



## Colorado Clinical and Translational Sciences Institute (CCTSI)

UNIVERSITY OF COLORADO **DENVER** | **ANSCHUTZ MEDICAL CAMPUS**

# Biography

I was born and raised in Durango, Colorado, and Colorado has always been my home. I grew up in a very loving family who have always supported my many adventures and activities, from sports, to world traveling, hiking and camping adventures and so much more. I have a very large close-knit family, blended, extended, and wedded into. I graduated from the University of Colorado in Boulder in 2011 with a bachelor's degree in Speech, Language, and Hearing Sciences. Shortly after graduation, the mountains were calling and so was the man who since 2014 has been my husband. I moved without hesitation to the small town of Gunnison, Colorado, where I explored the things that are most important to me: food and the gifts of Mother Earth. I was led to honor them through gardening, farming, culinary creations, and nutrition. I eventually had the courage to run a small business in Durango as a private chef and culinary creator and later moved to the San Luis Valley where I took on the lead role for the San Luis Valley Local Foods Coalition Cooking Matters Campaign. I also spent a lot of time working on our Farm To School Task Force, as well as planning and coordinating our annual harvest celebration, and working at our summer Farmer's Markets. I feel deeply rooted to the San Luis Valley and so proud to call it home, where I connect not only with the people, but the land, water, and animals that abundantly surround us. My husband and I just welcomed our precious daughter, Mya Lily, into the world on August 5, 2019 and we are deeply blessed and grateful. We are so looking forward to this new role as parents and continue to strive to be the best we can for ourselves, each other, and our community. In our free time we love to be outdoors, hiking, mountain biking, trail running, fishing, rafting, snowboarding, hunting, and more than likely are accompanied by our two dogs on our many adventures.