Study reveals vaccinations don’t weaken natural immunity

“Essentially, what this study confirms is that vaccines don’t ‘weaken’ a child’s immune system,” says Sean O’Leary, associate professor of pediatrics at the CU School of Medicine Anschutz Medical Campus. “Children who receive vaccines aren’t any more likely to get sick from illnesses that are not targeted by the vaccines.”

*Contemporary Pediatrics, April 3, 2018*

Lack of vegetable choices in infant and toddler food is widespread

“The commercial infant and toddler foods market in the U.S. does not appear to provide caregivers with an adequate type and selection of products to facilitate children’s later acceptance of the kinds of vegetables they will encounter and be encouraged to consume once they have transitioned to table foods,” writes Kameron J. Moding, postdoctoral fellow in the CU Department of Pediatrics, and her co-authors.

*Medical Xpress, April 10, 2018*

This Could Be Why Your Kid Is A Picky Eater When It Comes To Certain Veggies, According To This New Study

Researchers from the CU School of Medicine put together a comprehensive list of 548 baby and toddler foods sold from 20 American companies, looking specifically for prepared single-vegetable baby foods.

*Romper, April 11, 2018*
Kids Decoded: Finsta

“My advice is to not freak out about this any more than any other online platform or any other adolescent behavior,” says Emily Laux, child psychologist with the Pediatric Mental Health Institute at Children’s Hospital Colorado. “From the beginning of time, adolescents have tried to hide things from their parents.”

Colorado Parent, April 2018

Study looks at weight loss surgery for teens

Lead study author Thomas Inge, who also serves as the Director of the Bariatric Surgery Center at Children’s Hospital Colorado, has seen dramatic results for his severely obese adolescent patients who have had surgical procedures.

9News, April 11, 2018

Looking for Online Advice on Your Heart Device? Beware

“I think it’s important for patients to get information from multiple sources, to see if the information converges for them,” said American Heart Association spokesman Michael Ho, a professor of cardiology with the CU School of Medicine.

HealthDay, April 9, 2018

Vascular problems associated with symptoms of menopause and quality of life measures

“Many women also experience menopausal symptoms that can negatively affect their quality of life and can contribute to depression, which is an established risk factor for cardiovascular disease,” said the study’s lead author Kerry Hildreth, assistant professor in the Division of Geriatric Medicine at the CU School of Medicine.

Medical Xpress, April 11, 2018

As menopause symptoms get worse, heart may pay a price

The study was led by Kerrie Moreau of the CU School of Medicine. Her team tracked outcomes for 138 menopausal women in order to compare mood, menopause symptoms and quality of life with key markers of “vascular aging”—the condition of aging blood vessels.

HealthDay, April 11, 2018
Raising awareness about narcolepsy

Ann Halbower, a sleep medicine specialist at Children’s Hospital Colorado: “Narcolepsy is a genetic disorder. And we know now that it’s probably triggered as an autoimmune reaction to either an infection or something that stimulates the immune system. People who have narcolepsy have a gene that gives it permission, but also something that switches on that gene just like a trigger or a light switch.”

9News, April 9, 2018

Keys to getting your kids to go to sleep, and stay asleep

“Creating and setting up an environment that really promotes getting to sleep and falling asleep is something we need to learn,” says Stephen Hawkins, a pediatric sleep and pulmonary specialist at Children’s Hospital Colorado. “Everything after dinner should be part of your routine, bathing, brushing your teeth, relaxing…winding down.”

9News, April 6, 2018

Buddy Check9: Skin cancer

On Buddy Check9 Day, Neil Box and Robert Dellavalle, both from the University of Colorado, talk about skin cancer. Box: “The other thing that people don’t realize is that sunburns and excessive sun damage actually age your skin, making you look a lot older at a younger age.”

Dellavalle: “One of the things that we’re excited about is a camera that can show hidden UV damage.”

9News, April 9, 2018
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<td><strong>Here’s When to See a Doctor About That Persistent Cough</strong></td>
<td>You might expect that your cough from the cold or flu should clear up around the same time that you start to feel better. It’s actually normal for it to continue for weeks after that as your body works to get back to full health, said Flavia Hoyte, an allergist at National Jewish Health.</td>
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<td><strong>Your Healthy Family: Teen golfer brings national awareness to life with epilepsy</strong></td>
<td>“In our new hospital we are building an epilepsy monitoring unit, which I am really excited about,” says Kathleen Currey, an epileptologist with Children’s Hospital Colorado. “We will be able to admit a lot of kids and capture their spells and determine what they are, and if they are seizures then what is the appropriate treatment.”</td>
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<td><strong>Local allergist to parents: ‘Don’t panic’ about new baby wipe study</strong></td>
<td>“There is no one, single determinant of why somebody has an allergy or not,” said Matthew Greenhawt, the Director of the Food Challenge and Research Unit at Children’s Hospital Colorado. “I do wish it would be that easy, but we are just not getting that lucky in this field. It’s a very complex interaction of a number of different things.”</td>
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<td><strong>A third of heavy pot users suffer severe nausea – and they’ve all landed on the same weird solution</strong></td>
<td>“These receptors are all over our gut,” says Cecilia Sorensen, a physician at the University of Colorado Hospital at the Anschutz medical campus. “They’re in our intestines, our colon, and they have a role in regulating gastric and intestinal motility to control the propulsion of food and fluids.”</td>
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This Mysterious Marijuana Syndrome Is Relieved by Hot Showers

But doctors do know that long-term use of drugs can result in changes in the brain and the nervous system, said Kennon Heard, a toxicologist at UCHealth’s University of Colorado Hospital, who has studied cannabinoid hyperemesis syndrome.

Live Science, April 9, 2018

What Happens If You Get Injected with Embalming Fluid?

Cases of people being accidentally injected with formaldehyde are quite rare, said Christopher Hoyte, a toxicologist at UCHealth’s University of Colorado Hospital’s emergency department. If injected into a person, formaldehyde can cause red blood cells to rupture, and it can also lead to a condition called acidosis, in which a person has too much acid in their blood, Hoyte said.

Live Science, April 10, 2018

Doctors Question Push For More Independent Nurses As Lawmakers Consider How to Fill Health Gaps

Many states have granted nurse practitioners autonomy, including Colorado in 2010. But eight years later, Mark Deutchman, associate dean of rural health at the CU School of Medicine, says the change hasn’t fixed that state’s rural health care problem. “None of our counties that are designated as primary care health professional shortage areas have ceased being so in the time interval since this law was passed.”

StatelImpact NPR, April 12, 2018

Machine Predicts Inpatient Sepsis 5 Hours Sooner

“One of the things that excites me about this research is that it represents an evolution in the way we’re using informatics in medicine,” said Ethan Cumbler, from the CU School of Medicine. “If we can start using this form of artificial intelligence to not just store information within the electronic health record, but to derive from electronic health records new ways of understanding the data, we’ve created an entirely new way for medical informatics to support clinicians.”

Medscape, April 10, 2018
My Name Is...Kori Baker

Kori Baker, a senior at Castle View High School, was accepted into the BA/BS-MD program at CU, meaning she has a reserved seat in the university's medical school. “This honor means a lot to me, especially because I was not expecting it at all. I am so blessed to have the opportunity to be a part of this program because it will help me achieve my goals for the future. I think I am still in shock.”

Castle Rock News Press, April 9, 2018