

Affordable Counseling Options

CU Denver Psychology Clinic, 303- 315-7080, 1200 Larimer Street, North Classroom Building, Suite 4036
<https://clas.ucdenver.edu/psychologyclinic/>

Offers individual therapy provided by psychology doctoral students for any Auraria campus student, for \$5 a session. Community members pay \$5-25 per session. They also provide psychological testing and assessment.

Maria Droste Counseling Center, 303-756-9052, 1355 S. Colorado Blvd Ste. C-100 Denver, CO 80222,
<http://www.mariadroste.org/>

Fees associated with level of expertise of counselor. Has interns through licensed practitioners available.

Denver Family Institute, 303-756-3340, www.denverfamilyinstitute.org, 7200 East Hampden Avenue Suite 301, Denver, 80024
Also 4891 Independence Ave., Suite 165, Wheatridge, CO 80333 (I70 and Kipling)

Counseling for Children, Adolescents, families, couples and Individuals. Sliding scale fee based on ability to pay - \$15 - \$50 for 50 minute session. No insurance. Accepts only cash or check

People House, 303-480-5130, 3035 W 25th Ave, Denver, CO 80211, www.peoplehouse.org

Counseling for Spiritual and Personal growth, depression, anxiety, anger, grief, self esteem, relationships, trauma recovery, sexual abuse, substance addiction, eating disorders, career counseling, and conflict resolution. Educational classes, workshops and groups are also offered. Sliding scale: Intern \$20-50 or private practitioners starting at \$80

Professional Psychology Center At University of Denver, 303-871-3626, 2460 Vine St., Denver, CO 80208

<https://psychology.du.edu/clinics/professional-psychology-clinic>

Child, Adolescent, Family/Couples, Adult counseling, Testing, Court ordered evaluations, Psychiatrist available for established clients. Sliding Scale fee of \$10-50 a session

Shepherds Gate Counseling Services at Denver Seminary, 303-762-6987, 6399 S. Santa Fe Drive, Littleton, CO 80120

www.denverseminary.edu/friend/index.php

Training program for graduate students. Serve clients without major mental illnesses. Treating adults, adolescents, children, families. Sliding scale from \$15 to \$40 per session based on household income; No insurance accepted.

Sheridan Health Services, 303-315-6150, 3525 W. Oxford Avenue | Unit G1 Denver, CO 80236
<https://nursing.cuanschutz.edu/patient-care/sheridan-health-services>

Integrative low-cost primary care, behavioral health, and psychiatric services. Offer services on a sliding scale.

Denver Element, 720-382-5900, 4242 Delaware Street, Denver, Colorado 80216, <https://denverelement.org/>

LGBTQIA+ specific counseling including individual therapy, group sessions, peer-to-peer support groups, and recovery groups. Other programs focused on queer youth, PREP, HIV+ support.

Regis Center for Counseling and Family Therapy, 303.964.5786, 500 E 84th Avenue, Thornton, CO 80229

<https://www.regis.edu/about/regis-in-the-community/center-for-counseling-family-therapy/>

Counseling for individuals, children, couples, and families. Master's level graduate student clinicians. Sliding scale fees from \$0 up to \$30.

Tepeyac Community Health Center, 303-458-5302, 5075 Lincoln Street, Denver, CO 80216 <https://www.tepeyachealth.org/>

Offers primary and preventative care to Latino and Hispanic communities at a sliding scale rate. Services include behavioral health and wellness, medical care, dental care, and health coaching. Behavioral health includes individual therapy, couples and family counseling, and support groups. All providers are bilingual.

Open Path Collective, <https://openpathcollective.org/>

Low cost option designed for those without insurance or those with insurance that does not fully cover mental health services. One-time "lifetime" fee gets you access to private practice providers who provide individual therapy for \$30-60 a session and couples/family therapy for \$30-80 a session.