



Friday, September 11, 2020

7:00 am	Welcome <i>Eric McCarty, MD</i>
7:05 am	Opening Remarks <i>Richard Rokos, Head Ski Coach of 8 Colorado Ski Team National Championships</i>

Shoulder - General

7:10 am – 7:20 am	Evaluation of the Painful Shoulder <i>Braden Mayer, MD</i>
7:20 am – 7:30 am	Adhesive Capsulitis: The great imitator <i>Michelle Wolcott, MD</i>
7:30 am – 7:40 am	Treatment of the Painful Shoulder with US Guided Treatments <i>John Hill, DO</i>
7:40 am – 7:50 am	Physical Therapy for the Painful Shoulder: What are the basics to get our patients better? <i>Ellen Shanley, PhD, PT, OCS</i>
7:50 am – 7:55 am	Q&A
7:55 am – 8:00 am	Break

Shoulder – Instability

8:00 am – 8:10 am	Evaluation of Shoulder Instability in the Athlete <i>Rachel Frank, MD</i>
8:10 am – 8:20 am	We Can Treat Shoulder Instability Without Surgery <i>Ellen Shanley, PhD, PT, OCS</i>
8:20 am – 8:30 am	Arthroscopic Stabilization in the Contact Athlete <i>Eric McCarty, MD</i>
8:30 am – 8:40 am	Arthroscopic Stabilization: Tips for success <i>Robert Hunter, MD</i>
8:40 am – 8:50 am	What About Bone Loss? What do we do and when? <i>Jonathan Bravman, MD</i>
8:50 am – 9:00 am	Q&A, Cases
9:00 am – 9:20 am	Break

Shoulder – Rotator Cuff

9:20 am – 9:30 am	Anatomy, Biomechanics and Healing of Rotator Cuff <i>Braden Mayer, MD</i>
9:30 am – 9:40 am	Does Every Cuff Need to Get Fixed? What about non-op treatment? <i>Sourav Poddar, MD</i>
9:40 am – 9:50 am	Rotator Cuff Repair: The essentials <i>Ted Schlegel, MD</i>
9:50 am – 10:00 am	Massive Cuff Tear: Fix it or tendon transfers? <i>Jonathan Bravman, MD</i>
10:00 am – 10:10 am	Massive Cuff Tear: Partial repair or SCR are great options <i>John Kelly, MD</i>



VIRTUAL FALL SYMPOSIUM 2020

10:10 am – 10:20 am	Massive Cuff Tear: When reverse shoulder replacement is the way to go <i>Adam Seidl, MD</i>
10:20 am – 10:30 am	Know the Principles: Rehabilitation after rotator cuff repair and guidelines for return to play <i>Ellen Shanley, PhD, PT, OCS</i>
10:30 am – 10:45 am	Q&A, Cases
10:45 am – 10:50 am	Break

Keynote Address

10:50 am – 11:25 am	How to Stay Energized for a Lifetime <i>John Kelly, MD</i>
11:25 am – 11:30 am	Break

Elbow

11:30 am – 11:40 am	Evaluation of the Painful Elbow <i>Fraser Leversedge, MD</i>
11:40 am – 11:50 am	Elbow Tendon Injuries in the Athlete: Triceps/Biceps <i>Adam Seidl, MD</i>
11:50 am – 12:00 pm	UCL Injuries in the Athlete: Who can be treated non-op and who needs surgery <i>Tom Noonan, MD</i>
12:00 pm – 12:10 pm	What About Epicondylitis? Surgery or non-op? <i>Frank Scott, MD</i>
12:10 pm – 12:20 pm	Q&A

Shoulder - General

12:20 pm – 12:30 pm	The Painful Youth Shoulder: What needs rehab and what needs surgery <i>Aaron Provance, MD</i>
12:30 pm – 12:40 pm	Biologics in the Upper Extremity? What can it help? <i>Jason Drago, MD</i>
12:40 pm – 12:50 pm	Proximal Biceps Tendon: Go ahead and cut it, they will do fine <i>Tom Noonan, MD</i>
12:50 pm – 1:00 pm	Proximal Biceps Tendon: Tenodesis it, the outcomes are predictable <i>Rachel Frank, MD</i>
1:00 pm – 1:10 pm	Q&A
1:10 pm	Conclude