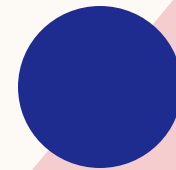


# **CLOTHING SWAP**

9/28/23

**BRING IN THINGS  
YOU LOVE, BUT  
NEVER WEAR**



# **VOLUNTEER OPPORTUNITIES**

- Clothing bin set up
- Getting the word out to classes via announcements to instructor's w/flyer
- Table representatives on 9/28
- Transporting remaining clothing for donation

The image features a central light pink circle containing the text 'REDUCE REUSE RECYCLE'. To the right is a large ring divided into a red left half and a dark blue right half. On the left, there is a blue triangle and a red triangle meeting at a point. The background is white.

**REDUCE  
REUSE  
RECYCLE**



# **THANK YOU**

Email

[shpc@cuanschultz.edu](mailto:shpc@cuanschultz.edu)

# NOTES

- Mental health

- Sending google surveys about obstacles, problems, and access to mental health services

- Craig to pull data from past surveys -> wait times, staffing, etc.
- Telus Health app -> Craig receiving quarterly data from the app to see how much usage there has been. Information will be shared in a few weeks
- Would it be helpful for SOM to survey some students about their experience?
- Town hall meeting after gathering data? Need to be clear about our asks before holding a meeting
- Craig is supportive of gathering further student data

Advocates for mental health group could be a group to work with. There has maybe been leadership changes -> not great communication. Craig going to reach out to see who is in charge.

Do we want to survey students in the meantime?

More providers would be good. Long wait times right now. Anecdotal information right now, but we need more information about what students are experiencing.

- If there is a wait time, are students familiar with other resources?
- Are students aware of Telus mental health services?
- Chat was responsive, but we should test it further
- What is the wait time?
- Would it be helpful to have someone come talk to the group about why it is structured the way it is currently?
- On-call and walk-in providers -> can meet someone in person when needed; this is insurance based so that could be a cost barrier
  - Out of pocket payment is pretty standard compared to other providers. Would a sliding scale payment be an

Stride? -> sliding scale treatment. SOM faculty offered to provide further resources if wait times are long.

# MENTAL HEALTH CON

- SOM students qualify for medicaid, but barriers to access
  - Case management team might be able to help?
  - Students have heard that staff can't help because students are supposed to sign up for school insurance
  - Staff member helps students with waivers and getting enrolled, but Craig not sure if she is able to help with medicaid apps
  - Bring in someone to talk about medicaid/insurance apps and services

## SNAP resources also needed

- food pantry working on promoting information about this --> SHPC could work with the food pantry on this
- Students can share how they have navigated the system

## Campus Health Center overbooked

- Make a list of providers that take student health insurance off campus
- Issues with access and wait times

# ACTION ITEMS

- Test out Telus Health
- Share previous data and reports about student experience
- Create survey and share to other students on the committee to share with their contacts --> launch in October, keep open for 1-2 weeks
- Reach out to Advocates for Mental Health to see what their leadership situation is
- Reach out to insurance contact to see if they can support students more broadly
- Connect with food pantry to discuss SNAP education