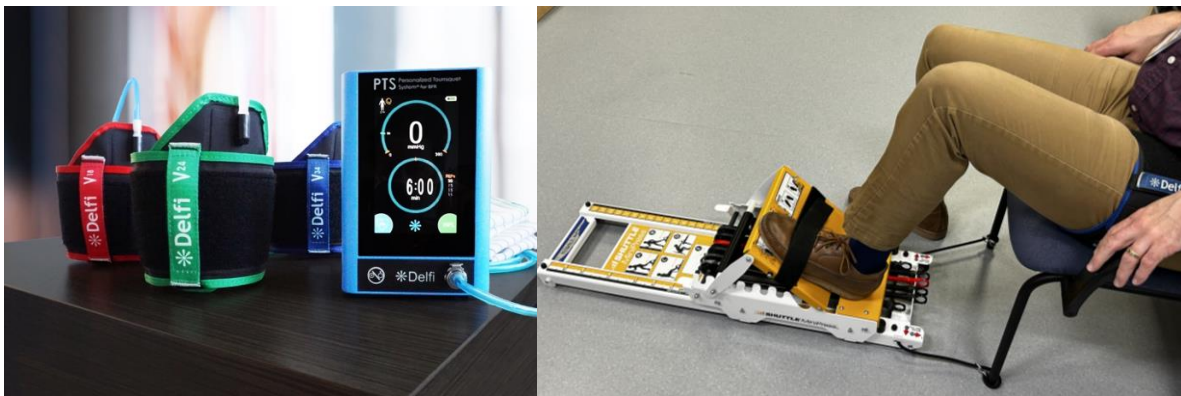


Low-load resistance training with blood flow restriction in people with impaired mobility due to Parkinson Disease

This research study proposes to investigate a strengthening program using blood flow restriction to improve strength and mobility in people Parkinson Disease who have walking limitations.



Inclusion: People with PD who have at least some difficulty walking

Exclusion: Minimal PD symptoms or no problems with walking

Participants must be willing to undergo strength training exercises using blood flow restriction performed in-person 2x/ week under supervision of physical therapist for 8 weeks.

All participants will receive exercise intervention.

Compensation Provided

If you are interested in participating or have more questions, please contact with Mark Mañago 303-724-0247 or

Mark.Manago@cuanschutz.edu.