

We're here to listen.

# CU DENVER STUDENT AND COMMUNITY COUNSELING CENTER

We condemn acts of racial bigotry and violence, and the harm that this does to the individuals, families, and communities targeted. Black lives matter.

We are offering 30-minute drop in sessions to provide coping skills and a supportive space for those impacted by racial injustice.

Drop-in appointments are available via zoom for CU Denver students. Call our front desk at 303-315-7270 during business hours and mention you'd like support for recent events.

**Counselors available:**  
**Tuesdays 9AM-11AM**  
**Wednesdays 4PM-6PM**

*If you are experiencing a mental health emergency or are in urgent need of support, please call 303-615-9911.*