



| School of Pharmacy Career Services

CU Skaggs School of Pharmacy career development begins in the first year and continues each year, deepening career readiness through graduation.

Career Services offers assistance that will enhance professional development and career skills related to: 1.) career and self-*discovery*, 2.) networking and job application *development* and 3.) targeted job search or post-graduate training *delivery*. (See graphic on page 2– The CU Pharmacy Career Plan).

As students engage in the career planning cycle through curricular and co-curricular activities, they achieve proficiencies to apply throughout their career development. Success is achieved by navigating the career plan cycle multiple times throughout pharmacy school when pursuing opportunities such as internships, unique APPE rotations, residencies, and employment as a pharmacist.

Career Services offers answers to the following FAQs:

What type of help can students expect from Career Services?

Career Services has developed the CU Skaggs Career Plan to guide students and alumni to prepare proactively for career opportunities and make career decisions and transitions. Students and alumni receive resources, strategies, and techniques in exploring and discovering career opportunities, developing employment or residency application materials, and searching for opportunities that fit individualized career goals.

Can Career Services help students find an internship? What about a job after graduation?

Students receive coaching on ways to engage potential employers with the highest degree of professionalism, provide techniques to increase the likelihood of securing employment, and guidance based on individual employment choices.

When should students start working with Career Services?

There is tremendous value in starting your career preparation early. Career Services offers workshops, activities, events, and individual advising sessions each semester for P1-P4 students.

How do students contact Career Services?

Pharmacy students may schedule virtual or in-person appointments, browse the career, residency, fellowship resource library, and search internships and jobs, by logging into [Handshake](#) using their cuanschutz.edu email. Contact Laurie Sein directly at laurie.sein@cuanschutz.edu or 303.724.0250.



**Skaggs School of Pharmacy
and Pharmaceutical Sciences**

UNIVERSITY OF COLORADO **ANSCHUTZ MEDICAL CAMPUS**

The CU Pharmacy Career Plan

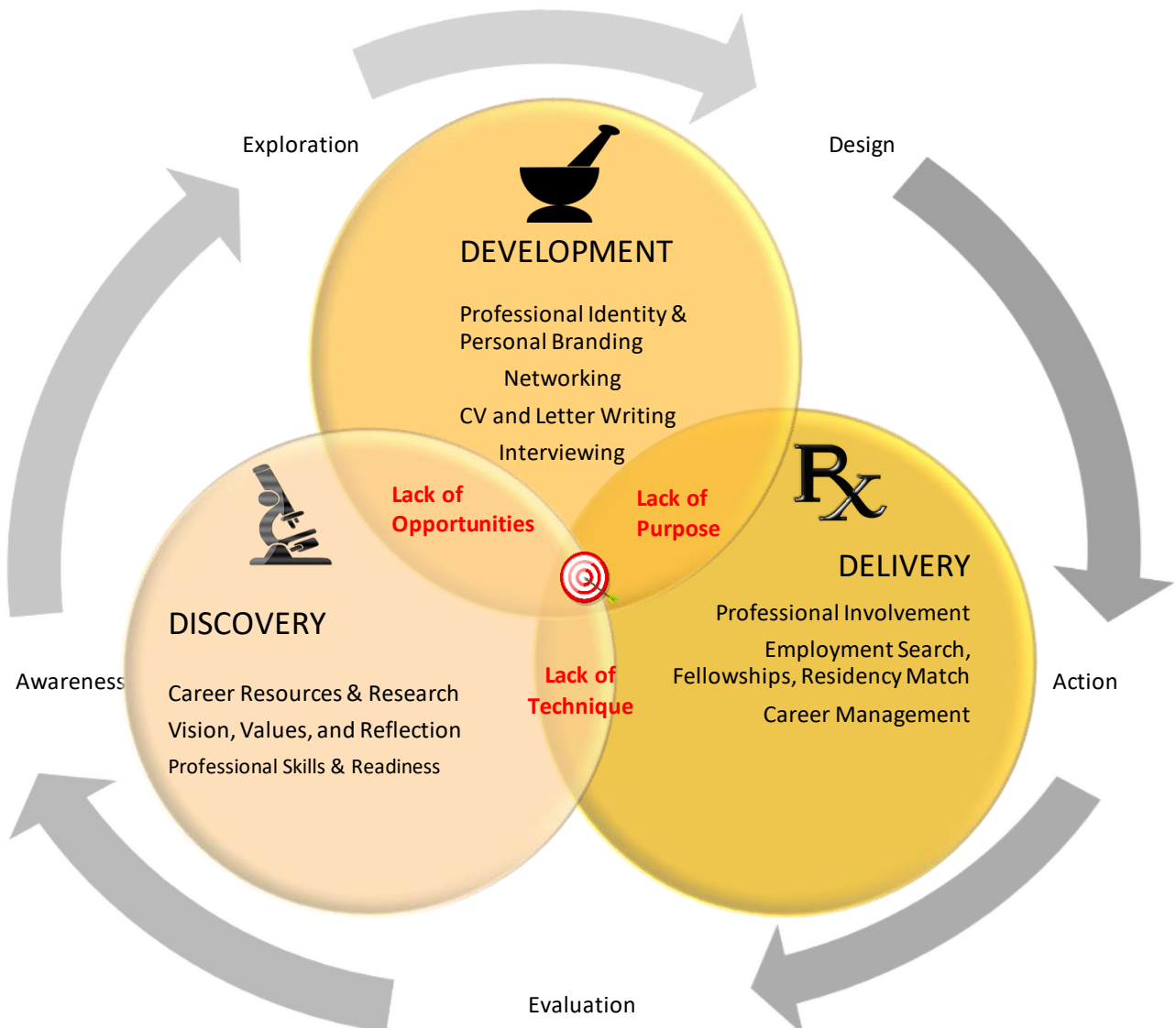
The outer ring represents student progression through the career plan. Students can work through the career plan at a speed and frequency that is appropriate for them to achieve their professional and practice development goals.

Gain awareness of career opportunities and begin exploring. It is typical to start the career plan in the career DISCOVERY stage and establish positive professional behaviors. As students learn about their pharmacy practice interests, values, and strengths, they conduct informational interviews with practicing pharmacists to learn more about their curiosities, and begin considering experiences such as, a) pharmacy internships in a variety of settings, b) unique summer, local or national pharmacy internships, c) clinical research, d) professional organizations and officer roles.

Discover opportunities to visualize and design the future. Students self-select co-curricular and extracurricular activities to shape how they will demonstrate an approach to patient and practice standards and professional development standards. Connecting and articulating their participation in these activities on their CV, letter of intent, and with a mentor are important steps in anticipation of preparing for the future.

Develop a plan and set actions. As students progress through the career plan, they make both short-term and long-term career goals, finding themselves discovering opportunities they wish to pursue after graduation, developing job application materials, and applying for prospective positions.

Evaluate to achieve desired outcomes. The intensity in which students gain experience through APPE rotations increases the need to start making career decisions. Students may find themselves in a position of accepting their first post-graduate opportunity or discovering an entirely new area of pharmacy in their APPE and cycle through the career plan again to set themselves on their career path. The CU Pharmacy Career Plan:





Career DISCOVER Skills

Career Research & Resources

Realize unique strengths and goals with local and national career resources to navigate pharmacy careers. Gain awareness of pharmacist career pathways, and take actionable steps toward your career.

- CU Skaggs Career Plan & Framework
- Career Resources (APhA Career Assessment, LIL, Onet)
- Career Research (HS and CareerResource Library with external links to national associations)

Vision, Values & Reflection

Complete intentional goal setting and reflection exercises to connect curricular and co-curricular experiences to pharmacy career pathways.

- Goal Setting and Individual Development Planning
- Career Exploration Fair
- Lunch and Learn Panel Discussions

Professional Skills & Readiness

Evaluate ways to strengthen behaviors of essential skills in leadership, communication, time management, critical thinking, interpersonal/teamwork skills, advocacy, and equity and inclusion.

- Professionalism and Emotional Intelligence Seminars
- Definitions and behaviors of Career Readiness Competencies & Standards 3&4 and self-assessment worksheet
- Informational Interview Guide

Experiential Practice Development

Evaluate professional behaviors in your experiential practice settings.

- PHRD 5909 Professional Development
- Story Slam & Reflective Mentor Program
- Introduction to Pharmacy Practice Experience (IPPE)
- Advanced Introduction Pharmacy Practice Experience (aIPPE)
- Advanced Pharmacy Practice Experience (APPE)
- Interprofessional Practice (IPE) and Ethics
- Optional Co-Curricular Activities; Professional Associations and Student Government



Career DEVELOPMENT Skills

Professional Identity & Branding

Craft your professional brand to deliver your value to pharmacy professionals in a clear, concise and compelling message.

- Personal Branding Workshop
- SOAR Analysis
- Professional Identity Statements: Worksheet

Networking & Relationships

Make connections with faculty and professional contacts through various pharmacy associations and online networking. Build a strong online presence and cultivate lasting mutually beneficial relationships.

- Essentials: The Power of Networking Workshop
- Career Edge: Purposeful Networking Workshop
- Maximizing Social Media and Digital Presence
- Enhancing the Mentor Relationship Tip Sheet
- Building a Profile and Navigating LinkedIn
- **Peer-Led Mentors, Faculty Liaison Meetings, Exemplory Professional Development (EPD) Mentor Program*

Resume / CV and Letter Writing

Land the interview by having a polished resume/CV that demonstrates value. Match your skills and strengths to the employer's requirements and appeal to the pharmacy manager by showing significance in your experiences.

- Essentials: CV/Resume Writing
- Career Edge: CV/Resume Strategies
- Writing Compelling Letters Worksheets & Workshops: Cover Letters, Letters Of Intent, Personal Statements and Thank You Letters
- References and Recommendations - A Guide to Receiving Favorable Feedback

Interviewing

Prepare professional stories as you take action to secure an internship, residency, fellowship or employment as a pharmacist.

- Essentials: Pharmacy Interview Techniques Workshop
- Career Edge: Ace Your Interview Workshop
- Interviewing Guide & Rubric
- Mock Interviewing Train the Trainer

Rx Career DELIVERY Skills

Employment Search, Fellowships & Residency Match Strategies

Plan and execute a comprehensive plan for your pharmacy career search.

- Strategies for a Successful Job Search Series
- Job Search Planning Workbook
- Negotiating Strategies & Assessing a Job Offer
- Residency Planning and Ranking Series
- Hire CU Pharmacy: Employment Interview Event

Professional Involvement

Promote your success and find opportunities to engage and advocate.

- Graduate Residency and Employment Reporting
- Engaging with the School's Pharmacy Affinity Corps
- Volunteering and Association Involvement
- Alumni Membership and Alumni Receptions

Career Management

Carry practices and techniques for finding career opportunities with you as you transition from school of pharmacy. Self-advocate for personal and professional advancement by leveraging strengths that are valuable for the next opportunity.

- Managing Transitions and Overcoming Frustrations
- Alumni Virtual Career Events
- Empowering Professional Growth (Awareness of Continuing Education, Advanced Degree Programs, and Certificates)