



## 2017 • 15<sup>TH</sup> Annual Women's Health Symposium

# Saturday, February 25, 2017

### General Information

*This program is designed to meet the educational needs of physicians, physician assistants, nurse practitioners, nurses, medical students, cardiac rehabilitation specialists, diabetes educators, and many others involved in women's health.*

### Accreditation

The University of Colorado School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Colorado School of Medicine designates this live activity for a maximum of 4.25 AMA PRA Category 1 Credits.<sup>™</sup> Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Learning Objectives

*At the conclusion of this activity, participants should be able to*

1. Review the new landmark studies that have led to new drug approvals and expanded indications for PCPs to employ as they manage individuals with diabetes and to increase effective implementation of combination therapy.
2. Explore the differences between men and women who suffer a cardiac arrest and the utilization of post-arrest guideline concordant care they receive.
3. Understand new methods for the treatment of and management of women with adult congenital heart disease.
4. Identify how an intrauterine environment characterized by maternal obesity and gestational diabetes (GDM) may program the offspring to be at risk for childhood obesity. Assess how metabolic determinants of excess fetal growth include more than simply glucose in GDM pregnancies.
5. Identify common thyroid disorders that disproportionately affect women, including autoimmune thyroid diseases (Hashimoto's thyroiditis and Graves' disease) and structural disorders (thyroid nodules and thyroid cancer).
6. Develop a patient-centered strategy to apply appropriate blood pressure treatment targets based on the following clinically relevant factors—age, comorbidities such as diabetes and chronic kidney disease, and the clinical practice's method used to assess blood pressure.

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### AGENDA

- 7:00-8:00 AM      **Registration and continental breakfast**
- 8:00 AM            **Introductions and Welcome**  
Judith Regensteiner, PhD, and Jane Reusch, MD

### SESSION I

- 8:15 AM            *New Drugs, New Indications—Diabetes Medications in a Sea of Change*  
**Jane Reusch, MD**
- 8:45 AM            *Gender Differences Along the Spectrum of Post-Arrest Care*  
**Sarah Perman, MD**
- 9:15 AM            *New Paradigms in Adult Congenital Heart Disease*  
**Joe Kay, MD**
- 9:45 AM            **Panel: Questions and Answers**
- 10:15 AM          **Break**

### SESSION II

- 10:45 AM          *Prevention of Short and Long Term Maternal and Infant Adverse Metabolic Outcomes in GDM*  
**Lynn Barbour, MD, MSPH**
- 11:15 AM          *Thyroid Disease in Women*  
**Sarah Mayson, MD**
- 11:45 AM          *How to Hit a Moving Hypertension Treatment Target: An Evidence-Based and Patient-Centered Approach that Addresses Current Controversies*  
**Amy Huebschmann, MD**
- 12:15 PM          **Panel: Questions and Answers**
- 1:00 PM            **Conference adjourns**

### PRESENTED BY:

Center for Women's Health Research  
Divisions of Internal Medicine and Cardiology  
University of Colorado School of Medicine

### SPONSORED BY:

University of Colorado School of Medicine  
Office of Continuing Medical Education  
and Professional Development

# FEATURED PRESENTERS

## University of Colorado School of Medicine

### Jane Reusch, MD

Professor of Medicine  
Division of Endocrinology, Metabolism, and Diabetes  
Department of Medicine  
Denver Veterans Affairs Medical Center  
Associate Director, Center for Women's Health Research

### Sarah Perman, MD

Assistant Professor of Emergency Medicine  
Department of Emergency Medicine

### Joe Kay, MD

Associate Professor  
Division of Cardiology  
Department of Medicine  
Director, Adult Congenital Heart Disease Program/  
University of Colorado Anschutz Medical Campus

### Lynn Barbour, MD, MSPH

Professor of Medicine and Obstetrics and Gynecology  
Division of Endocrinology, Metabolism, and Diabetes  
Department of Medicine

### Sarah Mayson, MD

Assistant Professor  
Division of Endocrinology, Metabolism, and Diabetes  
Department of Medicine

### Amy Huebschmann, MD

Associate Professor  
Division of General Internal Medicine  
Department of Medicine



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## REGISTRATION *This symposium will fill to capacity. Early registration is encouraged.*

Registration is \$25. NOTE: To register online and pay using your credit card, please [click here](#).

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ MI \_\_\_\_\_

(Please print name as you would like it to appear on your CME certificate)

Degree \_\_\_\_\_ (Necessary for CME Certification) Practice name/organization: \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Please indicate if you have any special assistance needs: \_\_\_\_\_

**Please enclose check payable to the University of Colorado/CWHR  
with the completed form and mail to:**

University of Colorado/CWHR  
Mail Stop C-263  
12348 E. Montview Blvd.  
Aurora, CO 80045

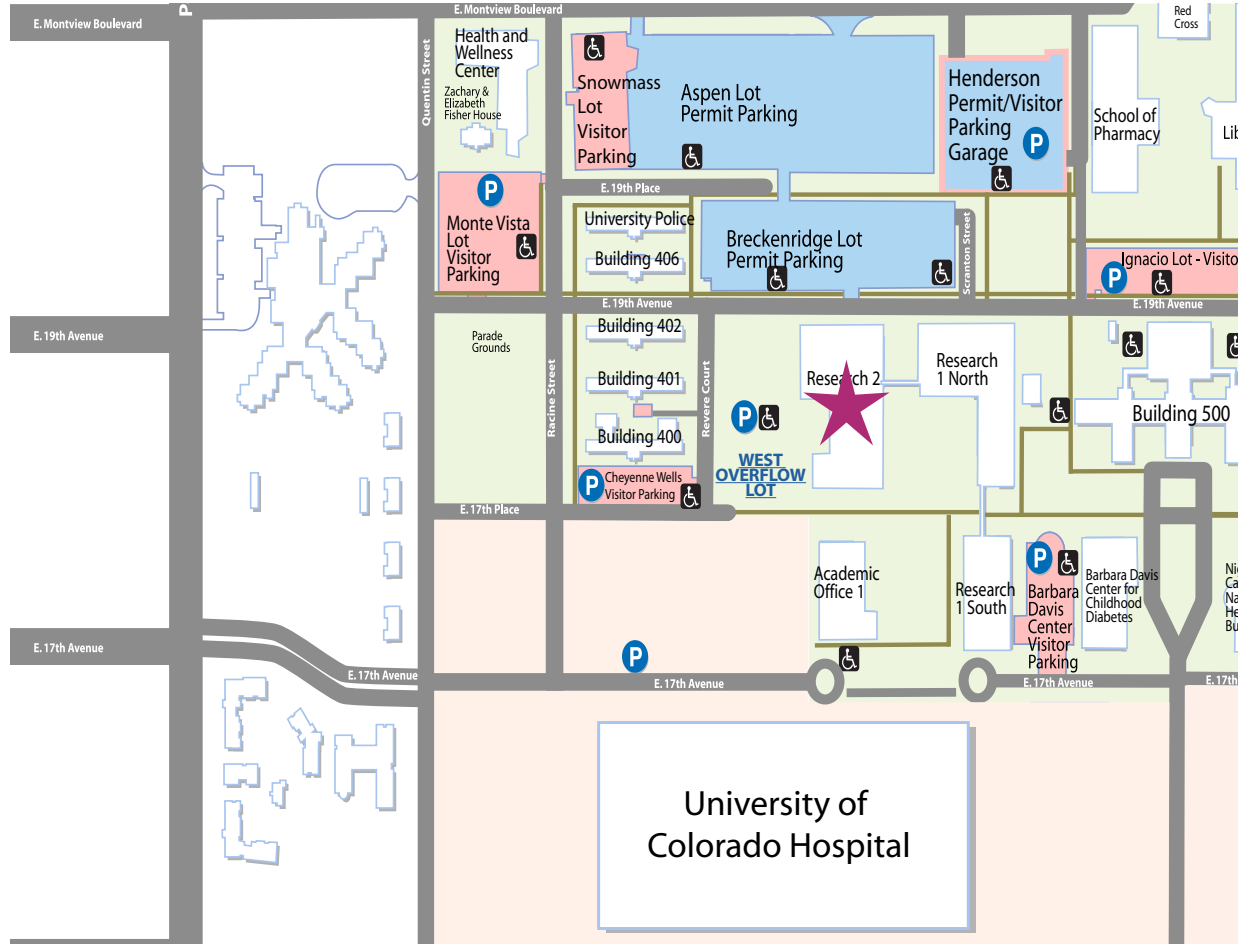


**AMERICANS WITH DISABILITY ACT STATEMENT**  
Please indicate if you have any need for auxiliary aids  
or special assistance services:  
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If you need to cancel your registration, full refunds will be issued through February 17, 2017.  
The registration fee cannot be refunded after February 17, 2017.

**QUESTIONS?**  
Call 303-724-0305 or  
email [cwahr@ucdenver.edu](mailto:cwahr@ucdenver.edu)

[Anschutz Medical Campus](#)  
Krugman Conference Room, Research Complex 2  
12700 East 19<sup>th</sup> Ave.  
Aurora, CO 80045



## Directions and Parking

### From Downtown Denver:

Head East on Colfax. Turn left on Quentin Street (one street east of Peoria) to enter the University of Colorado Anschutz Medical Campus. Proceed North on Quentin and turn right at the 3rd stop sign. Park at the Cheyenne Wells Lot. The Krugman Conference Room is located in the Research Complex 2 Building. Additional visitor lots (Monte Vista, Snowmass, and Ignacio lots) are close by.

### From the North:

From I-70, take the Peoria exit traveling south to Colfax. Turn left on Colfax heading east. Turn left on Quentin Street (one street east of Peoria) to enter the University of Colorado Anschutz Medical Campus. For parking, follow the directions above in the Downtown Denver section.

### From the South (via I-225):

Take I-225 North to the Colfax exit. Turn left at the light on Colfax heading west. Turn right on Quentin St. (last street before the intersection of Peoria and Colfax). For parking, follow the directions above in the Downtown Denver section.