

University of Colorado - Anschutz Medical Campus
Department of Psychiatry Monthly Newsletter



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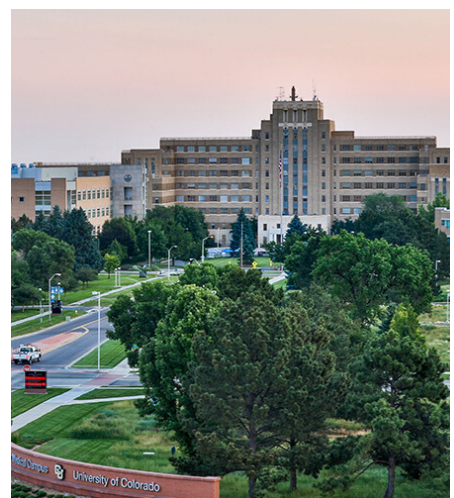
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A NOTE FROM THE GOOD NEWS TEAM

We are very excited to present the members of The Good News Team:

Claudia Iannelli (co-chair), Cecilia Aguirre Villagomez (co-chair),
Shannon McWilliams (good news author), Kristen Raymond (copy
editor/staff spotlight), Shaleeta Pearson (member), Aileen Norton (copy
editor) and Melissa Sinclair (member). Please visit our submission page
where you can share questions, comments, shout outs or ideas for a
future article. You can also indicate if you wish to join The Good News
Team and specify how you want to help!

Click on this box to be directed to our submission page!



SUPPORTING SUCCESS for us, for life.

the Good News

DEPARTMENTAL HOLIDAY GIVING INITIATIVE

The Department of Psychiatry has been actively participating in opportunities to give back to the community throughout the year. Most recently, the DoPsych joined the Staff Council School Supply drive for local families. Tim Oakberg, who lead the Department's effort on this drive, shared that he was proud of the Department's response to the Aurora Public Schools' Welcome Center. Tim said, " The Welcome Center serves refugee and immigrant families, many of whom are new to Aurora and the school system. We collected well over 100 needed items for our friends in the community."

During this Holiday Season, the Departmental Giving Committee members selected several organizations and families to sponsor including Peer I, the Comitis Crisis Center and five local families. Peer I houses 85 male clients at the ARTS (Addiction Research and Treatment Services) program and this year Peer I is in need of long-underwear, socks, gloves and winter hats. Many of the men work outdoors and these items will help keep them warm. According to Angi Wold at ARTS, "Last year the Department of Psychiatry graciously supported the ARTS Peer I program with a giving initiative that provided our men with much needed items and they were overwhelmed with gratitude. Your continued support of the ARTS Peer I program helps men successfully transition back into the community and your support is greatly appreciated." For more information about ARTS programs, please click [here](http://www.artstreatment.com) or visit www.artstreatment.com.



Located just outside of the AMC campus on the northeast corner, the Comitis Crisis Center helps homeless families and individuals dealing with trauma, addiction and mental health issues. Lois Lilienthal has been donating to the Comitis Center for several years and explains why she continues to donate to this organization, "I was driving past the Center and saw so many families with young children which broke my heart. Seeing school buses pick up the little kids made me realize this is a long term deal for the families living there." The Comitis Center requests donations of men's clothing including coats, pants, socks, jeans, sweatpants, and hoodies. Paper goods such as plates, utensils, and cups are also needed.

The department has also selected five families served in our CU clinics. Three families were selected from the UCHHealth Outpatient clinic and two families from the CU START Clinic. Tamara Saunders describes her thoughts on giving to these families, "Giving is special any time of the year. But, one of the most delightful activities of the holidays is the opportunity to share with our patients and their families during the holiday season. These are families dealing with issues of abuse, neglect and other problems, who may not receive gifts this holiday season." A wish list from these families will be added to our donation sign-up list.

Please consider donating to these causes during this season of giving. Items can be dropped off outside of the elevators on both the 2nd and 4th floors of the Fitzsimons Building on or before December 13, 2019.



Be on the lookout for the Sweet Season Giving Candy Cane Monitors posted throughout the department showing how close we are to our donation goal.



THE GOOD NEWS INITIATIVE



GOOD NEWS! The Department-branded Thank You and Great Job notes are now available! They are a great way to say thank you to a co-worker who has gone above and beyond the call of duty! Our goal is to see these widely used throughout the Department to celebrate the hard work and dedication happening everyday on our team! Look out for an email from your unit manager with the electronic versions and more information on where you can get paper copies.

If you're sending a thank you or great job note to a colleague via email, consider including their supervisor so they also know what a great job they did!



Have a Good News story idea, shout out, publication, team spotlight nomination or other recognition you want to see included in next month's newsletter?

You can click on this box to be directed to the submission page where you can share your Good News with us so we can share it with everyone else!



CALL FOR ALL 2019 GOOD NEWS PHOTO SUBMISSIONS!



The Good News Team is looking to highlight all of the exciting things our faculty and staff have experienced in 2019 in a photo collage! We are seeking photos of all your Good News! Some examples include graduations, welcoming a new child, engagements and weddings, getting a new pet, purchasing or moving into a new home or any other good news you'd like to share!

Use The Good News submission link to send us your pictures with descriptions for inclusion in the final Good Newsletter of 2019!



Department Happenings



Thida Thant, MD presented to faculty of the School of Medicine - Department of Obstetrics and Gynecology on *Involuntary Treatment: Mental Health Hold Versus Decision Making Capacity*



meistertask



Are you in need of a tool to manage your academic or clinical projects, writing deadlines, or lab operations? The

DoPsych has recently secured a rate agreement with software program Meistertask. For \$20 per year, you can

access all the benefits, including collaboration with colleagues, track time spent on projects, increase work efficiency, and never lose track of deadlines. Please reach

out to Garrett.Latimer@cuanschutz.edu if you'd like to purchase a license or **click on this box** to be directed to a presentation with more info about the program!

PURPLE NEEDS FACULTY MENTORS!

Who: We need .5 FTE and greater DoPsych faculty to serve as mentors for the fifth year of the Psychiatry Undergraduate Research Program and Learning Experience (PURPLE).

What: PURPLE interns go through a rigorous application and interview process before being matched with a DoPsych faculty mentor. Interns then complete an original research project under mentor supervision, culminating in oral and poster presentations at the Anschutz PURPLE Symposium. We anticipate accepting 6-10 highly-qualified undergraduates for this year's cohort. Interns come from a wide variety of backgrounds and universities around the country and are provided a stipend for their time.

When: May 25th-August 14th, 2020. Interns commit 20-25 hours per week to assist faculty with their research, attend classes on professional development and research skills, and participate in clinical shadowing.

Where: An informational meeting to discuss the program expectations will be held Wednesday, December 4th at 11:30 a.m. (directly before department meeting) in Nighthorse Campbell Native Health Building, Room 103.

How: If you are interested in hosting an intern next summer, please complete the mentor survey by Monday, December 9th. We will notify mentors of selection by January 2020. Please e-mail Emmaly.Perks@cuanschutz.edu with questions.



TEAM SPOTLIGHT STACEY L'HOMMÉDIEU

Stacey's nominator said, "Stacey was so kind and welcoming when I started as a new staff member in the University. She is so positive, dedicated and kind. I know I can always go to her if I need help or feedback about something I'm working on."

Please enjoy her Q&A below!

? **When did you start working for the DOPsych at Anschutz?**

✓ I began in March 2017 with the Harris Program and recently took over the as the Program Manager for both the Harris Program and DPRG Training Program.

? **What has been your favorite part about working here?**

✓ Working with interesting, compassionate, caring people who are passionate about making a real difference.

? **What's your biggest professional goal?**

✓ To be able to utilize my gifts to the fullest and help other people reach their highest potential.

? **What was your very first job?**

✓ Retail associate at Geoffrey Beene and IZOD in Gurnee, IL. I am quite the polo shirt folder to this day!

? **What accomplishment are you most proud of to date?**

✓ Outside of my three kids, maybe skydiving? This was years ago ... not sure I would jump out of a perfectly good plane at this point in my life!

? **What is your favorite season of the year and why?**

✓ Fall. Something about soups, spices and a chill in the air that I love.

? **What's your dream vacation spot or trip?**

✓ I just came back from Anguilla in the Caribbean and it is my new favorite destination! I couldn't wrap my head around how beautiful the water and beaches were. Highly recommend!

? **What's your favorite book or movie and why?**

✓ 'Let's Pretend this Never Happened' by Jenny Lawson. I've never laughed so hard while reading a book and appreciate the author's brutal honesty.

Click [here](#) to be directed to the PURPLE mentor survey!



Shout Outs!

PUBLISHED!

The following list represents some of our faculty with recent publications!

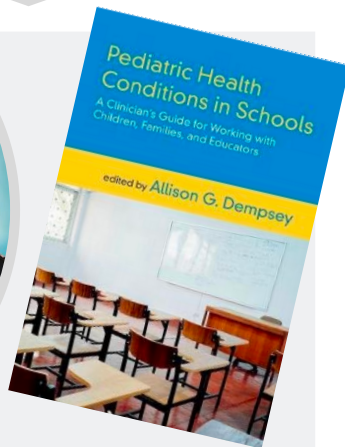
Amanda Law, PhD



Allison Dempsey, PhD



Pro Tip: Hover your mouse over the icons to be taken to a website with the full text available!



Allison Dempsey was editor of *Pediatric Health Conditions in Schools: A Clinician's Guide for Working with Children, Families, and Educators*.

GIVE IT UP FOR LINA PATEL!



Deborah Fidler and Lisa Daunhauer, two faculty members in Colorado State University's Department of Human Development and Family Studies, have received a five-year, \$2.9 million NIH grant to identify the best ways to measure cognitive function in children with Down syndrome from two to eight years old. They'll use a second \$500,000 NIH grant to identify early indicators of attention difficulties in children with Down syndrome. The Anschutz partner for both studies is Lina Patel, PsyD of the Anna and John J. Sie Center for Down Syndrome at Children's Hospital Colorado - a comprehensive clinic that has supported more than 1,700 patients since it opened in 2010.

When asked about the impact of the project, Dr. Patel said, "As a psychologist who directly works with individuals with Down syndrome every day, I see the dire need for not only providing more immediate support for these individuals and their families, but to also create assessment measures and evidence-based practices to help individuals with Down syndrome achieve their full potential. Dr. Fidler shares this vision with myself and many others, which has allowed for this incredible opportunity to marry the research and clinical care worlds in a beautiful collaboration."





We're so thankful!



During the month of November, the faculty and staff were asked to share what and who they were thankful for as a member of the Department of Psychiatry family. Check out a selection of the responses below!

Thankful
For Rachel Davis for giving me the chance ~~to~~ and opportunity to build and create this awesome OED program! ALSO for letting me be a part of something that brings so much fulfillment and meaning to my career life @EmilyH

Mandy, I'm thankful for the great lunch!



I'm grateful to work with people who understand the importance of work-life balance!

Thankful
I am thankful for the positive momentum and encouraging direction of our Department. We have wonderful people who want to do good together.

I'm thankful for wonderful colleagues all working towards the common goal of improving the lives of others!

I'm grateful for Dr. Coons!



grateful
I am thankful to work with an amazing group of people that make a difference in the lives of the people they serve
XOXO

Thankful
I am thankful for the amazing faculty and staff in our department! We are all dedicated and have embraced change and growth with grace and excitement. Thank you!!

Thankful
our wonderful nurse Amy and all the front desk staff!

I'm grateful that I can work in a job where I can make a difference.



SUPPORTING SUCCESS for us, for life.

Thankful
for Sara D.

grateful
Hey Team — Thank You for training me + welcoming me!