For more information or to schedule contact us at:

303-724-1646

Department of Psychiatry
Women's Behavioral Health and Wellness
University of Colorado School of Medicine
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Program Director:
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Licensed Psychologist

Connections Program
for High-Risk Infants and Families

Department of Psychiatry
Perinatal Mental Health Programs
Our Mission
To provide top-quality behavioral health services to women and infants with medical complications and their families during pregnancy and early childhood.

Our Team
Our team includes behavioral health providers with expertise in:
- Perinatal mental health
- Infant mental health and development
- Parenting children with special health care needs
- Pediatric and health psychology
- Reproductive and perinatal psychiatry
- Perinatal and neonatal loss
- Trauma and coping
- Grief and loss

Our Services
- Brief individual therapy during pregnancy and/or postpartum periods
- Infant-parent behavioral health services to support the transition from hospital to home
- Support for parenting a child with special health care needs
- Biofeedback for managing physiological reactions to stress during and after pregnancy
- Medication consultation
- Therapy groups:
  - Women with High-Risk Pregnancies
  - Mothers of Infants in the ICU
  - Mothers and Infants with Medical Complications after ICU discharge
  - Fathers

Who We Serve
- Women with high-risk pregnancies and fetal anomalies and their partners
- Parents of infants born with medical complications
- Infants/toddlers and families during and after neonatal, cardiac, or pediatric ICU stays

Frequently Asked Questions

¿Do you accept Medicaid?
Yes. We accept all Colorado Medicaid and some out of state Medicaid plans.

¿Do you accept private insurance?
Yes. We accept most major commercial insurance plans.

¿Do you offer telehealth services?
Yes. The majority of our services are offered in person and via telehealth.

¿Do I need a referral?
No. We accept both provider referrals and self-referrals.

¿Are services only available for mothers?
No. We offer services to support all family members.

¿Should I bring my infant to the visit?
You’re welcome to bring your infant, but this is not required. For the mother-baby group after NICU discharge, we do request that your infant attend the group with you.