

RESILIENCY & RECOVERY MEETINGS

RECOVERY-BASED
COMMUNITY
SUPPORTING
CU ANSCHUTZ
STUDENTS AND
TRAINEES

WEEKLY MEETING

**IN-PERSON: NIGHORSE CABELL
NATIVE HEALTH
ROOM 103
OR JOIN BY ZOOM:**



**CONTACT THE GROUP:
RESILIENCYANDRECOVERY@GMAIL.COM**

New Meeting Time & Place

SAFE SPACE

- No registration. No sign in.
- Anonymous and confidential.
- Inclusive to all who care to join.

MEET WEEKLY

FRIDAYS AT 12:00PM-1:00PM

ROOM 103 NIGHORSE BUILDING

- Student-led meetings.
- No traditional structure / agenda.
- Open to all forms of discussion.

GET INVOLVED

As our group grows, helps us plan:

- Events.
- Ally Trainings.
- Organized Meet-Up Activities.

JOIN US

**BUILD COMMUNITY
SUPPORT SUCCESS
CONNECT WITH RESOURCES**



Office of Student
Health Promotion

UNIVERSITY OF COLORADO
ANSCHUTZ MEDICAL CAMPUS