WELCOME!

Upcoming things to watch for:

- October social event: pumpkin painting in Wash Park
  - 10/14/23 at 12:30pm
- Mental health, medicaid, SNAP/food insecurity
- 10% off at Zero Market (Stanley Marketplace and Edgewater locations) throughout the month of October
EVENTS

- October
  - Town Hall for students to discuss mental health needs on campus (or do we want to do this in November?)
  - Who, what where, when, why????
    - What are the experiences across different professional programs?
- November
  - Food giveaway event - lets try to do it during an IPE session - 11/8/23?
  - Still need to think about what food to put in the bags --> When will we need to order these items? Are we going to work with office of student health promotion on this? Do we want to add anything else?
    - Gift cards, coupons to go in the bags, turkey coupons (nothing expired)
MENTAL HEALTH SURVEY- WORKSHOP

- Feedback on the app?
  - No delay while messaging for Maureen
  - Building a relationship with a therapist is really beneficial- is this possible within the app?
  - Added 988 number to the back of the student ID badge

- What else do we need right now?
  - Next meeting can be used to work on the survey
  - We will look at the questions and think about things to add --> invite people to the meeting to add more questions
  - Right now, questions are fueled by anecdotal information from SOM students --> broaden to other schools unless we have a specific reason to keep it within the SOM
    - Add question about the program folks are in
    - Let's talk about goals and outcomes next week
MENTAL HEALTH SURVEY WORKSHOP

- Feedback on Telus app --> share through email or over a zoom meeting with Anna and Maureen
- Add which program students are in
- Mandatory questions will be about wait times when students answer yes to seeking out care
Medicaid

Further concerns?

- Issues at CU-Boulder of getting medicaid as well --> can't get care through the school on Medicaid?
- Do students know about Dawn Clinic? --> Maureen will ask about this
- CHC is understaffed --> want to rehire so they can see students more regularly
- Won't accept Kaiser medicaid --> have to work through Kaiser website
- Students should have resources to get care, if they are not eligible for on-campus care
- Is student insurance rep focused on student health insurance or can they help more broadly?
- Colorado Peak rep could maybe come talk and offer support?
- If you have student insurance, student resident mental health provides mental health support with no co-pay
- Do we want to address this in an upcoming event alongside of mental health concerns?
SNAP

Other concerns?

- What are the requirements to qualify, and how many students will actually qualify?
- Do we want to do any education/resources on this?
- Should we do something where we talk about how to store food throughout the year?
- Would it be helpful for our group to do more food distribution events?
- Could we bring a farmers market to campus?
- Supplementing more food resources for students
- We have the money to do food distribution
- Craig’s office does care kits at the end of the semester --> partner up with them
- Pasta, sauce, sweet potatoes, vegetable pouches, canned veggies, beans, tortillas
- Put bags together at meeting prior to the event --> gave out 500 bags last winter
- Student insurance: simplified document with a description of what students are entitled to (infographic would be a good way to present this information)

- Medicaid: get in contact with someone that can answer questions for students
  - Colorado PEAK is a good resource, otherwise we may need to reach out to people from specific counties to help us make zoom recordings that we could post on the SHPC website for students to refer back to
  - Reach out to school social worker, Maureen also has contact with potential resources

- Health promotion work --> does anyone screen for medicaid eligibility
  - Tepeyac community health clinic could be a model
  - Does stride have anything like this?
  - Social workers on campus --> should we reach out to them as our first resource
ACTION STEPS

- Anna and Maureen to reach out to social workers on campus
- Anna to look more into CO PEAK, waiting to reach out based on if social workers can help us
- Joey, Roopa, Anna, and Maureen to meet to talk more about survey
- Joey to build survey on Redcap
- Fatima and Michelle Bui (still asking her about this; graphic design skills) to work on infographic about health insurance
- Anna and Maureen to ask about vending machines --> who fills them?
- Craig
  - Need information on date when food bank is doing their food drive and if they want to partner with us for our distribution event
  - Order food for distribution event and see if we can use the room next to Woodgrain to distribute or the hallway outside of Ed 1304
  - Craig to reach out to insurance person for more information for Fatima and Michelle
- Upload powerpoints from last week and this week to SHPC page. Also send in email.