

For more information or
to schedule contact us at:

303-724-1646



Department of Psychiatry
Women's Behavioral Health and Wellness
University of Colorado School of Medicine
Anschutz Medical Campus
13001 E. 17th Ave., Aurora, CO 80045

WBHW@cuanschutz.edu

Program Director:
Dr. Allison G. Dempsey
Licensed Psychologist

Connections Program
for High-Risk Infants
and Families



Our Mission

To provide top-quality behavioral health services to women and infants with medical complications and their families during pregnancy and early childhood

Our Team

Our team includes behavioral health providers with expertise in:

- Perinatal mental health
- Infant mental health and development
- Parenting children with special health care needs
- Pediatric and health psychology
- Reproductive and perinatal psychiatry
- Perinatal and neonatal loss
- Trauma and coping
- Grief and loss

Our Services

- Brief individual therapy during pregnancy and/or postpartum periods
- Infant-parent behavioral health services to support the transition from hospital to home
- Support for parenting a child with special health care needs
- Biofeedback for managing physiological reactions to stress during and after pregnancy
- Medication consultation
- Therapy groups:
 - Women with High-Risk Pregnancies
 - Mothers of Infants in the ICU
 - Mothers and Infants with Medical Complications after ICU discharge
 - Fathers

Frequently Asked Questions

? **Do you accept Medicaid?**
Yes. We accept all Colorado Medicaid and some out of state Medicaid plans.

? **Do you accept private insurance?**
Yes. We accept most major commercial insurance plans.

? **Do you offer telehealth services?**
Yes. The majority of our services are offered in person and via telehealth.

? **Do I need a referral?**
No. We accept both provider referrals and self referrals.

? **Are services only available for mothers?**
No. We offer services to support all family members.

? **Should I bring my infant to the visit?**
You're welcome to bring your infant, but this is not required. For the mother-baby group after NICU discharge, we do request that your infant attend the group with you.

Who We Serve

- Women with high-risk pregnancies and fetal anomalies and their partners
- Parents of infants born with medical complications
- Infants/toddlers and families during and after neonatal, cardiac, or pediatric ICU stays

