

THE HANDY HAND WASHING GUIDE

by Pat Noonan

1



Roll up sleeves

2



Turn on warm
water

3



Get hands wet

4



1 pump of soap

5



Rub both hands
together to make
bubbles

6



Give my hand a
piggyback and
SLIDE

7



Give my other
hand a piggyback
and **SLIDE**

8



Fold my hands 3
times

9



Give myself a
handshake and
TWIST

10



Give other hand
a handshake and
TWIST

11



Grab my thumb
and TWIST

12



Grab my other
thumb and TWIST

13



Make my hand a
worm and DIG
into my hand

14



Make my other
hand a worm and
DIG into my hand

15



Grab my wrist
and TWIST

16



Grab my other
wrist and TWIST

17



Rinse the soap
off of my hands

18



Dry my hands
with a paper
towel

19



Turn off water
with paper towel

20



Throw paper
towel away

GREAT WORK MY FRIEND!!!