcohol

**CO Youth Alcohol Use**

- **EVER DRANK ALCOHOL**
  - 59% in Colorado
  - 63% nationally

- **Binge Drinking (Past 30 Days)**
  - 17% in Colorado
  - 18% nationally

**Prescription Drugs**

**CO Youth Prescription Drugs Use**

- 86% of Colorado youth have *NEVER* used prescription drugs without a prescription

**Regional Breakdown**

Ever used prescription drugs without a prescription

**School Engagement Can Help Reduce Youth Prescription Drug Use**

- *Extracurricular activities:* Youth who participate are 1.5x LESS likely to misuse prescription drugs.
- *Supportive Teachers:* Youth who agree that teachers care and encourage them are 2x LESS likely to misuse prescription drugs.

**CO Youth Substance Use: Ever Used**

- 2% - Heroin
- 2% - Methamphetamines
- 6% - Ecstasy
- 6% - Cocaine
- 6% - Inhalants
- 14% - Prescription Drugs
- 20% - Cigarette
- 38% - Marijuana
- 59% - Alcohol