

# Hemophilia & Thrombosis Center Psychosocial Team

A diagnosis of a bleeding disorder, clotting disorder, stroke, or related condition can be unpredictable and adjustment to your diagnosis and treatment plan may be stressful over time. The HTC is proud to house an integrated psychosocial team consisting of two social workers, a health psychologist and a child life specialist. As active members of your comprehensive care team, we provide care, services and resources unique to your family and individual needs to assist in illness-related coping across the lifespan. One of our team members will meet with you or your child during their comprehensive clinic visit while all of us are available at any time as needed.

<p style="text-align: center;"><b>Social Work</b></p> <ul style="list-style-type: none"> <li>• Provides supportive counseling surrounding adjustment to illness throughout the lifespan for patients and family members, 1:1 counseling available by appointment</li> <li>• Assists with problem-solving concerns related to adherence</li> <li>• Offers urgent support during crisis situations</li> <li>• Advocates on your behalf within our center and beyond for factor needs and insurance issues</li> <li>• Coordinates connection to financial assistance programs and community resources</li> <li>• Helps provide education to school staff in conjunction with nursing</li> <li>• Works closely with families to identify and assess short term vs long term goals associated with coping with a lifelong illness</li> </ul>	<p style="text-align: center;"><b>Child Life Specialist</b></p> <ul style="list-style-type: none"> <li>• Helps children and teenagers navigate illness, injuries and other medical experiences</li> <li>• Assists children in understanding their diagnosis and medical treatment based on their age/developmental level</li> <li>• Supports children in developing positive coping to reduce fear related to clinic visits and procedures</li> <li>• Helps promote compliance with treatment plans</li> <li>• Encourages children to express thoughts and feelings about their medical diagnosis</li> <li>• Works directly with the patient, sibling(s) and other family members to accomplish the above tasks and other identified goals through creative interventions, such as medical play</li> </ul>
<p style="text-align: center;"><b>Health Psychologist</b></p> <ul style="list-style-type: none"> <li>• Intervenes when concerns arise across medical and mental health domains</li> <li>• Helps build coping skills to manage stressors associated with a diagnosis and treatment needs</li> <li>• Provides talk therapy aimed at reducing symptoms of anxiety and depression</li> <li>• Assists with illness-related changes in behavior</li> <li>• Helps to facilitate mental health referrals within your community</li> <li>• Performs psychodiagnostic evaluations to provide clarity when seeking mental health support</li> </ul>	<p style="text-align: center;"><b>Contact Information</b></p> <p style="text-align: center;"><b>Social Workers</b></p> <p style="text-align: center;"><b>Whitney Tedeschi MSW LCSW</b> whitney.tedeschi@cuanschutz.edu 303-724-6163</p> <p style="text-align: center;"><b>Bryn Dunham MSW LCSW</b> bryn.dunham@cuanschutz.edu 303-724-6159</p> <p style="text-align: center;"><b>Child Life Specialist</b></p> <p style="text-align: center;"><b>Kim Richfield CCLS</b> kim.richfield@cuanschutz.edu 303-724-0772</p> <p style="text-align: center;"><b>Health Psychologist</b></p> <p style="text-align: center;"><b>Emily Wheat PhD</b> emily.wheat@cuanschutz.edu 303-724-7900</p>