



THE PILLAR

A MONTHLY JOURNAL OF THE TRIO SSS COMMUNITY

"Helping Students Realize Their Full Potential"



April 2023
ISSUE

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Student Spotlight—Daniel Tran



The TRIO Student Support Services program is happy to highlight Daniel Tran in this month's edition of "The Pillar" newsletter. He is majoring in Music Business (Non-Audition Track). His favorite quote is, "I just want you to know that if you are out there and you are being really hard on yourself right now ... it's normal. That is what is going to happen to you in life. No one gets through unscathed. We are all going to have a few scratches on us. Please be kind to yourself and stand up for yourself, please." The quote by Taylor Swift resonates with Daniel because, everyone deserves to be on this planet as who they are. He noted that "They can make this world a better place with their identities. They will experience the positive and negative moments as they grow up, which is okay because this is part of life." This quote reminds him that nobody is perfect, and people will be hard on themselves at their low points. However, they will always have resources on-campus or elsewhere that will help them get back on their feet and continue being who they want to be on this planet. From talking to their therapist to being with their loved ones, there are many things people can do to feel they have a purpose in their lives, and they should do what they want to make themselves happy because we only have one life, and we should do what we always wanted to do on Earth. No matter how big or small the activities we are doing nor the number of times we have done the activities, we should enjoy the lives we have with our families, friends, and more."

When asked about his college experience Daniel noted, "My experience is like an extraordinary adventure with moments that changed my perspective on life forever. There are a lot of moments I reflect on from this path, but one thing that I'm most grateful for is the many people I have interacted with as an undergrad. I would not be where I am now if it was not for everyone I have met at events on-campus, in classrooms, and more." The three offices that Daniel would like to credit for the abundance of love and support include, 1) TRIO Student Support Services, 2) Center for Identity and Inclusion (CII), and 3) The Denver Scholarship Foundation (DSF). The reason he has chosen to mention these offices is because they have exposed him to perspectives that he never realized, helped him to improve his skills that he was lacking, and giving him an amazing community that he is happy to be with. He noted, "Bowing my head many times to show my gratitude could not surround this appreciation nor give back the kindness that was shared. The greatest thing the people in these communities have done for me is helped me improve of who I wanted to be in my life. These offices helped me see what I could do better and to prepare me to face it again in the future."

TO BE CONTINUED...

Spotlight Continued — Daniel Tran

Daniel was asked what his biggest challenge was while earning his degree. He mentioned that not reaching out to resources to help him pass his courses and understand his degree made his experience a little more difficult. When he was a first/second year student, he was told a lot about the resources that were available to him. He noted that he should have taken advantage of them. He used a few resources that were offered to him like the tutoring from the Learning Resources Center, and the accommodations from the Disability Resources & Services. However, he did not realize the importance of other resources that he never used when he was a third/fourth student like talking to a Counseling Center therapist about his emotions or improving his resume with the Writing Center. A valuable lesson he learned was to never be afraid of doing something outside your comfort zone. This took him some time to get out of his bubble and try things that would help him succeed in what he wants to accomplish in his life. He wished that he had visited these valuable resources on-campus because students can use these resources anytime in the week, can use these resources multiple times, and do not need to pay for these resources. The one thing he wished he was told when he started college was to participate in activities like internships, study abroad, and more. He stated, "I wanted to tell myself to not let anxiety hold me back of the activities I could have done to change my life forever." The experience he received from the activities that related to music and business, helped prepare him to graduate from CU Denver."



His short-term goal is to perform at a few more events by singing and dancing before he graduates, this way people do not forget who he is, and he is able to help them feel happy whenever they need it. Daniel's lifelong goal is to find ways to give back to his community that relates to music or entertainment. He stated, "For the future, I am looking for positions that let me do this as a career because this would be the cherry on top for me. I want to return the support of many friends, coworkers, advisors, and more for the success I gained! There are some who have interacted with me but have forgotten about me later, and some who do not want to follow me on my path after hanging out with me. In spite of that, I consider them to be part of my life. I was remembered for being my sister's little brother and still am now. However, with people in my life who gave me support from my heart; I've formed my identity and I'm grateful to be in this world with everyone and wish you luck on your endeavors!"

Daniel's favorite college memory is going to two events where he got to go to the mountains. He noted, "The first is the Inter Varsity at Auraria's Fall Conference 2022 with Asian American Inter Varsity at Buena Vista Colorado. The second is the AASS's Academic Success and Leadership Program's Retreat at the YMCA Rockies." He was then asked how TRIO has helped him and what advice he would give to other TRIO participants. He stated, "TRIO has helped remind me that I have the potential of making people feel happy. When TRIO provides me with academic advice, life advice, workshops, and checks up on me, my heart fills with happiness. It feels wonderful to have people genuinely care about me, makes me feel like I have a purpose to do great things, and gives me another reason to always have a positive attitude in my life. The advice I would give to other TRIO participants is to make meaningful connections with people they interact with and stay in touch with them. The reason is because anything can happen in this world where they will need someone or a resource from the university. This will be more important as they are about to graduate and go after their plans when they need letters of recommendations, opportunities to show their skills in front of people, etc."

If Daniel won a million dollars, the first thing he would do is travel around the world and do activities that he never got to do in his life like sky diving, go kart driving, and etc. He mentioned, "I never traveled outside of the United States by myself nor with my friends before. After college, I'm thinking of doing these activities when the opportunities arise with friends like going to a Parkour Gym, a Skate Park, and more." His hobbies and interests include playing games, watching anime, and performing at different events like Asian New Years. He would also like to continue making glorious memories with family and friends in his life. The TRIO SSS program wishes Daniel continued success on his academic, personal, and career endeavors. You did it!

Student Spotlight ~ Trudy Reed



The TRIO Student Support Services program is pleased to highlight Trudy Reed in this month's addition of "The Pillar" newsletter. She is majoring in Human Resources and Business Management and graduating this spring. Trudy had the opportunity to travel abroad and went to Cuba in January 2023. When she was asked about her experience she shared, "I was nervous and excited to go as I have not been out of the country for any extended length of time for quite some time. The trip was for two-weeks and there were 20-students that went, two faculty members, one staff member, and one guest, for a total of 24 not including our guide and bus driver that were both from Cuba. We had the best time. The weather was perfect, the food was awesome, everyone we met was so friendly and helpful." Trudy mentioned that many of the students spoke Spanish (however, she did not), but Google Translate worked well most of the time if there was not anyone around. The group traveled to Havana, Viñales, and Trinidad. In Viñales, they rode horses to a farm where they showed them how to roll cigars, and tasted rum. There were many sightseeing trips on foot, some by bus, and one by bike. They spent a couple of days at the beach, once when they were in Viñales and once in Trinidad. She mentioned, "I have never met a friendlier bunch of people than the ones we met when we were in Cuba. The sights were impressive to see and given the chance, I would go back again." Hence, if she were to win a million dollars she would like to travel back to Cuba with her husband.

Trudy's hobbies consist of spending time with her two old English sheepdogs and a toy poodle that takes up most of her time when she is not studying. When they are sleeping, she likes to read and play video games. She was asked about her short-term goals, which she has not had time to think about as she has only been focused on graduating and looking for employment. As for her long-term goals, she is not sure either, but she definitely knows that she does not want to attend graduate school.

She was asked about what her college experience was like. She noted, "I remember being terrified on the first day of class at both my community college and CU Denver because I am a non-traditional student. I figured that people would be staring at me for going back to school. To my surprise, no one was. I was like every other student. I worked in teams with many students, and we worked well together. I have really enjoyed my time here at CU Denver and am going to miss not having to come to class. I was excited each semester that I was on the Dean's list and even more excited when I was invited to and joined the National Society of Leadership and Success and Beta Gamma Sigma. These were both extreme honors for me. I also enjoyed being in TRIO since I started in my community college and when I transferred to CU Denver. TRIO has been an immense help to me in so many ways." Her favorite college memory is working with a few students that had the same work ethic as hers. She stated, "Working on an assignment together to get a good grade, even though the other students in our group refused to help showed me that there are others that still have a work ethic no matter what generation they are in."

Something she wished she was told when she started college was that, "Not getting an A in every class is not the end of the world. Getting a B or even a C is okay." She was then asked what the biggest challenge she faced while earning her degree. She mentioned, "Being a non-traditional student, it was a challenge to me when assigned to teams and finding out that everyone waits to the last minute to work on team assignments and get them completed. I am the type to work on things well in advance, so this was a new challenge for me to get used to. While I have had one or two team members/classmates that were not the best (I think we all have had that) everyone has been great to work with, I have had some that went beyond with me to get assignments completed on time."

TO BE CONTINUED...

Spotlight Continued— Trudy Reed

When asked how TRiO has helped her she states, “When I started with TRiO in my community college, I had a wonderful advisor there who would be available if I needed to talk, or if I needed advice. She helped me with so many things to get me started in my college career and I can never thank her for that. When she retired in my second year of college, I was sad but understood. My next advisor was also wonderful, and when I was graduating from community college, she was the one who advised me to join TRiO at CU Denver. My advisor at CU Denver is just as wonderful. She is there if I have questions, or just need answers. TRiO is a little different between the schools. Here at CU Denver, I am required to meet with a peer counselor, which I think is awesome. It gives me the opportunity to talk to someone that is going through what I am going through. TRiO requires me to take a financial wellness course, which I think is an incredibly innovative idea, as some people do need help with their finances. They also require a skill-building class or session and maintain a certain GPA. These things make a person accountable for themselves and I think that what TRiO has their students do is nothing that is hard to accomplish. I am going to miss talking with my advisor and peer advisors each semester, I always look forward to those conversations.” The advice she gives to other TRiO participants is, “Put everything you can into TRiO and you will get so much back. They are there to help you in so many ways and they will.”

Trudy's favorite quote is something that her mother told her years ago and stuck with her. “If you cannot fix it in two minutes, do not waste your time trying to fix it. By this she means if it can't be fixed in under two minutes then it is not worth fixing. The reason it is my favorite quote is because it applies to many things, and I have used it many times.” We would like to wish Trudy well in her career endeavors.

Campus Activities



Are you interested in being more involved on campus? If so, look below and check out upcoming events:

- ♦ April 04 - **Open Mic Night**, 3:00—5:00 pm, Tivoli Garage
- ♦ April 06 - **DCPA | Color Purple**, 5:00—6:30 pm, ACAD 2500
- ♦ April 12 - **Bingo Night**, 4:00—6:00 pm, Tivoli Garage
- ♦ April 13 - **Avalanche Game**, 5:30—7:00 pm, ACAD 2500
- ♦ April 14 - **Spring Formal Gala**, 6:00—10:00 pm, Tivoli 440-540
- ♦ April 19 - **Spring Fling**, 10:00 am—2:00 pm, Campus
- ♦ April 27 - **CU Concert**, Wellness Lawn

More Information on Instagram @cudencampusactivities

Juan Reveles Hernandez | TRiO SSS Peer Mentor

FOLLOW US FOR MORE FUN & INFORMATION!
INSTAGRAM @CUDENCAMPUSACTIVITIES

MAR 08	NUGGETS GAME 5-6:30PM ACAD 2500	MAR 15	BINGO NIGHT 4-6PM TIVOLI GARAGE
MAR 30	MOVIE NIGHT 5-7PM TURNHALLE	APR 04	OPEN MIC NIGHT 3-5PM TIVOLI GARAGE
APR 06	DCPA COLOR PURPLE 5-6:30PM ACAD 2500	APR 12	BINGO NIGHT 4-6PM TIVOLI GARAGE
APR 13	AVALANCHE GAME 5:30-7PM ACAD 2500	APR 14	SPRING FORMAL GALA 6-10PM TIVOLI 440-540
APR 19	SPRING FLING 10AM-2PM CAMPUS	APR 27	CU CONCERT WELLNESS LAWN

National Financial Literacy Month

National Financial Literacy Month is celebrated in April. It is a great way for people to take a step back and check and improve their financial situation and skills. Financial Literacy Month aims to promote, advocate for, and support financial literacy efforts across the U.S. Financial Literacy Month was first recognized in April 2004. It originated from youth literacy day, which came from National Endowment for Financial Education. In 2003, the United States Congress showed excellent support for Financial Literacy Month after the Senate Resolution and House Resolution requested President George W. Bush to declare April as the month of financial literacy.



It is important that we create opportunities for our students to have access to the right learning opportunities and preparation for whatever they will need in the future. Here is where you could go to learn more and develop your financial skills:

- CU Denver, Wellness & Recreation Services
- TRiO SSS Financial Literacy Workshops
- ENRICH Financial Planning

Hopefully, during April, you can learn more about financial literacy and how to make and spend money the smart way!

Student Spotlight—Astrid Flores



The TRIO SSS Program is also excited to highlight Astrid Flores, who will be graduating this semester with her Bachelor of Arts degree in Political Science and International Studies. She has been an active participant since the spring 2020 semester. Her favorite quote is “Things don’t always work out as planned, they work out better.” This quote is close to her heart because as she looks back at every challenge or re-direction that she has faced in her life, it has always led her to something better than she could have imagined. A piece of advice she would offer other participants is to be kind to yourself and to not compare your journey to others. When asked how TRIO has helped her she stated, “I am grateful to have found community and friendships within TRIO. I am forever grateful to have Sonia Valencia as a Peer Mentor, because she was one of few people who I could identify with.”

When asked about her college experience Astrid stated, “My college experience was better than I could have imagined. I am grateful for the mentors, friends, and family who spoke life into my dream of being the first in my family to obtain a bachelor’s degree. During my first year at CU Denver, I knew that I wanted to study Political Science but I never imagined that a required Spanish speaking culture course would inspire me to add an International Studies Major. Since then I have learned so much about Latin American History and culture, and truly

feel more connected to my roots as a Latina.” The biggest challenge Astrid faced during her undergraduate experience was being a full-time commuter and worker. She did not always feel that she had the time and ability to connect with other student’s on-campus. However, after the pandemic she made a goal to create space and engage with other students at school events. One thing she wished she was told when she started college was to have been reassured that everyone’s journey looks different and that’s okay.

Her favorite moment in college was being able to study abroad. She completed the CU Denver in Cuba: Exploring Music in Cuban Culture study abroad trip during the winterim semester. She noted, “Being able to study abroad in Cuba was a dream come true! During this trip, I was able to apply and expand my knowledge of Cuban history, culture and music.” Astrid was able to make friendships and engage in Cuban “descargas” or “Jam Sessions” with the local musicians. She will forever hold these memories in her heart and hopes to visit her friends in Cuba again.

Outside of school, she worked for the non-profit Project VOYCE. She served as a Peer Facilitator for VOYCE Academy and moved into the Stakeholder Manager & Fundraising Lead. Through this role, she learned that she is passionate about working to ensure that organizations she cares about have the tools and resources they need in order to fulfill their mission. This experience along with her CU Denver experience allowed her to combine two things she loves (activism and learning).

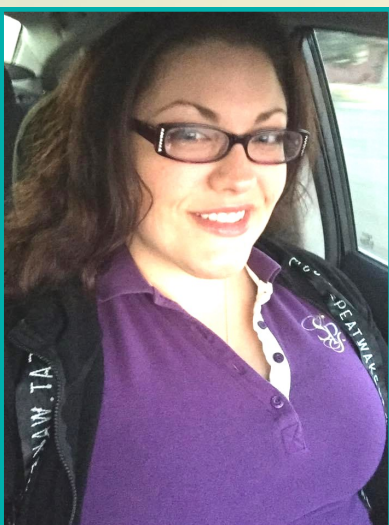
Her short-term goal includes securing a full-time job within the philanthropic world of Colorado by the end of the year. After graduation, she will be taking a gap-year with the hopes to one day obtain a master’s degree from the CU Denver Business School. Her hobbies and interest include a deep love for music. She noted that she comes from a family of musicians. Astrid is mindful of creating time to be creative and to sing. She often sings older songs that she has learned from her Mexican parents and would not have it any other way. If she won a million dollars, she mentioned that she would have no excuse to not pursue a master’s degree program. We will her continued success in her career, academic, and personal life. Woo Hoo! You did it!



Student Spotlight—Tiffany Roman



TRIO SSS would also like to highlight Tiffany Roman in this month's newsletter. She will be graduating with a Bachelor of Art degrees in Psychology and Sociology. She has been an active participant of the program. Tiffany noted that she wished she had known about the TRIO program from the beginning of her educational journey. She did not get involved until her last semester at Pueblo Community College and in her 2nd year at CU Denver. If she had known about these services earlier she would have been a participant this entire time. Tiffany was asked what her favorite memory in college was. She mentioned when she first saw an "A" on her transcript, it was nice knowing that she was capable of returning to school after almost 20 years and still able to create success. She will never forget that moment, as it was the first time in her life that she was full of confidence.



When asked what was her biggest challenge while earning her degree Tiffany stated, "I am a single mother of two girls, ages 4 and 7. I am the sole provider for my daughters and work full-time as a nurse for the Department of Veterans Affairs. It's been the greatest challenge of my life to keep a roof over our heads, food on the table, be a good mother, and be an excellent student." When asked what her college experience was like she noted, "Personally, academically, and professionally I have had the best three years of my life. CU Denver has the most amazingly supportive staff, and they have guided and encouraged me throughout this entire journey." Tiffany has earned several awards and accomplishments both in school and in her career. Tiffany works meticulously to complete her coursework with outstanding grades, which is reflected by earning a spot on the College of Liberal Arts and Sciences Dean's List for several semesters. Tiffany has also earned several accolades here at CU Denver which include being inducted into Psi Chi International Psychology Honor Society, Alpha Kappa Delta International Sociology Honor Society, and completing Presidential, Advanced, and Executive Leadership Certificates from the National Society of Leadership and Success. At Pueblo Community College, she was a member of the Phi Theta Kappa Honor Society and graduated Magna Cum Laude. In her position as a VA Nurse, she has also earned additional honors that include being VA Secretary Challenge Coin recipient for Exceptional Leadership and Service.



When asked how TRIO has helped her in her journey she noted that she could not say enough about the TRIO Program. At Pueblo Community College TRIO Program, they allowed her to bring her daughters to appointments and worked around her work schedule to provide her with guidance. Her counselor even helped her figure out which universities to apply to and helped her with her applications. As a first-generation student, college has been a terrifying journey into the unknown for her, but she never felt alone when participating in TRIO. She knew they had her back and that she could reach out at any time. She noted, "My initial experience was fantastic, but nothing could prepare me for the CU Denver TRIO Program. Henry Ornelas has been my guidance counselor, my life coach, and my cheerleader, and he played at least 100 other supportive roles throughout this journey. Even when I had a career crisis and did not know what to do, Henry was there to help me work through it. Henry also helped me pick my graduate school program and apply." She genuinely believes that much of her success at CU Denver is a direct result of having Henry being in her corner. TRIO is the most amazing program she has worked with and she thinks that everyone should apply for their services.

TO BE CONTINUED...

Student Spotlight—Tiffany Roman



Her short-term goals include taking the summer off to focus solely on her daughters. In the fall 2023 semester, she will begin her journey at Metropolitan State University of Denver (MSUD). She has been officially accepted into the MSUD Master of Social Work degree program. She noted, “After this summer, I will be back to the same rigorous routine and moving forward for additional success.” She is always waiting to see if she will be accepted into the Labor Council for Latin American Advancement Fellowship Program, which serves to recognize the strength, vision, and potential that Latinas possess, and to create awareness about the problems that this group faces. She is also a member of the Colorado Women’s Chamber of Commerce and is currently participating in their leadership program. Her long-term goals include continuing her career with the Department of Veteran Services as a Social Worker Assistant with her bachelor’s degree and then move into a full-time position as a licensed Social Worker

after earning her graduate school degree. Currently, she is the AFGC Local Union 1117 Southern Colorado Vice-President for VA employees. She also plans to continue her union leadership career as well.

Her favorite quote is “Speak your mind even if your voice shakes.” This resonates with Tiffany because she has always been shy, introverted, and had a significant amount of social anxiety when it came to public speaking. The harder she worked, the more she accomplished, and the more she started to speak her mind. She noted, “My voice often shakes, but I don’t let that hold me back any longer.” Her hobbies and interests include attending concerts, festivals, and comedy clubs. She enjoys gardening and fishing. Tiffany noted that her hobbies now include laundry, studying, and napping. With all her responsibilities, she mentioned that she is too busy to have leisure activities but she hopes to return to those interests someday in the future. When asked if she won a million dollars what she would do with the money she stated, “I wish I had something exciting to say, but I know exactly what I would do. I would pay off all of my debt, including my student loans, my mortgage, and my credit cards.” The CU Denver TRIO Student Support Services program wishes Tiffany continued success! Continue to speak your mind and create change! Woo Hoo!

What’s Trending?

McDonald’s Cardi B & Offset Meal Draws Backlash

Some McDonalds franchisees are alleging that this brand promotion violates a set of internal rules “Golden Arches Code”. The family focused restaurant wants to stop selling the meal since Cardi B songs contain profanities and explicit content that “will hurt the brand”. In the end a rep from McDonald’s USA confirmed that the negative feedback was coming from a small group franchise and overall doesn’t represent the widespread support from franchisees across the country.



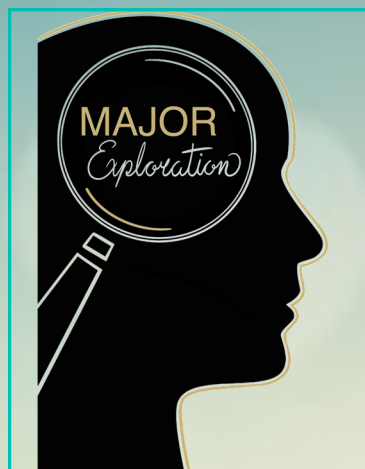
The Last of Us à Watch on HBO MAX

HBO’s second largest debut in over a decade! This trending series has been declared as the best video game adaptation of all time, original video game was launched in 2013. Sunday’s series premiere was watched by 4.7 million viewers across linear and HBO Max platforms. The Last of Us is set in 2033, 20 years after the world populations has been decimated by a fungal infestation of the brain which makes its victims violently insane, this later destroys their eyes and now have to use echo-location to find people. New episodes every Sunday!



Cristal Sarmiento Garcia | TRIO SSS Peer Mentor

Importance of Academic Advising - Center for Undergraduate Exploration & Advising



The Center for Undergraduate Exploration & Advising (CUE&A) is a team of Success Advisors who strive to assist students in developing meaningful and academic plans that are aligned with their interests, values and career aspirations. They are interested in hearing your story and providing support and guidance that leverages your strengths and experiences.

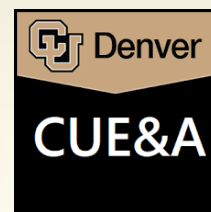
It's important to connect with your academic advisor each semester in order to ensure your success as a student. Academic advisors can help you navigate your success by working with you to find areas of study that fit your best interests, ensure you are on the right track towards graduation, inform you on important CU Denver policies, and connect you with other essential campus resources. These elements of advising are what set you up for success here at CU Denver! CUE&A advisors do this in a variety of ways. If you are an undeclared student in the College of Liberal Arts and Science (CLAS), or a first-year student in the College of Arts and Media (CAM) then it's likely that a member of the CUE&A serves as your primary academic advisor. However, they also provide coaching and resources to any undergraduate student who is exploring academic programs or considering changing majors/minors.

If the CUE&A serves as your primary advising office, you should meet with any of their advisors before each upcoming semester in order to get help with registering for classes. You can also contact us if you want to explore any majors, minors or career pathways. You may be wondering how to contact CUE&A. See information below.

Location: Student Commons Building | 1201 Larimer Street, Suite 1113 | Denver, CO 80204

Phone: (303) 315-1940 | **Email:** cuea@ucdenver.edu

Social Media: Instagram - [@cudenver_cueanda](https://www.instagram.com/cudenver_cueanda) | Facebook - <https://www.facebook.com/CUDenverCUEA>



TRIO News and KUDOS

Have an accomplishment? Please tell TRIO about it. You can stop by the TRIO Office located in the Student Commons Building, Suite 2011 to share your News and Kudos.

- ☆ **McNair Scholars** — Jimmy Tangchittsumran, Dominique Harlen, Mirakle Wright, and Zoe Vavrina presented their Research at the University of Maryland National Undergraduate Research Conference.
- ☆ **Hamza Ahmed**, TRIO SSS and McNair Scholar presented at the American Society for Biochemistry and Molecular Biology Annual Meeting.
- ☆ **Michael Martinez** is completing a Legislative Internship for Representative Javier Mabrey during the Colorado General Assembly 2023 and applied for the LAW SCHOOL...Yes We Can Program, which serves as a law school pipeline program in Colorado.
- ☆ **Kalkidan Astatike** started position as Chemistry Learning Assistant (LA) and completed Classroom Scribe Training.
- ☆ **Juan Gonzalez** was inducted into the Political Science Honors Organization and will be attending the Hispanic Alliance Symposium in Washington, DC.
- ☆ **Tiffany Roman** was invited to apply for the College of Liberal Arts and Sciences Outstanding Undergraduate Award and is a member of the Colorado Women's Chamber of Commerce.
- ☆ **Astrid Flores** completed the CU Denver in Cuba: Exploring Music in Cuban Culture study abroad experience during the winterim 2023 semester. She had an awesome experience!
- ☆ **Jennifer Martinez Gomez** was accepted to participate in the TIAA Ethics On-Site Program in New York this April.
- ☆ **Kathy Le**, TRIO Alumna has been accepted to Metropolitan State University of Denver Master of Social Work Program .
- ☆ **Julio Jaime** will complete a summer internship with the Mayo Clinic doing Clinical Translation Research in Minnesota.
- ☆ **Ana Castro Melgar** was invited to participate in the CU Denver, VAW Global Health Alliance program for the upcoming winter term.



Congratulations and great job on your hard work. Keep it up!

Movie Review ~ Scream 6



Following the events of the fifth movie, the Carpenter sisters, Tara and Sam have left Woodsboro for New York. It was meant to have a fresh start with their friends after their traumatic experience with Woodsboro's Ghostface killings, however, it was a nightmare. A new set of Ghostface killers have appeared and are out for the Carpenter sisters' blood and whoever gets in their way, but the only question is who are they? Why are they trying to kill them? Many new and nostalgic characters are here for Tara and Sam as they go through this, although, like all Scream movies: no one can be trusted.

Scream VI is a thrilling, funny, and horrific movie with a great plot all around that I highly recommend. It's a fun movie to play detective and figure out the killer during some crazy intense twists to the story. The best part of it all is how well the story was made from the beginning to the end with amazing acting skills from the cast. Even if you haven't seen any of the Scream movies, you're not missing any big contexts to the new Scream movie: it makes the movie even more thrilling and interesting to figure out. Scream VI is a worthwhile movie experience that leaves you satisfied and paranoid all at once, so if you're up to the gut-wrenching and fantastic story of the renowned scream franchise, watch it!

Monica Vu | TRIO SSS Peer Mentor

TikTok Ban in the United States

Since 2020 during Donald Trump's presidency, the topic of banning the massively popular video-sharing app TikTok has been one of the most controversial presidential decisions made in modern history. This type of ban for a phone app made many Americans concerned about their first amendment rights and the freedom of speech made on any kind of social media. Trump's ban failed but the topic has now resurfaced once again recently in Joe Biden's administration. This is because both democrats and republican politicians are more worried about the security risks for American users with a Chinese-made phone app. Biden mentions that he is still waiting for more information and reasons from the Committee on Foreign Investment in the U.S. before jumping into a decision. CEO of TikTok Shou Zi Chew is now testifying against the ban, stating facts that the app is not a threat to American national security. Chew also stated that TikTok's parent company ByteDance has no relations with the Chinese government, and the company sets many protocols that protect their user's information from being accessible for malicious intent. The U.S. government summoned Shou Zi Chew to meet with the House Committee on Energy and Commerce to prevent the app from being banned for all Americans.



Huy Duong | TRIO SSS Peer Mentor


CU Denver Campus Club Highlight— Society of Hispanic Professional Engineers



The Society of Hispanic Professional Engineers (SHPE) is the largest association in the nation for Hispanics in STEM. SHPE's vision is a world where Hispanics are highly valued and influential as the leading innovators, scientists, mathematicians, and engineers. SHPE changes lives by empowering the Hispanic community to realize its fullest potential and to impact the world through STEM awareness, access, support, and development. For questions, you can email: jose.tretodavila@ucdenver.edu. SHPE is listed as a CU Denver Registered Student Organization (RSO).

If you are interested in other CU Denver Student Organizations, please feel free to contact Student Life and Campus Community at studentorgs@ucdenver.edu and a staff member will contact you to talk about your interests.

April Workshop Calendar

Mon	Tue	Wed	Thu	Fri
<p>3</p> <p>Make sure to complete the TRIO SSS Online Evaluation Form for Skill Building Workshops and Financial Literacy Sessions.</p> <p>Complete at: https://bit.ly/3vXH0j</p>	<p>4</p>	<p>5</p> <p>¹FABLife  11:00 am — 12:15 pm SC, 2000</p> <p>²Socially Responsible Leadership  12:30 pm — 1:30 pm Zoom: 912-5640-9385</p>	<p>6</p> <p>³Food Waste  3:30 pm — 4:45 pm Tivoli 329 Or Zoom: 966-5916-9368</p> <p>⁴Investing 101: The Basics  3:00 pm — 4:00 pm Wellness Center</p>	<p>7</p>
<p>10</p>  <p>⁵TRIO SSS Financial Literacy: Repaying Debt  2:00 pm — 3:00 pm</p>	<p>11</p> <p>⁶Final Exam Prep  12:30 pm — 1:15 pm Learning Commons</p>	<p>12</p> <p>⁶Final Exam Prep  11:30 am — 12:15 pm</p> <p>²Burnout!  12:30 pm — 1:30 pm Zoom: 912-5640-9385</p>	<p>13</p>  <p>⁴Investing 201: Retirement Planning  3:00 pm — 4:00 pm Wellness Center</p>	<p>14</p> <p>¹Coping with Stress Using Art  1:30 pm — 2:45 pm</p> 
<p>17</p> <p>¹Job Search Tips  3:30 pm — 4:30 pm SC, 2000</p> 	<p>18</p>  <p>“It always seems impossible until it's done.” NELSON MANDELA</p>	<p>19</p> <p>⁴Money Mindset  11:00 am — 12:00 pm Wellness Center</p> <p>²The Power of I: Leading as an Introvert  12:30 pm — 1:30 pm Zoom: 912-5640-9385</p>	<p>20</p>	<p>21</p> <div> <p>Mission Statement</p> <p>The University of Colorado Denver TRIO Student Support Services Program is a holistic student development program that is dedicated to helping each student reach his or her full academic potential.</p> </div>
<p>24</p>	<p>25</p> <p>¹Resume Basics  12:00 pm — 1:00 pm SC, 2000</p>	<p>26</p> <p>²How to be an Ethical Bystander  12:30 pm — 1:30 pm Zoom: 912-5640-9385</p>	<p>27</p>	<p>28</p>

Legend for In-person, Zoom, and Hybrid Sessions.

HYBRID 

IN-PERSON 

ZOOM 

REGISTRATION REQUIRED—Non-TRIO workshops are subject to change.

¹TRIO SSS Skill Building Workshops: Registration Required: RSVP at: <https://bit.ly/3IKERai>

²Student Life and Campus Community LEAD Workshops: Registration is not required please see calendar for details.

³Auraria Sustainable Campus Program Workshops: Registration is not required. Please see calendar for details.

⁴Wellness & Recreation Services Financial Wellness Workshops: Registration Required: RSVP at: [HERE](https://bit.ly/3GY92cu)

⁵TRIO SSS Financial Literacy Workshops: Registration Required: RSVP at: <https://bit.ly/3GY92cu>

⁶Learning Resource Center Workshops: Registration Required: RSVP at: <https://ucdenver.xyz/calendar/study-skills-workshops>