Your Family Care Benefits
Your Benefits Include:

Care.com Membership
Access to the largest online community for care for children, adults, pets, tutoring, housekeeping and more

Child Backup Care
Subsidized and vetted care for children when your regular care is not available

Adult Backup Care
Subsidized and vetted care for adults when your regular care is not available

LifeMart
Online platform providing offers and discounts on products and services nationwide

Backup Care Details:

- Benefit Year: Sept. 25 – Sept. 24
- 10 days per year
- $6/hr for in-home Backup Care
- $20/child/day for in-center Backup Care

For additional information or to enroll, go to: cuanschutz.edu/caregivers

Email for additional support: hr.familysupportprogram@cuanschutz.edu
Care.com Membership

Enjoy all the privileges that come with the Premium Care.com Membership

- Free! Enroll at cuanschutz.edu/caregivers
- Find help for regular and planned care needs for children, adults, pets, tutoring, distance learning, housekeeping and more
- Detailed profiles including experience, availability, reviews and ratings
- Background check options available
- 24/7 access via desktop, mobile web and Care.com App
Backup Care

Subsidized, vetted care for children, adults when regular care isn’t available.

- Request care at client cuanschutz.care.com or call 855-781-1303
- In-home or in-center childcare options,
- In-home backup care for adults can be used for your adult loved ones or yourself
- Personalized, needs-based matching from caregivers and centers in the Care.com Backup Care network.
- Plan ahead! Schedule care when you know your regular care will not be available

10 days of Backup Care per year (Sept. 25 – Sept. 24)
$6/hour for In-home Backup Care
$20/child/day for In-center Backup Care
**Adult Backup Care**
*Subsidized, vetted care for adults when it’s needed most.*

- Access via [cuanschutz.care.com](http://cuanschutz.care.com), or call **855.781.1303**
- Help to alleviate stress and missed work with in-home adult care.
- Caregivers can provide transportation to and from appointments, errands, and other locations
- Available for yourself, parents, grandparents, spouse, family members, and other adult loved ones across the United States
- Caregivers may be certified nurse’s aides, home health aides, or experienced elder care companions

10 days of Backup Care per year (Sept. 25 – Sept. 24)
$6/hour for In-home Backup Care
**LifeMart**
*Online platform providing offers and discounts on products and services nationwide.*

Save money on everyday expenses like:
- Child Care centers
- Senior care products and services
- Groceries and restaurants
- Pet Care
- Gym, fitness, and wellness
- Technology like computers and phones
- Legal and financial services
- Home goods
- Travel, hotels, and rental cars
- Tickets and entertainment
- Car buying and auto services
- Apparel
- And more

- Access today at [cuanschutz.care.com](http://cuanschutz.care.com)!
LifeMart – Accessing Tuition Discounts

To access Tuition Discounts through LifeMart log into your account via cuanschutz.care.com, scroll to the bottom of the page, and click ‘view all offers.’

Then click on Child Care and input your zip code to see what child care centers are offering tuition discounts in your area.
Additional Resources

• Monthly expert webinars

• Equal Parts Podcast featuring:
  • NYT Best Selling Authors
  • Childcare experts
  • Sleep specialists
  • Psychologists
  • Economists
  • And more!

• Care Resource Center: All webinar recordings and podcast episode are featured on the Employee Resource Center
Additional Information

Care@Work by Care.com Extended for 2022-23

Finding the right care for your team can be hard, and COVID-19 has created new challenges for all of us. As a CU student or medical campus, we are committed to helping you navigate these difficult times. Through Care.com, we provide a variety of flexible and part-time care options to help you balance professional demands with caring for your loved ones.

See Care.com's offerings and sign up.

https://cuanschutz.edu/caregivers

Additional Information
How to Access Your Benefit

1. cuanschutz.care.com
   Enroll on desktop or mobile web. **Note:** You’ll need your employee ID

2. Download the Care.com App
   Book care from anywhere!

3. Call 855-781-1303
   Want to talk to someone on our team? Give us a call, we’re here for you 24/7
Thank you

Reminder: Additional Care.com program information can be found at cuanschutz.edu/caregivers