

NEW EXERCISE STUDY FOR PARKINSON'S ENROLLING NOW



What are we investigating?

- The ExCITES-PD study examines the impact of exercise on sleep and cognition in Parkinson's.



Future Impact?

- Better outcomes and treatments tailored to each individual, *not* a "one size fits all" approach to care.

Do I qualify?

- 45 years of age or older
- Diagnosis of Parkinson's
- No contraindications to exercise



What is involved?

- 12-24 weeks of exercise rehabilitation
- 33 total weeks in study
- Testing such as brain scans, sleep studies, and questionnaires
- If enrolled, participants are compensated for their time.



Interested in learning more or participating?
Contact us!



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