March Workshop Calendar

Mon	Tue	Wed	Thu	Fri
Make sure to complete the TRIO SSS Online Evaluation Form for Skill Building Workshops and Financial Literacy Sessions. https://forms.office.com/r/hZWNYBUGdf				1
4	5 1Wellness: Find Balance and Build Resiliency 1:30 pm—2:30 pm Zoom	Carrier Social Responsible Leadership 12:30 pm—1:30 pm Learning Commons, 2220 Zoom: 917 4872 1674	7 1Resume Basics 11:00 am—12:00 pm SC, Suite 2000	Organization: Getting It Together 11:00 am—12:00 pm Zoom
11 1 Motivation and Goal Setting 3:00 pm—4:00 pm SC, Suite 2000 Believe Yourself	3Midterm Reality Check w/TRIO SSS 11:30 am—12:15 pm In-Person Learning Commons	3Midterm Reality Check w/TRIO SSS 11:30 am—12:15 pm Zoom Coping w/Stress Using Art: Beading 12:30 pm—1:45 pm SC, Suite 2000 Undergrad Research Basics w/Liz Evans from URCA 2:00 pm—3:00 pm LynxConnect	4TRIO SSS Financial Literacy Session: Budgeting Basics w/Emily Schwartz from MidFrist Bank 2:00—3:00 pm Zoom	1st TRIO SSS Book Scholarship Deadline!
Spring Break No classes. Campus open.	19 Spring Break No classes. Campus open. First Day of Spring	Spring Break No classes. Campus open.	21 Spring Break No classes. Campus open.	Spring Break No classes. Campus open.
1What's Your Learning Style? 1:00 pm—2:00 pm Zoom	3Ace My Tests 11:30 am—12:15 pm In-Person Learning Commons	27 5Student Loans 11:00 am—12:00 pm Wellness Center Seminar Room 3Communicating with Your Professor 11:30 am—12:15 pm Zoom 2LEAD: True Colors 12:30 pm—1:30 pm Learning Commons, 2220 Zoom: 917 4872 1674	28	1Wellness: Find Balance and Build Resiliency 9:30 am—10:30 am Zoom

Legend for In-person, Zoom, and Hybrid Sessions.

HYBRID 🐯

IN-PERSON

ZOOM 🗅



REGISTRATION REQUIRED—Non-TRIO workshops are subject to change.

¹TRIO SSS Skill Building Workshops: Registration Required: RSVP: HERE

²Student Life and Campus Community LEAD Workshops: Registration is not required. Please see calendar for details.

3Learning Resource Center Workshops: Registration Required: RSVP: HERE

⁴TRIO SSS Financial Literacy Session: <u>Registration Required</u>: RSVP: <u>HERE</u>

⁵Wellness & Recreation Services Financial Wellness Workshops: <u>Registration Required</u>: RSVP: <u>HERE</u>