AC Joint Dislocation

Arthroscopic Assisted Treatment

Jeffrey S. Abrams, MD
Princeton, New Jersey
Disclosure

ConMed Linvatec
Arthrocare Medical
Wright Medical
Ingen Medical
Cayenne Medical
KFx Medical
Depuy Mitek
Core Essence
SLACK Publications
Springer Publications
Painful AC Separation
Portals

Anterior: AC joint
Posterior: 2 cm
Lateral: 3 cm
Arthroscopy

Diagnosis (other pathology)
Modified acromioplasty
Harvest coracoacromial ligament (PDS)
Mumford
Suture anchor in corocoid
Arthroscopic Assist

Coracoacromial Ligament
Arthroscopy
Mini-arthrotomy

Acromioclavicular joint capsule
Clavicle medullary canal
Coronoid/ Trapezoid holes
Reinforce capsular tissue

A DePalma, MD
Postoperative Care

Sling 8 weeks
Pendulum
Shrugs
Elbow support
Pros and Cons

- CA ligament harvest
- Arthroscopic approach to coracoid
- AC capsule reinforcement
- Cuff pathology
- Technical challenges
Cosmesis
Pre and Post Repair
Loss of fixation
Cross Chest Subluxation

Preoperative

Postoperative
Conclusions

Unstable or impinge?
Nonoperative role
Other pathology
Immobilization
Return to sport
Evaluate New Techniques