

September 2023 Workshop Calendar

Mon	Tue	Wed	Thu	Fri
4	5 ¹ Budgeting 101: How to plan for the semester! 2:00 pm—3:00 pm Wellness Center Seminar Room 	6	7	8
11 ² Resume Basics 2:00 pm—3:00 pm SC, Suite 2000 	12 ³ College Survival 101 12:30 pm—1:15 pm In-Person  Learning Commons	13 ³ College Survival 101 11:30 am—12:15 pm  Zoom ——— ⁴ LEAD: Situational Leadership  12:30 pm—1:45 pm Learning Commons, 2220 Zoom: 917 4872 1674	14	15
18 ² Procrastination: Now or Later? 3:00 pm—4:00 pm SC, Suite 2000 	19 ³ Time Management 12:30 pm—1:15 pm In-Person  Learning Commons	20 ⁵ Effective Revision 9:30 am—10:20 am  Learning Commons & Zoom (Interactive Workshop) ——— ³ Time Management 11:30 am—12:15 pm  Zoom ——— ⁴ LEAD: Socially Responsible Leadership  12:30 pm—1:45 pm Learning Commons, 2220 Zoom: 917 4872 1674	21 22 Make sure to complete the TRIO SSS Online Evaluation Form for Skill Building Workshops and Financial Literacy Sessions. Complete at: https://bit.ly/486skrV .	
25 ⁵ Arguments & Thesis Statements  11:00 am—12:00 pm Learning Commons & Zoom (Interactive Workshop) ——— ¹ Credit & Credit Scores: Learn the basics of credit 11:30 am—12:30 pm  Wellness Center Seminar Room	26 ⁵ Effective Resumes & Cover Letters  9:30 am—10:30 am Learning Commons & Zoom (Interactive Workshop) ——— ³ Roadmap to Mastery Study Guides 12:30 pm—1:15 pm  In-Person Learning Commons	27 ³ General Study Skills 11:30 am—12:15 pm  Zoom ——— ¹ Credit Cards & Debt 11:30 am—12:30 pm  Wellness Center Seminar Room ——— ⁵ MLA & APA Basics  1:00 pm—2:00 pm Learning Commons & Zoom (Interactive Workshop) ——— ⁴ LEAD: Teamwork and Collaboration  12:30 pm—1:45 pm Learning Commons, 2220 Zoom: 917 4872 1674	28	29 <div style="background-color: black; color: white; padding: 5px; text-align: center;">Mission Statement</div> <div style="border: 1px solid gray; padding: 10px; text-align: center;"> The University of Colorado Denver TRIO Student Support Services Program is a holistic student development program that is dedicated to helping each student reach his or her full academic potential. </div>

Legend for In-person, Zoom, and Hybrid Sessions.

HYBRID 

IN-PERSON 

ZOOM 

REGISTRATION REQUIRED—Non-TRIO workshops are subject to change.

¹Wellness & Recreation Services Financial Wellness Workshops: [Registration Required: RSVP: HERE](#)

²TRIO SSS Skill Building Workshops: [Registration Required: RSVP: HERE](#)

³Learning Resource Center Workshops: [Registration Required: RSVP: HERE](#)

⁴Student Life and Campus Community LEAD Workshops: Registration is not required. Please see calendar for details.

⁵Writing Center Workshops: [Registration Required: RSVP: HERE](#)