

ACCORDS Distinguished Lecturer

Martha Sajatovic, MD

Professor of Psychiatry and Neurology, Case Western Reserve University
School of Medicine in Cleveland, OH



"Self-management
approaches to promote
mental and physical
health among
individuals with chronic
health conditions"



Dr. Sajatovic is Professor of Psychiatry and of Neurology at Case Western Reserve University School of Medicine in Cleveland, Ohio. She is a researcher, educator, and clinician who has devoted herself to the study and treatment of traditionally hard-to-treat populations with psychiatric and neurological disorders. Dr. Sajatovic holds the Willard Brown Chair in Neurological Outcomes at University Hospitals Case Medical Center/Case Western Reserve University School of Medicine. Dr. Sajatovic's research interests have focused on the management of chronic illnesses, particularly those that affect the brain and psychological processes.

Objectives:

1. Participants will better understand the concept and goals of self-management in patients with chronic health conditions
2. Participants will gain familiarity with emerging research on self-management in individuals with diabetes, mental health conditions and neurological disorders including epilepsy and stroke
3. Participants will learn about opportunities to promote patient self-management in health care settings

> Wednesday, August 15, 2018

> 12:00-1:00PM

> Education 2 South room 1307

> Anschutz Medical Campus

Zoom:

Or Phone: 1-408-638-0968

Meeting ID: 897 518 128

<https://ucdenver.zoom.us/j/897518128>



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