Support Group Information

Support Groups are safe places for you to meet other people affected by Huntington’s disease (HD). Those living with HD, at-risk, gene positive, gene negative, caregivers, friends and family are all welcome. Please join us at one or more of the groups we have each month in your area. Please call (303) 837-9937 or email HDSA- Rocky Mountain Chapter President, Marcella DeVargas, rmchdsa@gmail.com for more information.

• Denver Metro Support Group
  Fourth Wednesdays  **NEW Time 6:30pm-8:30pm
  Location: Johnson Adult Day Program (JADP), 3444 S. Emerson St., Englewood, CO 80113
  Professional Facilitator: Ms. Amanda Benson, MSW, LSW
  Peer Support Group Leader: Mrs. Marcella DeVargas
  Breakout facilitator: Breakout facilitator: Ms. Dana Lahoff, LCSW.
  **(Are you Interested in restarting our Youth Group Breakout Sessions? Please contact HDSA Social Worker, Amanda Benson at abenson@hdsa.org or 303-321-5503)

• Boulder Support Group
  Second Wednesdays  Time 7:00pm-8:30pm.
  Location: Brookdale Senior Living, (Formerly Wynwood Ridge Point)
  3375 34th Street, Boulder, CO 80301. Enter the lobby and ask for group.
  Professional facilitator: Ms. Amanda Benson, MSW, LSW

• Southern Colorado Support Group
  First Tuesdays  Time 1:00pm-2:00pm
  Location: Healthsouth Rehabilitation Hospital of Colorado Springs, 325 Parkside Dr.
  Colorado Springs, CO 80910. In the case management conference room on the second floor.
  Professional facilitator: Dr. Lisa Ott

• Northern Colorado Support Group
  ** Breakouts sessions in March, May, August, and November**
  Third Thursdays  Time: 6:30-8:00 pm
  Location: Poudre Valley Hospital, OfficeScapes Room
  Professional facilitator: Ms. Amanda Benson, MSW, LSW
  Peer Support Group Leader: Ms. Lana Peterson

• Western Slope Support Group
  Last Tuesdays  Time 6:30pm-8:00pm
  Location: First United Methodist Church, 522 White Ave. Grand Junction, CO 81501
  Professional facilitator: Ms. Robin Slater, LPC

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Huntington’s Disease Society of America, Rocky Mountain Chapter
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