CORONAVIRUS (COVID-19) UNIVERSITY RESOURCES AND GUIDELINES

The most up-to-date resources from the University can be found using the following link: cuanschutz.edu/coronavirus. Please bookmark this page in order to stay apprised of the latest University updates, resources and guidelines, throughout this pandemic.

Please note that all of guidelines , information, and links provided below, were resourced from various webpages from the University, as well as the CDC.

COVID-19 SYMPTOMS

Per the CDC, people with the following symptoms, may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

These symptoms may appear **2-14 days after exposure to the virus.** The CDC will continue to update the symptoms on their website. We would advise that you bookmark their webpage in ordrt to stay informed on the latest information.

SELF-REPORTING

Per the following University guidelines, it is **required** that you complete the online self-report, if you fall in any of the following groups below:

- You have had prolonged contact of 10 or more minutes, in close proximity of 6 feet or less, with someone who has a confirmed case of COVID-19.

- You are under quarantine by direction of a public health agency or medical provider, and/or awaiting test results for COVID-19.

- You have been informed by a public health agency or a medical provider that you have tested positive or are presumptively positive for COVID-19.

- You believe you are experiencing coronavirus symptoms.

If you fall into any of the above groups, then we are asking that you follow the three steps below:

1. Let your professor or mentor know

2. Follow the recommendations of the public health agency or medical provider.

   o You must follow [CDPHE guidance](#) and self-quarantine for 2 weeks If you have had prolonged contact of 10 or more minutes, in close proximity of 6 feet or less, with someone who has a confirmed case of COVID-19.

3. [Submit your self report](#)

CAMPUS SAFETY MEASURES AND PROTOCOLS

At this time, the University has implemented the following [safety measures](#), to all students, faculty and staff whom have been invited and approved to return to campus. Any updates to these measures can be found on the following [webpage](#).

How to Return to Campus

Before Returning:

- Be invited and approved to return by leadership

- Take the required, one-time Skillsoft training "[CU: COVID-19 Return to Campus - CU Denver | Anschutz](#)"

3 Daily Steps Once Approved to Return:

1. Complete the health questionnaire before arriving on campus, and bring your confirmation email to a designated check-in point

   o Access the questionnaire through [this new, easy-access link](#) daily prior to arrival on campus

   o Or scan the QR code posted at check-in locations to access

2. Bring & wear your CU Anschutz badge and a [face covering](#) at all times, indoors and outdoors

   o Only exception if working alone in a closed workspace

3. At the designated check-in point (listed below):

    o Show your confirmation email

    o Get your temperature taken

    o Pick up your wristband in a specific color for each day

How to Stay Safe

- From the check-in point, go directly to your **workspace**
- Follow **donning and doffing protocols** for scrubs, uniforms and PPE in healthcare settings
- Stay **6 feet away** from others at all times
- **Do not gather**, meet or congregate at any time, inside or outside
- Follow all **posted signage**, floor markings and schedules
- **Disinfect** your workspace and practice hand hygiene
- Use only the closest **restrooms or break rooms** during the day
- Hold all **meetings remotely** rather than in person
- Direct questions to your **COVID official or supervisor/unit head**. Research COVID officials listed here. Officials for education, administration, and other areas to be identified.
- Leave campus immediately if you feel sick, inform your supervisor and self-report

LEARNING REMOTELY

Students should plan and prepare for remote learning, for most of their courses, throughout Fall semester of 2020 and tentatively throughout the Spring semester of 2021. Below are some helpful resources on how to prepare for remote learning and how to be successful while learning remotely.

REMOTE LEARNING: https://www1.ucdenver.edu/offices/office-of-information-technology/get-help/learning-remotely

NAVIGATING CANVAS: https://www1.ucdenver.edu/offices/office-of-information-technology/get-help/learning-remotely/accessing-course-content

SUCCESS AS A REMOTE LEARNER: https://www1.ucdenver.edu/offices/office-of-information-technology/get-help/learning-remotely/how-to-succeed-as-a-remote-learner

STUDENT SUPPORT

Student Resources: https://www.cuanschutz.edu/education/student-resources

The University encourages any student experiencing stress, anxiety and fear to contact the **Campus Health Center** (303-724-4716) for a free and brief consult regarding the coronavirus pandemic.