Being a Parent. It’s the most difficult, demanding, rewarding job out there. Being an effective parent is made more complex in families that have a child with a bleeding disorder. The emotional, psychological and long-term health issues associated with bleeding disorders touch everyone: the child with a bleeding disorder, his siblings and his parents.

Program Description
Through a series of nine sessions--which are facilitated by an HTC social worker, parent and healthcare professional with experience in bleeding disorders--PEP uses classroom discussions, role plays and hands-on exercises to educate parents about the types of skills they need for effective parenting. The sessions take place during a weekend get-away, offering parents the opportunity for intensive, uninterrupted learning.

Benefits
Tailored to the needs of parents and the health care professionals who support them, PEP fosters a supportive environment that allows parents to meet other parents and caregivers, share personal experiences, offer advice and make new friends. Building upon parenting skills they already possess, the skills learned in the PEP program make every day easier for both parents and children.

Parents Empowering Parents (PEP), an innovative peer-to-peer skills program that introduces parents to the tools they need to handle the realities of raising a child with a bleeding disorder, has been funded since 1995 with an unrestricted educational grant.

Topics Include:
- Basics of Bleeding Disorders
- Child Development
- Strengthening Skills for Parents
- Applying Your Parenting Style
- You and Your World View
- How Thoughts and Feeling Affect Parenting
- The Role of Self-Esteem and Self Confidence in Parenting
- Understanding the Process of Communication
- Moving Forward

September 8th-10th 2017
The program starts at 6pm on Friday and ends Sunday afternoon.
More details to follow
Our weekend retreat will be held at
The DoubleTree by Hilton
3203 Quebec Street, Denver, CO 80207

We want you to join us!

September 8-10 2017
Parents Empowering Parents
The University of Colorado Hemophilia & Thrombosis Center invite you to PEP
Audra LeBlanc @ 303-724-6163 audra.leblanc@ucdenver.edu

Reserve your spot by 8/11/17! Space is extremely limited!