SCHOOL DIABETES MANAGEMENT CHECKLIST
FOR PARENTS:

Discuss specific care of your child with the teachers, school nurse and other staff who will be involved.

Complete the individualized school health care plan with the help of school staff and your diabetes care staff.

Make sure your child understands the details of who will help him/her with testing, shots and treatment of high or low blood sugars at school and where supplies will be kept. Supplies should be kept in a place where they are always available if needed.

Keep current phone numbers where you can be reached. Collect equipment for school: meter, strips and finger-poker, lancets, insulin, insulin syringes, biohazard container, log book or a copy of testing record form (make arrangements to have blood sugars sent home routinely), extra insulin pump supplies, ketone testing strips, photo for substitute teacher’s folder.

Food and drinks; parents need to check intermittently to make sure supplies are not used up:

- juice cans or boxes (approximately 15 grams of carb each)
- glucose tablets
- instant glucose or cake decorating gel
- crackers (±peanut butter and/or cheese)
- quarters to buy sugar pop if needed
- Fruit-Roll Ups
- dried fruit
- raisins or other snacks

box with the child’s name to store these food and drink items