




















June Workshop Calendar

Mon	Tue	Wed	Thu	Fri
13 ¹ Coping With Stress 10:00 am—11:00 am 	14 ² Take Control of Your Semester—Time Management 11:00 am—12:00 pm Learning Commons 	15 ² Take Control of Your Semester—Time Management 11:00 am—12:00 pm 	16	17 
20 ¹ Resume Basics 11:00 am—12:00 pm SC, 2000 	21 ² Study Smarter, Not Harder—General Study Skills 11:00 am—12:00 pm Learning Commons 	22 ² Study Smarter, Not Harder—General Study Skills 11:00 am—12:00 pm 	23 ³ TRIO SSS Financial Literacy: Managing Your Finances 1:00 pm—2:00 pm 	24
27 ³ TRIO SSS Financial Literacy: Budgeting Basics 11:00 am—12:00 pm SC, 2000 	28 ² Due Today ≠ Do Today—Avoiding Procrastination 11:00 am—12:00 pm Learning Commons 	29 ² Due Today ≠ Do Today—Avoiding Procrastination 11:00 am—12:00 pm 	30 ¹ Balancing School, Work, and Family 1:30 pm—2:30 pm 	

July Workshop Calendar

Mon	Tue	Wed	Thu	Fri
11 ¹ Coping With Stress Using Art 2:00 pm—3:30 pm SC, 2000 	12 ² Ace My Test: Test Taking Skills 11:00 am—12:00 pm Learning Commons 	13 ² Ace My Test: Test Taking Skills 11:00 am—12:00 pm 	14	15
18 ¹ Procrastination: Now or Later? 	19 ² Good Vibes: Wellness and Stress Management 11:00 am—12:00 pm Learning Commons 	20 ² Good Vibes: Wellness and Stress Management 11:00 am—12:00 pm 	21	22 

Please register and be on-time as professional courtesy to the presenter.

You should receive correspondence with either room location or zoom link information.

Complete your Online Evaluation Form for Workshops and Financial Literacy Sessions at: <https://bit.ly/3a9PqEi>.

REGISTRATION REQUIRED—Non-TRIO workshops are subject to change.

¹TRIO SSS Skill Building Workshops: Registration Required: RSVP at: <https://bit.ly/3wSapER>.

²Learning Resource Center Workshops: Registration Required: RSVP at: <https://www.ucdenver.edu/learning-resources-center/resources>.

³TRIO SSS Financial Literacy Workshop: Registration Required: RSVP at: <https://bit.ly/3wK3NqF>.