

# Lovenox

## **WHAT IS LOVENOX?**

Lovenox is a medicine that is used to prevent or treat clotting.

## **WHAT ELSE IS LOVENOX KNOWN AS?**

Lovenox is also called Enoxaparin.

## **WHY AM I TAKING LOVENOX?**

You are taking Lovenox to prevent a blood clot or stop a blood clot from getting bigger.

## **WHAT ARE THE POSSIBLE SIDE EFFECTS OF LOVENOX?**

You may experience a “stinging sensation” when Lovenox is injected, easier bruising, nose bleeds, and gum bleeding.

Women may have heavier or prolonged periods.

If you experience excessive bruising, bleeding from unusual places, or bleeding that lasts longer than 20 minutes, call the clinic right away or go to the emergency room. These are rare but serious side effects of Lovenox.

## **HOW DO I TAKE LOVENOX?**

Lovenox is given as a shot under the skin. Each person needs a different amount of Lovenox and it is important that you take the dose as directed by the stroke clinic team.

Your dose is based on your weight and the results of a blood test called “anti-Xa”.

## **WHAT SHOULD I DO IF I MISS A DOSE?**

You should not skip any doses, as this can affect the medicine’s ability to prevent clots.

If you miss a single dose of Lovenox, take the medication as soon as you remember.

If it is almost time for the next dose, skip the missed dose and return to your regular schedule.

If you forget more than one dose, DO NOT take another dose to ‘catch up.’



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### **DOES LOVENOX INTERACT WITH OTHER MEDICATIONS, FOODS, OR HERBAL, ALTERNATIVE, OR NUTRITIONAL SUPPLEMENTS?**

Some medications and supplements can increase risk for bleeding. Please make sure to tell any other healthcare providers that you are taking Lovenox. Avoid medications that contain aspirin, ibuprofen, or naproxen as they can increase your risk for bleeding. There are some circumstances when these medications may be taken. Please talk to our stroke clinic team if you have questions. It is okay to use acetaminophen (Tylenol) as needed for pain, fever or headache.

If you get a new prescription, or want to start an over-the-counter medication, or take herbal or homeopathic remedies, please call the stroke clinic team. We can help verify that any new medications or supplements will not interact with Lovenox.

### **WHAT DO I NEED TO DO TO STAY SAFE WHEN TAKING LOVENOX?**

Always wear a helmet while riding a bike, skateboarding or skiing. Always wear a seatbelt in motor vehicles. Inform all healthcare providers that you are taking Lovenox, especially before undergoing any procedures or surgeries. Notify the stroke clinic a few weeks before undergoing any procedures or surgeries to obtain a plan for Lovenox dosing.

### **I STILL HAVE QUESTIONS ABOUT LOVENOX. WHO CAN HELP ME FIND ANSWERS?**

Please contact our stroke clinic team at the phone numbers below. We are happy to provide support and answer any other questions you may have.

**We are located in the CU Medicine Building  
at the Hemophilia and Thrombosis Center**

**13199 E. Montview Blvd., Suite 100, Aurora, CO 80045**



**Office Hours: M-F 8 am-4:30 pm**

**Scheduler: 303-724-6158**

**Questions for doctors or nurses: 720-777-6895**

**Website: [medschool.ucdenver.edu/htc](https://medschool.ucdenver.edu/htc)**



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