Researchers Track an Unlikely Culprit in Weight Gain

“It’s a super interesting idea,” said Daniel Bessesen, an obesity expert and professor of medicine at the CU School of Medicine. With obesity rising, “we definitely need some new ideas.”

Wendy Kohrt, a professor of medicine at CU, has been studying the effects of menopause on women’s body fat and the amount of calories women burn. She has given healthy premenopausal women a drug that blocks production of estrogen and F.S.H., putting them into a reversible state of menopause.


University of Colorado Hospital best in the state, 15th in nation, according to news rankings

The University of Colorado Hospital is the 15th-best hospital in the country, according to this year’s edition of the prestigious *U.S. News & World Report rankings*. Jeff Glasheen, chief quality officer for the broader UCHealth system, said the rankings place more emphasis on quality and safety measurements and that has helped University of Colorado Hospital ascend up the charts as it worked to improve patient outcomes.

*Denver Post, Aug. 7, 2017*
**Few U.S. gun owners get training that includes suicide prevention**

“How do we reach the people who own firearms?” said Emmy Betz, an associate professor of emergency medicine at the CU School of Medicine. “How do we work together in ways that are respectful and collaborative to prevent unintentional and accidental shootings?”

*Reuters, Aug. 8, 2017*

---

**2 common situations that lead to burnout in radiology and what can be done to avoid them**

“Increasing isolation played a significant role in developing symptoms of emotional exhaustion and depersonalization as demonstrated by the physician in case vignette 2,” wrote lead author Nicole Restauri, department of radiology at the CU School of Medicine.

*Radiology Business, Aug. 7, 2017*

---


*Hard Call* is a new podcast that tells the stories of people who have to make tough medical decisions, and delves into the ethics of their choices. Matt Wynia, co-host of Hard Call and director of the Center for Bioethics and Humanities at CU Anschutz Medical Campus, speaks with Colorado Matters host Ryan Warner.

*Colorado Public Radio, Aug. 7, 2017*

---

**‘Quad Squad’ Quadruplets Travel To Colorado For Premie Reunion**

Alyssa, Carter, Miles and Bently Sallaska were born about three years ago at the University of Colorado Hospital. They were born at 25 weeks and all weighed just a little more than one pound apiece. The siblings all took part in a “preemie picnic” at the Aurora hospital on Saturday. This year’s reunion had a superhero theme, and the kids wore shirts that said “Quad Squad.”

*CBS4, Aug. 5, 2017*
Surviving NICU baby gave hope to family that endured similar circumstances

University of Colorado Hospital has celebrated surviving NICU babies with an annual picnic for more than 30 years. This year, two NICU babies met for the first time. They may be too young to understand, but their parents do.

Channel 7, Aug. 6, 2017