

**Pre-Anesthesia Instructions (Anschutz Inpatient Pavilion) 12605 E. 16th Avenue,
Aurora, CO 80045**

Your surgery has been **scheduled** at the **Anschutz Inpatient Pavilion**.

On the afternoon before your surgery between **2:00 and 4:00 p.m. please call 720-848-6070** to find out the time of your surgery. If your surgery is on a Monday, or following a Monday holiday, call on the previous Friday afternoon between 2:00 – 4:00 p.m. **At that time you will be told where to report and what time.**

If you become ill prior to your surgery (cold, fever, upset stomach, etc.) or if you have any questions, call 720-848-0000. Ask for the Resident for the Neurosurgery Service. Or you may also call 303-372-0100 and leave a message stating the problem. We will return your call at 6:00 a.m.

Instructions for Surgery

Stop any medications that cause bleeding 10 days before surgery. Medications that are known to prolong bleeding time are: aspirin, ibuprofen, Indocin, Naprosyn, Aleve or any products taken for pain that contain aspirin. Tylenol and acetaminophen products are safe to take.

Do not take in any solid food or milk **for 8 Hours before** the check in time of your surgery unless otherwise instructed.

Up until **2 hours before** the time you check-in for surgery, you may continue to drink **ONLY CLEAR LIQUIDS**.

The ONLY acceptable clear liquids during this time include:

Water and Sodas or Gatorade

8 ounces of black coffee or tea (no milk, creamer or non-dairy creamer)

Juices-apple, cranberry – anything you can see through (without pulp),

Starting two hours before your check-in time, stop all liquids. This includes **NO ORANGE JUICE!!**, chewing gum, or sucking on hard candy.

Take only the medication you have been instructed to take. – DO NOT TAKE ASPRIN OR ANYTHING WITH ASPRIN.

Please follow these instructions strictly. This will avoid unnecessary discomfort, delays, or possible cancellations for yourself during and after your surgery.

Other Special Instructions

A bath or shower is recommended the night before or day of surgery or procedure.

Wear clothing that will be comfortable and easy for you to put on following your procedure.

Please bring your insurance card and a photo ID. Also bring your pharmacy card, if you have one.

DO NOT bring jewelry, hairpieces, contact lenses, etc.

DO NOT wear make-up or perfume.

Please allow extra time for parking. Park in front of the **Anschutz Inpatient Pavilion**.

If you have packed a suitcase, please leave it in the car until you have a room assignment.

If you go home, you must have someone available to take you home. (They are welcome to wait in the Waiting Room). Driving a car, operating machines or appliances, making major decisions or ingestion of alcohol should be avoided for 24 hours after anesthesia.

Please call Lucille Moreno-Peacock at 303-724-2289, Dr. Lillehei's Patient Affairs Coordinator if you have any questions.

Thank you.

Dr. Kevin Lillehei, MD
Colin Catel, PA
Lucille Moreno-Peacock, Patient Affairs Coordinator

For more information regarding preparing for your surgery please go online University of Colorado web site – your visit, preparing for surgery