

Racial and Ethnic Disparities in Medical and Dental Health, Access to Care, and Use of Services in US Children

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ABSTRACT

BACKGROUND. Not enough is known about the national prevalence of racial/ethnic disparities in children's medical and dental care.

OBJECTIVE. The purpose of this work was to examine racial/ethnic disparities in medical and oral health, access to care, and use of services in a national sample.

METHODS. The National Survey of Children's Health was a telephone survey in 2003–2004 of a national random sample of parents and guardians of 102 353 children 0 to 17 years old. Disparities in selected medical and oral health and health care measures were examined for white, African American, Latino, Asian/Pacific Islander, Native American, and multiracial children. Multivariate analyses were performed to adjust for primary language at home, age, insurance coverage, income, parental education and employment, and number of children and adults in the household. Forty measures of medical and oral health status, access to care, and use of services were analyzed.

RESULTS. Many significant disparities were noted; for example, uninsurance rates were 6% for whites, 21% for Latinos, 15% for Native Americans, 7% for African Americans, and 4% for Asians or Pacific Islanders, and the proportions with a usual source of care were as follows: whites, 90%; Native Americans, 61%; Latinos, 68%; African Americans, 77%; and Asians or Pacific Islanders, 87%. Many disparities persisted for ≥ 1 minority group in multivariate analyses, including increased odds of suboptimal health status, overweight, asthma, activity limitations, behavioral and speech problems, emotional difficulties, uninsurance, suboptimal dental health, no usual source of care, unmet medical and dental needs, transportation barriers to care, problems getting specialty care, no medical or dental visit in the past year, emergency department visits, not receiving mental health care, and not receiving prescription medications. Certain disparities were particularly marked for specific racial/ethnic groups: for Latinos, suboptimal health status and teeth condition, uninsurance, and problems getting specialty care; for African Americans, asthma, behavior problems, skin allergies, speech problems, and unmet prescription needs; for Native Americans, hearing or vision problems, no usual source of care, emergency department visits, and unmet medical and dental needs; and for Asians or Pacific Islanders, problems getting specialty care and not seeing a doctor in the past year. Multiracial children also experienced many disparities.

CONCLUSIONS. Minority children experience multiple disparities in medical and oral health, access to care, and use of services. Certain disparities are particularly marked for specific racial/ethnic groups, and multiracial children experience many disparities.

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Key Words

disparities, minorities, children, race, ethnicity, African Americans, Hispanics, Asians/Pacific Islanders, Native Americans, multiracial

Abbreviations

NSCH—National Survey of Children's Health
OARO—overweight or at risk for overweight
ED—emergency department
ADHD—attention-deficit/hyperactivity disorder
NHANES—National Health and Nutrition Examination Survey

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ALTHOUGH INCREASING ATTENTION is being paid to racial/ethnic disparities in health and health care, very little of the attention is directed toward children. For example, in a recent report on disparities by the Agency for Healthcare Research and Quality,¹ there were >3 times as many disparity measures for adults as there were for children and only 15% of measures were child specific, and in the Institute of Medicine's comprehensive health disparities monograph, only 5% of studies addressed disparities in children.² There has been no published comprehensive analysis (to our knowledge) of racial/ethnic disparities in medical and dental health, access to care, and use of services in US children. The study aim, therefore, was to perform such an analysis, using a large, nationally representative database that provides the opportunity to examine child health disparities for all 5 of the major US racial/ethnic groups, as well as multiracial children.

METHODS

Data Source

The data source was the National Survey of Children's Health (NSCH), a module of the State and Local Area Integrated Telephone Survey conducted by the Centers for Disease Control and Prevention's National Center for Health Statistics. A detailed description of the design, methods, and operation of the NSCH is provided elsewhere.³ Herein, a brief summary is provided of methods relevant to this analysis.

The NSCH was designed to produce national and state-specific prevalence estimates for a variety of physical, emotional, and behavioral health indicators and measures of children's health care experiences.³ A random-digit-dial sample was selected of households with children under 18 years old from each of the 50 states and the District of Columbia. One child was randomly selected from all of the children in each household as the subject of the survey. The parent or guardian who knew the most about the child's health and health care served as the survey respondent. NSCH interviews were administered in Spanish and English.

A total of 102 353 NSCH interviews were completed from January 2003 to July 2004. The weighted, overall Council of American Survey Research Organizations response rate was 55.3%. Estimates based on sampling weights generalize to the noninstitutionalized population of children nationwide (including for each racial/ethnic group, given that the NSCH is a random-digit-dial sample of households with children from each of the 50 states and the District of Columbia).³ The sampling weights also adjust for households with multiple telephone lines and provide multiple adjustments for non-response bias, including for unknown household status and eligibility, households with multiple children, and noncoverage of households without telephones.

Analyses

Data were coded and analyzed by using Stata 8 (Stata Corp, College Station, TX).⁴ For all of the variables,

responses of "don't know" or "refused to answer" were set to missing.

Children's race/ethnicity was classified as white, black/African American (hereafter referred to as African American), Latino or Hispanic (hereafter referred to as Latino), Asian/Pacific Islander, Native American, and multiracial on the basis of parental response. Other demographic variables examined included the child's age and insurance coverage, the number of children and adults in the household, highest educational attainment in the household, household employment status, and combined annual family income. The child's insurance coverage was classified as uninsured or publicly or privately insured on the basis of the coverage at the time that the survey was administered. Highest household educational attainment was dichotomized as high school graduate or greater versus not a high school graduate. Household employment was coded affirmatively if anyone in the household was employed for ≥ 50 weeks in the previous year. Household income was defined as below the poverty threshold versus at or above the threshold on the basis of the family size and federal thresholds at the time of the survey.

The following dependent variables with multiple response categories were transformed into dichotomous variables: child's health status excellent or very good versus not excellent or very good (eg, good, fair, or poor, consistent with previous research⁵); child's BMI overweight or at risk for overweight (OARO; ≥ 85 th percentile for age and gender) versus not OARO; teeth condition excellent or very good versus not excellent or very good (eg, good, fair, or poor); $>$ vs ≤ 1 year since last dental visit; child has versus has not seen physician in past year; child did versus did not receive all of the needed medical or dental care (if child received care); the child had no versus ≥ 1 visit to the emergency department (ED) in the past year; the child did versus did not receive preventative dental care in past year; the child was versus was not given prescription in last year; and the child needed but did versus did not receive a prescription in last year.

Variance estimation techniques were used with Stata to adjust for the complex survey design of the NSCH. Pearson's χ^2 test statistic was used to test for independence between race/ethnicity and discrete factors. To account for the complex survey design, the statistic was turned into an F statistic with noninteger degrees of freedom using a second-order Rao and Scott correction. The *t* statistic from linear regression, with degrees of freedom equal to the total number of primary sampling units minus the total number of strata, was used to identify racial or ethnic disparities in means of continuous factors. The *t* statistic also was used to test for the significance of factors included in multivariable linear and logistic regression models.

RESULTS

Sociodemographics

There were slight differences in the mean age of the various racial/ethnic groups of children (Table 1), with Latino and multiracial children ~ 1 year younger in

TABLE 1 Selected Sociodemographic Features of US Children 0 to 17 Years old (N = 102 353) According to Race/Ethnicity

Characteristic	Mean or Proportion for Each Racial/Ethnic Group						P
	White	Latino	African American	Asian/Pacific Islander	Native American	Multiracial	
Mean age, y	8.8	7.9	8.9	8.3	8.8	7.9	<.0001
Male gender, %	51.3	51.7	50.2	49.0	54.9	50.0	.62
Highest educational attainment in household, %							<.0001
Not a high school graduate	2.3	28.5	7.7	2.8	6.7	4.1	
High school graduate	22.9	34.9	35.5	5.9	35.1	22.7	
At least some college	74.9	36.6	56.8	91.3	58.2	73.1	
Primary language spoken at home not English, %	0.9	59.5	1.2	41.3	7.7	0.7	<.0001
No. of children in household, %							<.0001
1	22.5	16.4	22.9	28.7	18.9	28.0	
2	41.7	32.6	33.8	35.9	31.3	40.6	
3	23.9	29.8	25.1	27.1	23.8	21.0	
>3	11.9	21.3	18.2	8.3	26.0	10.4	
No. of adults in household, %							<.0001
1	10.4	12.9	33.1	10.5	17.3	20.1	
2	74.2	58.7	47.5	64.6	56.8	60.8	
>2	15.5	28.5	19.4	24.9	25.9	19.2	
Adult in household employed \geq 50 wk in past year	92.7	85.2	83.7	89.7	82.7	88.6	<.0001
Combined family income, % of federal poverty threshold							<.0001
<100	7.9	35.0	28.8	8.6	35.7	16.8	
100–199	17.8	26.6	27.2	18.1	28.9	20.8	
200–299	18.6	10.4	13.1	9.1	17.9	14.5	
300–399	17.2	6.0	9.3	17.1	6.8	12.9	
\geq 400	31.4	7.9	12.1	39.7	5.8	27.1	
Unknown	7.1	14.1	9.5	7.5	4.8	7.9	

Data source: the NSCH.

mean age than white children but no significant differences in the proportion of boys. There were substantial differences in the highest educational attainment in the household, with 29% of Latino children's households with no high school graduate, compared with 8% in African American, 7% in Native American, 4% in multiracial, 3% in Asian/Pacific Islander, and 2% in white children's households. Conversely, 91% of Asian/Pacific Islander children's households had a member who has attended at least some college, compared with three fourths of white, 73% of multiracial, 57% of African American, and 37% of Latino children's households. The primary language spoken at home was far more likely not be English in Latino (60%), Asian/Pacific Islander (41%), and Native American (8%) households compared with white (1%) and multiracial (1%) children's households.

Native American, Latino, and African American families were significantly more likely to have >3 children in the household compared with white and multiracial families (Table 1). Approximately one fourth of Latino, Native American, and Asian/Pacific Islander and ~20% of African American and multiracial families had >2 adults in the children's household compared with 16% of white households. White children's households (93%) were most likely to have an adult employed in the household for \geq 50 weeks in the past year, whereas

Native American (83%), African American (84%), and Latino (85%) households were least likely.

The combined annual family income was <100% of the federal poverty threshold in more than one third of Native American and Latino children's households, approximately one third of African American children's households, and 17% of multiracial families, compared with only 9% of Asian/Pacific Islander and 8% of white children's households. Conversely, ~40% of Asian/Pacific Islander and one third of white children's households have combined family incomes of \geq 400% of the federal poverty threshold compared with 27% of multiracial, 8% of Latino, and 6% of Native American children's households.

Medical and Oral Health Status

Approximately 90% of white, Asian/Pacific Islander, multiracial, and Native American children were in excellent or very good health status compared with only 79% of African American and 65% of Latino children (Table 2). Conversely, Latino children (8%) were most likely and Asian/Pacific Islander children least likely (0.3%) to be in poor or fair health. Approximately one third of African American, Native American, and Latino children were overweight compared with 21% to 25% of children in other racial or ethnic groups. Approximately 55% of Native American, 52% of African American, and 47% of Latino children were OARO compared

TABLE 2 Medical and Oral Health Status of US Children 0 to 17 Years Old (N = 102 353) According to Race/Ethnicity

Health Status Characteristic	Mean or Proportion for Each Racial/Ethnic Group						P
	White	Latino	African American	Asian/Pacific Islander	Native American	Multiracial	
Health status, % ^a							<.0001
Excellent	68.7	41.8	52.4	59.9	55.0	62.5	
Very good	22.1	23.5	26.7	28.0	30.8	24.8	
Good	7.7	26.5	16.7	11.8	11.0	10.4	
Fair	1.3	7.6	3.6	0.3	2.7	2.0	
Poor	0.2	0.6	0.7	0.0	0.5	0.3	
BMI class, %							<.0001
Underweight	7.4	7.5	6.9	12.7	4.2	7.3	
Normal	57.4	45.8	41.6	52.2	40.4	52.5	
At risk of overweight ^b	14.7	16.1	14.6	13.0	21.0	15.3	
Overweight ^c	20.6	30.7	36.9	22.0	34.4	24.9	
Needs more medical care than others, %	11.9	9.5	11.7	4.5	13.9	13.6	<.0001
Has limited abilities, %	5.1	4.3	8.6	5.3	8.4	7.2	<.0001
Needs/gets special therapy, % ^d	6.3	5.7	6.9	2.0	11.2	7.2	.0004
Difficulty with emotions, concentration, behavior, or interpersonal relations, %	17.0	15.4	24.6	9.7	21.8	23.9	<.0001
Emotional, developmental, or behavioral problems needing treatment or counseling, %	6.4	6.1	7.7	1.3	6.4	7.7	.0001
Learning disability, %	9.6	9.9	11.0	1.9	12.8	10.9	.0001
Asthma, %	11.5	11.0	18.2	11.9	14.2	15.1	.0001
Hearing or vision problems, %	2.9	3.0	1.9	2.0	5.8	2.9	.15
ADHD, %	8.0	3.3	7.2	1.8	7.1	8.5	.0001
Depression or anxiety, %	4.7	3.6	3.2	0.7	5.5	5.5	.0001
Behavior problems, %	4.9	4.8	8.2	0.6	4.5	6.9	.0001
Bone, joint, or muscle problems, %	3.4	2.5	3.3	0.7	2.7	4.1	.0001
Diabetes, %	0.4	0.2	0.2	0.1	1.0	0.3	.04
Developmental delay, %	4.0	2.0	3.2	0.7	4.6	4.7	.0001
Allergies, %							
Respiratory	16.5	9.8	15.6	10.6	14.7	18.1	.0001
Digestive	3.6	3.2	3.7	3.6	3.2	5.9	.01
Skin	9.2	7.5	14.6	8.9	12.0	14.3	.0001
Headaches, %	5.4	5.4	7.2	2.7	8.7	6.5	.03
Speech problems, %	3.2	3.5	5.1	2.1	5.3	4.2	.0002
≥3 ear infections in last 12 mo, %	5.0	5.1	4.1	1.8	5.2	5.6	.10
Teeth condition, % ^a							<.0001
Excellent	49.4	26.9	34.4	33.6	36.0	43.8	
Very good	27.1	20.5	26.8	34.8	30.6	26.2	
Good	17.6	31.4	27.7	23.3	22.3	20.9	
Fair	4.6	16.6	8.8	5.9	7.5	7.5	
Poor	1.3	4.6	2.4	2.5	3.6	1.7	

^a Data are by parental report.

^b BMI is 85% to 94% for age and gender.

^c BMI is ≥95% for age and gender.

^d Data include physical, occupational, or speech therapy.

Data source: the NSCH.

with 40% of multiracial and only approximately one third of white and Asian/Pacific Islander children.

A need for more medical care than others was highest among Native American and multiracial children and lowest in Asian/Pacific Islander children (Table 2). The prevalence of limited abilities is significantly higher among African American, Native American, and multiracial children, and special therapy need or receipt was by far the greatest among Native Americans (11%). Approximately one fourth of African American, multiracial, and Native American children had difficulty with emotions, concentration, behavior, or interpersonal relations, significantly higher than the other racial or eth-

nic groups, particularly Asians/Pacific Islanders (10%). The prevalence of emotional developmental or behavioral problems needing treatment or counseling, however, differed little among racial/ethnic groups, except for the significantly lower prevalence among Asians/Pacific Islanders. Learning disabilities were particularly prevalent among Native Americans (13%) but rare among Asians/Pacific Islanders.

Disparities were observed for a variety of specific childhood conditions (Table 2). Asthma was significantly more prevalent among African American (18%), multiracial (15%), and Native American (14%) children compared with the other racial/ethnic groups (11%–12% preva-

TABLE 3 Access to Medical and Dental Care for US Children 0 to 17 Years Old (N = 102 353) According to Race/Ethnicity

Access Measure	Mean or Proportion for Each Racial or Ethnic Group						P
	White	Latino	African American	Asian/Pacific Islander	Native American	Multiracial	
Insurance coverage at time of survey, %							<.0001
None	5.7	20.6	7.2	3.4	15.5	7.1	
Public	17.5	43.9	49.1	16.2	49.7	29.2	
Private	76.2	34.1	42.8	78.6	30.7	62.8	
Insured, type unknown	0.7	1.4	1.0	1.9	4.1	1.0	
Sporadically insured in past year, %	8.7	17.4	13.4	7.8	19.4	12.3	<.0001
Has dental insurance, %	78.3	67.6	83.6	85.3	66.2	81.8	<.0001
Has usual source of medical care, %	89.5	68.3	77.3	86.6	60.9	85.4	<.0001
Received all needed medical care, % ^a	99.3	98.6	98.5	99.99	96.5	97.8	<.0001
Reason for unmet medical care need, % ^b							
Transportation barrier	3.9	3.9	6.6	0	45.1	1.2	.0001
No insurance	37.4	55.4	49.3	100	15.4	13.1	.003
No one accepts child's insurance	3.3	1.7	3.2	0	3.1	14.9	.01
Treatment is ongoing	1.7	3.6	1.2	0	20.1	4.1	.02
Doctor didn't know how to provide care	5.1	2.1	0.4	0	9.1	10.5	.03
Health plan problem	14.3	7.9	19.8	0	17.4	41.1	<.05
Any problem getting specialty care	20.6	32.7	23.4	46.0	31.8	24.8	<.0001
Needed but did not get all needed prescription medications in past 12 mo, %	1.9	3.4	4.5	1.3	3.2	2.1	<.0001
Received all needed dental care, % ^c	97.8	94.7	95.2	96.1	93.0	95.2	.0001
Reason for unmet dental care need, % ^b							
Dentist did not know how to provide care	0.9	1.6	4.0	26.5	11.0	1.0	.0001
No insurance	32.1	35.6	26.0	5.2	4.1	23.9	.002
Did not know where to go for treatment	4.3	5.7	2.0	26.5	1.8	3.7	.02
Health plan problem	8.7	16.5	7.2	32.0	1.1	8.8	.02

^a Data are only if made a physician visit in past 12 months.

^b Data are only access barriers with significant racial or ethnic disparities; see text for other barriers.

^c Data are only if patient made a dental visit in past 12 months.

Data source: the NSCH.

lence). Native American children had a significantly higher prevalence of hearing or vision problems and diabetes. Rates of attention-deficit/hyperactivity disorder (ADHD) and respiratory allergies differed little among racial/ethnic groups, except for significantly lower rates among Latino and Asian/Pacific Islander children. Rates of depression or anxiety; bone, joint, or muscle problems; and developmental delay were approximately equivalent, except for a significantly lower prevalence for all 3 of the conditions among Asians/Pacific Islanders. Behavior problems were especially prevalent in African American (8%) and multiracial (7%) children and rare (0.6%) among Asians/Pacific Islanders. Digestive allergies occurred somewhat more frequently among multiracial children, and skin allergy prevalence was significantly higher among African American, multiracial, and Native American children. Headaches occurred more often among African Americans and less often among Asians/Pacific Islanders, and prevalence of speech problems was somewhat greater among Native Americans and African Americans. No significant racial or ethnic differences were seen in the rates of ear infections.

Approximately three fourths of white, Asian/Pacific Islander, and multiracial children's teeth were in excellent or very good condition compared with only approximately two thirds of African American and Native American children and about half of the Latino children (Table 2). Poor or fair teeth condition was greatest in

Latino children (21%), with high rates (11%) also seen in African American and Native American children.

Access to Medical and Dental Care

Latino (21%) and Native American (16%) children were significantly more likely to be uninsured than African American (7%), multiracial (7%), white (6%), and Asian/Pacific Islander (3%) children (Table 3). Public insurance coverage rates were greatest among Native American, African American, and Latino children, and private insurance coverage rates were significantly higher in Asian/Pacific Islander (79%), white (76%), and multiracial (63%) children. Sporadic insurance coverage reached double digits among Native American, Latino, African American, and multiracial children. Native American and Latino children were least likely to have dental insurance, with approximately two thirds of each group having dental coverage, compared with 78% to 85% coverage rates in other racial/ethnic groups.

Although close to 90% of white, Asian/Pacific Islander, and multiracial children had a regular source of medical care, only 61% of Native American and 68% of Latino children had a regular source of medical care (Table 3).

Native American, African American, and Latino children were less likely than Asian/Pacific Islander and white children to have all of their medical care needs

TABLE 4 Use of Medical Care, Dental Care, and Prescription Medications Among US Children 0 to 17 Years Old (N = 102 353) According to Race/Ethnicity

Use of Service Measure	Mean or Proportion for Each Racial or Ethnic Group						P
	White	Latino	African American	Asian/Pacific Islander	Native American	Multiracial	
No physician visit in last 12 mo, %	20.7	27.9	19.5	29.2	29.5	20.3	<.0001
No. of ED visits in last year, %							<.0001
0	82.2	82.0	77.3	85.0	73.5	78.3	
1–2	15.8	15.4	18.8	13.4	21.6	19.0	
≥3	2.0	2.6	3.9	1.6	4.9	2.8	
Received mental health care in past 12 mo, % ^a	7.6	5.3	5.9	1.3	6.3	9.2	<.0001
Never seen dentist, %	13.1	17.8	12.3	11.8	14.4	16.0	<.0001
No routine preventive dental visit in last 12 mo, % ^{ab}	4.8	11.8	11.3	6.8	15.0	6.7	<.0001
Needs/uses prescription medication, %	21.8	14.3	22.3	16.3	16.9	25.0	<.0001
Used prescription medication in past 12 mo, %							<.0001
Yes	53.0	44.8	37.7	35.5	43.5	46.7	
No, did not need	45.1	51.7	57.8	63.2	53.3	51.2	
No, but needed	1.9	3.4	4.5	1.3	3.2	2.1	

^a Data are only for children >12 months old.

^b Data are only among those who have ever made a dental visit.

Data source: the NSCH.

met (Table 3). Transportation barriers are significantly more often responsible for unmet medical care needs among Native American children, at 45%. Lack of insurance was a reason for unmet medical need for approximately half of Latino and African American children and 100% of Asian/Pacific Islander children. Lack of acceptance of the child's insurance was a frequent reason for the unmet medical care need for multiracial children (15%), whereas the ongoing nature of the treatment was cited by 20% of Native Americans. Approximately 10% of both multiracial and Native American parents cited the doctor not knowing how to provide care as a reason for unmet need, whereas health plan problems were cited by >40% of parents of multiracial children and 14% to 20% of African American, Native American, and white children.

Asian/Pacific Islander children were most likely to encounter any problem getting specialty care, at ~50%. Approximately one third of Latino and Native American children also encountered problems getting specialty care compared with approximately one fourth of multiracial, 23% of African American, and 20% of white children (Table 3). African American children (5%) were slightly more likely to have not obtained all of their needed prescription medications in the past year, whereas Asian/Pacific Islander children (1%) were least likely to have unmet prescription needs.

Nonwhite racial/ethnic groups of children had greater unmet dental care needs than white children, with Native Americans (7%) at particularly high risk (Table 3). More than one fourth of Asian/Pacific Islander children's parents attributed their unmet dental care need to their dentist not knowing how to provide care; Native American parents (11%) also frequently cited this reason. Lack of dental insurance coverage was cited as a reason for unmet pediatric dental needs by all of the groups

except for Asians/Pacific Islanders and Native Americans. Asian/Pacific Islander children had unmet dental needs substantially more often because of parents not knowing where to go for treatment, at 27%. Dental health plan problems were a reason for unmet dental needs most often for Asian/Pacific Islander (32%) and Latino (17%) children.

Use of Medical and Dental Care and Prescription Medications

Almost one third of Native American, Asian/Pacific Islander, and Latino children had made no physician visit in the past year compared with only ~20% to 21% for other racial/ethnic groups (Table 4). Somewhat greater proportions of Native American (5%) and African American (4%) children made ≥3 ED visits in the past year compared with other racial/ethnic groups (2%–3%). Mental health care in the past year was most often received by multiracial children and least often by Asian/Pacific Islander children.

Latino (18%) and multiracial (16%) children had the highest risk of never having seen a dentist. Among children who had seen a dentist, Native Americans (15%) were most likely to have made no preventive dental visit in the past year; a high proportion of Latinos (12%) and African Americans (11%) also made no preventive dental visit in the past year, compared with only 5% to 7% among the other racial/ethnic groups.

Prescription medication use and need was most common among multiracial (25%), African American (22%), and white (22%) children compared with other racial/ethnic groups (14%–17%; Table 4). For most racial/ethnic groups, approximately half of the children used a prescription medication in the past year in contrast to only approximately one third of Asian/Pacific Islander and African American children. A slightly higher risk of not using but needing a prescription med-

TABLE 5 Multivariable Analyses of Racial/Ethnic Disparities in Medical and Oral Health Status Among US Children 0 to 17 Years Old (N = 102 353)

Measure	Odds Ratio (95% Confidence Interval) vs White Children				
	Latino	African American	Asian/Pacific Islander	Native American	Multiracial
Health not excellent or very good	1.84 (1.62–2.10)	1.93 (1.74–2.14)	NS	NS	1.32 (1.10–2.10)
Teeth condition not excellent or very good	1.65 (1.48–1.83)	1.65 (1.52–1.79)	NS	NS	1.39 (1.20–1.61)
OARO	1.38 (1.24–1.54)	1.86 (1.71–2.02)	NS	2.25 (1.75–2.89)	NS
Needs more medical care than others	NS	0.81 (0.72–0.91)	0.45 (0.22–0.92)	NS	NS
Has limited abilities	NS	1.29 (1.13–1.48)	NS	NS	1.34 (1.03–1.74)
Needs or gets special therapy ^a	NS	NS	0.35 (0.15–0.82)	1.67 (1.15–2.44)	NS
Difficulty with emotions, concentration, behavior, or interpersonal relations	NS	1.27 (1.15–1.40)	NS	NS	1.45 (1.22–1.71)
Emotional, developmental, or behavioral problems needing treatment or counseling	NS	0.850 (0.730–0.999)	0.25 (0.11–0.55)	NS	NS
Learning disability	NS	NS	0.24 (0.12–0.47)	NS	NS
Asthmatic	1.34 (1.16–1.54)	1.61 (1.45–1.78)	NS	NS	1.38 (1.17–1.62)
Hearing or vision problems	NS	0.55 (0.42–0.71)	NS	1.70 (1.06–2.74)	NS
ADHD	0.73 (0.58–0.91)	0.71 (0.61–0.83)	0.36 (0.12–1.09)	NS	NS
Depression or anxiety	NS	0.49 (0.39–0.61)	0.20 (0.05–0.70)	NS	NS
Behavior problems	NS	1.20 (1.01–1.42)	0.18 (0.06–0.50)	0.64 (0.41–0.99)	NS
Bone, joint, or muscle problems	NS	NS	0.28 (0.12–0.64)	NS	NS
Diabetes	NS	0.55 (0.33–0.91)	NS	2.61 (0.86–7.88) ^b	NS
Developmental delay	NS	0.67 (0.55–0.83)	0.22 (0.10–0.46)	NS	NS
Digestive allergies	NS	NS	NS	NS	1.57 (1.20–2.06)
Skin allergies	NS	1.82 (1.64–2.02)	NS	NS	1.59 (1.34–1.90)
Speech problems	NS	1.34 (1.09–1.64)	NS	NS	NS
≥3 ear infections in last 12 mo	0.74 (0.57–0.95)	0.67 (0.55–0.82)	NS	NS	NS

Multivariate analyses were adjusted for primary language spoken at home, child's age and insurance coverage, caregiver's educational attainment and employment status, number of children in the household, number of adults in the household, and poverty level. NS indicates not significant.

^aPhysical, occupational, or speech therapy.

^bNonsignificant trend, with $P = .09$.

Data source: the NSCH.

ication in the past 12 months was seen for African American, Latino, and Native American children.

Multivariable Analyses

Medical and Oral Health Status

Compared with white children, Latino, African American, and multiracial children had significantly greater adjusted odds of their health status and teeth condition both not being excellent or very good (Table 5). Native American and African American children had double the odds and Latino children 1.4 times the odds of white children of being OARO. African American and Asian/Pacific Islander children were less likely than whites to need more medical care than others, whereas multiracial and African American children were more likely than white children to have limited abilities and difficulty with emotions, concentration, behavior, or interpersonal relations. Native Americans had double the odds of white children of needing or getting special therapy, whereas Asian/Pacific Islander children were one third less likely. Compared with whites, African Americans and Asian/Pacific Islanders had lower odds of emotional, developmental, or behavioral problems needing treatment or counseling, and Asian/Pacific Islander children had lower odds of a learning disability.

African American, multiracial, and Latino children had significantly greater odds of having asthma than white

children (Table 5). Native Americans had almost double the odds of whites of having hearing or vision problems, whereas African Americans had a lower likelihood. Compared with white children, Asian/Pacific Islander, African American, and Latino children had lower odds of ADHD, and Asian/Pacific Islander and African American children had lower odds of depression or anxiety. African Americans had a greater odds and Asian/Pacific Islanders and Native Americans lower odds of behavior problems versus whites. Lower odds of bone, joint, or muscle problems occurred in Asians/Pacific Islanders, and lower odds of developmental delay occurred in Asians/Pacific Islanders and African Americans. African American children had a significantly lower odds of diabetes mellitus, whereas Native Americans had a nonsignificant trend of almost triple the odds of diabetes mellitus compared with whites. Digestive allergies were significantly more likely in multiracial versus white children, and skin allergies occurred more frequently in African Americans and multiracial children. There were greater odds of speech problems in African American versus white children but lower odds of frequent ear infections for both African Americans and Latinos.

Access to Medical and Dental Care

Compared with white children, Native American children had 2.4 times the odds, Latin children had 1.5 times the odds, and multiracial children had 1.3 times the odds

TABLE 6 Multivariable Analyses of Racial/Ethnic Disparities in Access to Medical and Dental Care Among US Children 0 to 17 Years Old (N = 102 353)

Measure	Odds Ratio (95% Confidence Interval) vs White Children				
	Latino	African American	Asian/Pacific Islander	Native American	Multiracial
No health insurance ^a	1.46 (1.25–1.70)	NS	0.38 (0.18–0.80)	2.41 (1.75–3.32)	1.31 (1.01–1.69)
Sporadically insured in past year ^a	1.35 (1.17–1.57)	1.41 (1.26–1.60)	NS	2.15 (1.62–2.85)	1.42 (1.18–1.70)
No dental insurance ^a	NS	0.67 (0.61–0.74)	0.42 (0.26–0.67)	1.62 (1.28–2.05)	0.78 (0.66–0.93)
No usual source of medical care	1.77 (1.56–2.00)	1.99 (1.81–2.20)	NS	3.96 (3.05–5.14)	1.37 (1.14–1.65)
Did not receive all needed medical care ^b	NS	NS	0.030 (0.004–0.200)	2.99 (1.11–8.03)	2.83 (1.78–4.51)
Reason for unmet medical care need					
Health plan problem	NS	NS	NE	NS	5.91 (2.39–14.6)
No one accepts child's insurance	0.27 (0.10–0.76)	NS	NE	NS	6.26 (1.77–22.2)
No insurance	NS	NS	NE	NS	0.21 (0.08–0.51)
Cost	NS	0.36 (0.16–0.82)	NS	NS	NS
Transportation	NS	NS	NE	20.40 (2.51–165.50)	NS
Treatment is ongoing	6.08 (1.36–27.1)	NS	NE	20.70 (2.44–174.60)	NS
Any problem getting specialty care	1.36 (1.07–1.72)	NS	2.98 (1.35–6.56)	NS	NS
Needed but did not get all needed prescription medications in past 12 mo	1.66 (1.25–2.22)	1.96 (1.51–1.55)	NS	NS	NS
Did not receive all needed dental care ^c	NS	2.10 (1.63–2.70)	NS	2.21 (1.09–4.45)	2.42 (1.56–3.75)
Reason for unmet dental care need ^c					
Transportation	NS	NS	16.70 (1.82–152.60)	5.10 (1.55–16.7)	NS
Dentist did not know how to provide care	NS	4.51 (1.67–12.2)	14.90 (2.44–90.80)	10.3 (1.40–94.0)	NS
No one accepts child's insurance	NS	NS	11.00 (1.63–74.10)	NS	NS
Inconvenient times or could not get an appointment	NS	NS	NS	5.43 (2.05–14.40)	NS
No dental insurance	NS	NS	0.06 (0.01–0.42)	0.06 (0.02–0.19)	NS
Cost	NS	0.60 (0.41–0.90)	NS	0.12 (0.04–0.35)	NS
Treatment is ongoing	NS	NS	NE	5.33 (1.46–19.50)	NS

Multivariate analyses were, except as noted below, adjusted for primary language spoken at home, child's age and health insurance coverage, caregiver's educational attainment and employment status, number of children in the household, number of adults in the household, and poverty level. NS indicates not statistically significant; NE, not estimable, because of small sample size.

^a Adjusted for primary language spoken at home, child's age, caregiver's educational attainment and employment status, number of children in the household, number of adults in the household, and poverty level.

^b Only if child made a physician visit in past 12 months.

^c Only for those making a dental visit in past 12 months; adjusted for primary language spoken at home, child's age and dental insurance coverage, caregiver's educational attainment and employment status, number of children in the household, number of adults in the household, and poverty level.

Data source: the NSCH.

of being uninsured, whereas Asian/Pacific Islander children were less likely to be uninsured (Table 6). All of the nonwhite racial/ethnic groups, except for Asians/Pacific Islanders, also were more likely to have had sporadic insurance coverage in the past year. Native Americans had almost double the odds of whites of lacking dental insurance, whereas Asians/Pacific Islanders, African Americans, and multiracial children were less likely to lack dental insurance.

Compared with white children, Native Americans had 4 times the odds, African Americans and Latinos approximately double the odds, and multiracial children 1.4 times the odds of having no usual source of medical care (Table 6). Native Americans and multiracial children had approximately triple the odds of whites of not receiving all of their needed medical care, whereas Asians/Pacific Islanders had substantially lower odds of unmet medical care need. Multiracial children had ~6 times the odds of unmet medical care need because of health plan problems and no one accepting the child's insurance. For other barriers resulting in unmet medical needs, Latino parents were less likely to cite no one accepting the child's insurance, multiracial children's

parents were less likely to cite no insurance, and African American parents were less likely to cite cost. Native Americans had a 20 times greater odds of transportation problems as the cause of unmet medical needs, and parents of Latino and Native American children were more likely to report ongoing treatment as a reason for unmet medical needs.

Both Asian/Pacific Islander and Latino children were significantly more likely than white children to have a problem getting specialty care (Table 6). Both African American and Latino children had approximately double the odds of whites of needing but not getting all of their needed prescription medications in the past year.

Multiracial, Native American, and African American children had double the odds of white children of not receiving all of their needed dental care (Table 6). Transportation problems were substantially more likely to be the reason for unmet dental care needs among Asians/Pacific Islanders and Native Americans. Asians/Pacific Islanders had 15 times the odds, Native Americans had 10 times the odds, and African Americans had ~5 times the odds of whites of unmet dental needs because of parental reports that the dentist did not know how to

TABLE 7 Multivariable Analyses of Racial/Ethnic Disparities in Use of Medical Care, Dental Care, and Prescription Medications Among US Children 0 to 17 Years Old (N = 102 353)

Measure	Odds Ratio (95% Confidence Interval) vs White Children				
	Latino	African American	Asian/Pacific Islander	Native American	Multiracial
No physician visit in past 12 mo	1.18 (1.02–1.36)	1.30 (1.17–1.45)	2.62 (1.76–3.90)	1.59 (1.21–2.08)	1.26 (1.02–1.55)
One more ED visits in past 12 mo	NS	1.19 (1.09–1.30)	NS	1.57 (1.21–2.02)	NS
Received no mental health care in past 12 mo	NS	1.74 (1.47–2.06)	5.11 (2.31–11.3)	NS	NS
No routine preventive dental visit in past 12 mo	NS	1.43 (1.28–1.60)	NS	1.36 (1.00–1.85)	1.41 (1.19–1.68)
Needs or uses prescription medication	NS	NS	NS	0.76 (0.57–1.01)	1.20 (1.03–1.38)
Not given prescription medication in past 12 mo	1.31 (1.18–1.46)	1.79 (1.64–1.95)	2.32 (1.65–3.25)	1.33 (1.04–1.71)	1.37 (1.19–1.57)

Multivariate analyses were adjusted for primary language spoken at home, child's age and health insurance coverage (or dental insurance coverage, in the case of preventive dental visits), caregiver's educational attainment and employment status, number of children in the household, number of adults in the household, and poverty level. NS indicates not statistically significant; NE, not estimable, because of small sample size.

Data source: the NSCH.

provide care. Unmet dental needs were significantly more likely because of no one accepting the child's dental insurance among Asians/Pacific Islanders and inconvenient appointment times or inability to get an appointment among Native Americans. Unmet dental needs because of no dental insurance were less likely in Asians/Pacific Islanders and Native Americans and because of cost were less likely for Native Americans and African Americans. Native Americans were more likely than whites to cite ongoing treatment as a reason for unmet dental needs.

Use of Medical Care, Dental Care, and Prescription Medications

All 5 of the nonwhite racial/ethnic groups of children were significantly more likely than white children to have made no physician visit in the past year (Table 7). Both Native Americans and African Americans were more likely to have made ≥ 1 ED visit in the past year. Asian/Pacific Islander and African American children had greater odds of white children of having received no mental health care in the past year.

African American, multiracial, and Native American children had significantly greater odds than white children of having had no preventive dental visit in the past year (Table 7). Multiracial children were more likely and Native Americans less likely than white children to need or use a prescription medication, whereas all of the nonwhite groups of children were significantly more likely than white children to have not been given a prescription medication in the past year.

DISCUSSION

Disparities for Nonwhite Racial/Ethnic Groups

The study findings document that racial/ethnic minority children in the United States experience multiple disparities in medical and oral health, access to care, and use of services. Compared with white children, all 5 of the minority groups were significantly less likely (after adjustment) to have had a physician visit and to have been given a prescription medication in the past year. Compared with white children, at least 3 minority groups had significantly greater adjusted odds of suboptimal health status and con-

dition of the teeth, being OARO, asthma, no health insurance, sporadic health insurance in the past year, no usual source of medical care, unmet dental care needs, and no routine preventive dental visit in the past year.

These data indicate that minority children in America often face a "triple threat" of greater risks of suboptimal medical and oral health status, impaired access to medical and dental care, and lower receipt of prescription medications and essential medical and dental services. The reduction and elimination of such disparities, therefore, may require innovative, comprehensive approaches and conceptual frameworks, including considering the family and community milieu of the child,⁶ carefully disaggregating socioeconomic status and race/ethnicity,⁷ consideration of disparities as a quality issue,⁸ and understanding the interplay of both underlying risk status and differential access to effective interventions.⁹

Disparities for Latino Children

Certain disparities are particularly marked for specific minority groups, and appreciation of these noteworthy disparities may be useful for clinicians, health systems, and policy makers addressing the needs of diverse populations. More than one third of Latino children had suboptimal (not excellent or very good) health status, and more than one half had suboptimal condition of the teeth, the highest proportions of any group, and Latino children had approximately double the adjusted odds of white children of suboptimal health status and teeth condition. As has been documented in several other studies over 3 decades,^{10–14} Latino children had the highest prevalence of being uninsured, at 21%, and double the adjusted odds of uninsurance compared with white children. Approximately one third of Latino children had no usual source of medical care and one-third encountered a problem getting specialty care, and Latino children had significantly greater adjusted odds than white children of no usual source of medical care, not getting all of their needed prescription medications, and having problems getting specialty care.

Disparities for African American Children

African American children experienced the greatest number of disparities of any racial or ethnic group in

medical and oral health status, with significantly greater adjusted odds than white children for 8 measures. African American children had approximately double the odds of white children of suboptimal health status and teeth condition. More than half of African American children were OARO, and they had approximately double the adjusted odds of whites of OARO. African American children had the highest prevalence of limited abilities (9%) and difficulty with emotions, concentration, behavior, or interpersonal relations (25%), disparities that persist after adjustment. Consistent with other recent national data,¹⁵ African American children had the highest asthma prevalence of any racial or ethnic group, although the magnitude (18%) in this study exceeded that of previous work; after adjustment, African Americans still had double the odds of asthma versus whites. African American children also had a particular high prevalence and greater adjusted odds of skin allergies and speech problems. For access to medical and dental care, African American children had significantly greater adjusted odds than white children of sporadic insurance, no usual source of medical care, unmet prescription medication need, unmet dental need, and dentists not knowing how to provide care as the reason for unmet dental need. Similar to previous research, African Americans were found to have greater odds of ≥ 1 ED visit, no routine preventive dental visit, and not receiving a prescription medication in the past year.^{14,16,17}

Disparities for Asian/Pacific Islander Children

Asian/Pacific Islander children experienced significantly better medical and oral health status than white children for 8 indicators, including substantially lower adjusted risks of limited abilities; needing or getting special therapy; emotional, developmental, or behavioral problems needing treatment or counseling; learning disabilities; ADHD; depression or anxiety; behavior problems; bone, joint, or muscle problems; and developmental delay. The magnitude of these lower risks ranged from 2 to as much as 5 times lower odds compared with white children. This is the first report (to our knowledge) to support such consistently and substantially lower risks for Asian/Pacific Islander children. The data do not permit determination of whether these findings might at least in part reflect reduced access to care, resulting in a lower likelihood of physician-diagnosed conditions, functional limitations, and treatment. Of note, Asian/Pacific Islander children had significantly lower adjusted risks than white children of lacking medical or dental insurance and having unmet medical care needs.

In contrast, among those needing specialty care, approximately half of Asians/Pacific Islanders experienced problems getting specialty care (the highest prevalence for any group), and they had the highest adjusted risk of problems getting specialty care, at triple the odds of white children. Asian/Pacific Islander children also experienced substantially higher adjusted odds of unmet dental care need because of transportation problems, the dentist not knowing how to provide care, and no one accepting the child's insurance, with odds that range from 11 to 17 times greater than for white children. In

addition, Asian/Pacific Islander children had the highest adjusted odds of having made no physician visit, receiving no mental health care, and receiving no prescription medication in the past year.

Consistent with these findings, previous work reported Asian/Pacific Islander children's disparities for no contact with a physician in the past year and no medication receipt in the past 3 months (for certain subgroups).¹⁸ However, this is the first published study (to our knowledge) to report that Asian/Pacific Islander children experience a unique constellation of better medical and oral health, better health and dental insurance coverage, and fewer unmet medical needs but substantially higher odds of problems obtaining specialty care, selected barriers causing unmet dental needs, fewer physician visits, no mental health care, and lower receipt of prescription medications in the past year.

Disparities for Native American Children

Native American children were at particularly high risk for OARO, with the highest prevalence (55%) and greatest adjusted odds (more than double) versus white children. The prevalence of diabetes mellitus among Native American children (1%) was the highest for any racial or ethnic group, exceeding the prevalence of this disease in other racial/ethnic groups of children by 2 to 10 times. One in 9 Native American children needed or got special therapy, by far the highest prevalence, and Native Americans had approximately twice the adjusted odds of whites of needing or getting special therapy. Native American children also had an especially high prevalence of hearing or vision problems, which, at 6%, is double to triple the prevalence among other racial or ethnic groups, and Native Americans had approximately double the adjusted odds of whites of having hearing or vision problems.

Native American children had the worst access to medical and dental care, both in terms of the sheer number of disparities (a total of 6) and the magnitude. Native Americans had the highest adjusted odds of any racial or ethnic group of children of lacking health and dental insurance and being sporadically insured, at approximately double the odds of white children for all 3 of the outcomes. Native Americans had substantially greater adjusted odds than whites of no usual source of medical care, at quadruple the odds, of unmet medical care needs, at triple the odds, and of unmet dental care, at double the odds. Transportation problems were a substantial reason for unmet medical and dental needs, and other important reasons for unmet dental needs included the dentist not knowing how to provide care and inconvenient appointment times or not being able to get appointments.

Native American children had the highest adjusted odds of ≥ 1 ED visit in the past year, at double the odds of white children. Previous research on ED use in children could not report ED use rates for Native American children because of small sample sizes,^{14,19,20} so the current study findings fill an important gap and document a previously unreported (to our knowledge) risk for Native Americans. Compared with white children, risks of

no physician visit and no routine preventive dental visit in the past year were significantly higher for Native Americans. The study findings complement previous research documenting poor condition of the teeth in Native American children²¹ and disparities in leading health indicators among Native American adolescents.²²

Disparities for Multiracial Children

Very little has been published on disparities for multiracial children,¹⁶ most likely because of insufficient sample sizes for this group in most national databases. Multiracial children experienced multiple disparities in medical and oral health status. They had significantly higher adjusted odds than white children of suboptimal health status and teeth condition and the highest odds of limited abilities, digestive allergies, and difficulties with emotions, concentration, behavior, or interpersonal relations. Multiracial children had 1.4 times the adjusted odds of asthma versus white children, and the prevalence of asthma among multiracial children, at 15%, was second only to African Americans. Multiracial children had significantly greater adjusted odds of digestive diseases than any other group, and they had significantly higher odds of asthma and skin allergies, at levels exceeded only by African American children.

Multiracial children had significantly higher adjusted odds versus white children of being uninsured and sporadically insured and had the highest odds of unmet dental care needs. They also had approximately triple the adjusted odds of whites of unmet medical needs and 6 times the odds of health plan problems and no one accepting the child's insurance as the reasons for unmet medical needs, distinguishing multiracial children as the only minority group experiencing higher risks for these reasons. Multiracial children also had the highest risk of unmet dental care needs, at more than double the adjusted odds of whites. They also had significantly greater odds than whites of no routine preventive dental visit in the past 12 months, need or use of prescription medication, and not being given a prescription medication in the past 12 months.

This is the first study (to our knowledge) to report health and health care disparities for multiracial children using nationwide data. A recent study of children with special health care needs²³ found high unmet need for vision care among multiracial children, consistent with our findings of high unmet medical and dental care needs for the general population of multiracial children.

Disparities in Overweight

Consistent with recent national data,^{24,25} the study findings document a high prevalence of OARO among US children, ranging from more than one third to more than one half of children, depending on the racial or ethnic group. Previous analyses, however, did not have adequate sample sizes to assess overweight and OARO among Asian/Pacific Islander, Native American, and multiracial children or among Latino children as a whole (ie, other than Mexican American children), so the current study eliminates key knowledge gaps. The study

findings reveal that Native American children have the highest prevalence of OARO, at 55%. Although nationally representative data on overweight among Native American children have not been available previously, these findings are consistent with high levels of OARO reported for individual tribes, Native American populations in specific regions, and multiple tribes across the country.^{26–30} NSCH data also revealed a high prevalence of OARO among Asian/Pacific Islander children, at 35%, equivalent to the prevalence in white children. These are the first published national rates (to our knowledge) for Asian/Pacific Islander children; the only comparable data come from a study of young children in Hawaii, which found no difference in overweight risk in Asian versus white children, but significantly higher adjusted odds of overweight for Samoan children.³¹ Multiracial children were also found to have a high prevalence of OARO, at 40%; no other published studies have examined OARO among multiracial children. Caution should be exercised in interpreting NSCH BMI data, however, because these data are based on parentally reported height and weight, rather than actual measurements.

Consistent with previous work,^{24,25} high OARO prevalence rates were found for African American (52%), Latino (47%), and white (35%) children. These NSCH rates are higher than those reported in analyses of the 1999–2002 National Health and Nutrition Examination Survey (NHANES) for African American (35%), Mexican American (40%), and white (28%) children, which may be because of several factors: (1) weight and height in the NSCH were derived from parental reports, whereas weight and height were directly measured in NHANES subjects; (2) the NSCH analyses were based on children 0 to 17 years old, whereas NHANES analyses examined children 6 to 19 years old; and (3) the NSCH data (2003–2004) are somewhat more recent than the NHANES data (1999–2002).

Importance of Inclusion of All of the Major Racial/Ethnic Groups and Multiracial Children

The study findings document the importance of including all of the major racial/ethnic groups and multiracial children in analyses of racial/ethnic disparities in the health and health care of children. Many studies of racial/ethnic disparities are limited to comparisons of whites, African Americans, and Latinos or even just whites and African Americans. In this study, omission of Native American, Asian/Pacific Islander, and multiracial children would have resulted in many unique disparities being missed and several of the highest prevalence rates being ignored for multiple health, dental, access, and use-of-services outcomes. These results suggest that special efforts should be made to collect and analyze data for all of the racial/ethnic groups and multiracial children, particularly when a comprehensive, accurate assessment of disparities is required.

Study Limitations

Certain study limitations should be noted. The NSCH did not collect data on racial/ethnic subgroups or tribal groups,

subcategories known to be important in identifying health care disparities,^{5,18,32,33} so important subgroup differences and the heterogeneity of individual racial/ethnic groups could not be examined in additional detail. The children's conditions were identified by parental report, not direct physician diagnosis, so the prevalence of conditions could be overestimated or underestimated, and there could have been racial/ethnic variation in parental perception and assessment. NSCH data were collected only on the primary language spoken at home and not parental limited English proficiency, although the latter language measure has been shown to be more useful when examining health status, access to care, and use of services.³⁴ NSCH interviews were conducted only in English and Spanish³; it is unclear how many households had to be excluded because the parent or guardian did not have adequate proficiency in English or Spanish. NSCH data also were not available on the immigration status of children or parents.

Study Strengths

A main strength of this study was that analyses were performed for all 5 of the major US racial/ethnic groups. In addition, disparities also could be examined for multiracial children. Additional strengths included the large, nationally representative sample of >102 000 children and the comprehensive set of outcomes in the NSCH that encompassed medical and oral health, access to care, and use of services.

Practice and Policy Implications

The study findings suggest several important action steps that may prove useful in the reduction and elimination of racial/ethnic disparities in children. Previously unreported and substantial disparities in Native American, Asian/Pacific Islander, and multiracial children indicate the need for more comprehensive data collection, analyses, and monitoring on disparities in all of the major racial/ethnic groups and multiracial children. Stark disparities in nonfinancial barriers to care, sporadic insurance, and lack of health insurance suggest an urgent need for improvements in access to care and reductions in unmet needs. The pronounced disparities for specific racial/ethnic groups and multiracial children may serve as a useful guide for clinicians and public health providers for tailoring preventive and routine care, treatment, and programs aimed at reducing disparities. Targeted community-based interventions may prove especially effective in eliminating racial/ethnic disparities, as has been documented in a recent randomized, controlled trial.³⁵ Federal legislation aimed at reducing racial/ethnic disparities in health and health care, such as the Minority Health Improvement and Health Disparity Elimination Act³⁶ and the Community Health Workers Act of 2007,³⁷ could potentially have a major impact on the reduction and elimination of disparities.

CONCLUSIONS

Racial/ethnic minority children in the United States experience multiple disparities in medical and oral health, access to care, and use of services. Certain disparities are

particularly marked for specific racial/ethnic groups, and awareness of these noteworthy disparities may be useful for clinicians, health systems, and policy makers in optimally addressing the needs of diverse populations. Multiracial children also experience many disparities, including the highest odds of limited abilities, digestive allergies, unmet dental care needs, and difficulties with emotions, concentration, behavior, or interpersonal relations. Reduction and elimination of racial/ethnic disparities in children may require more comprehensive data collection, analyses, and monitoring of disparities in all of the major racial/ethnic groups and multiracial children, improvements in access to care and reducing unmet needs, and targeted community-based interventions.

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