

# HUMAN DEVELOPMENT AND FAMILY RELATIONS

Bachelor of Science in Human Development and Family Relations (B.S.) – Catalog Year 2026 - 2027

## PROGRAM OVERVIEW

The Human Development and Family Relations (HDFR) program prepares students to effectively serve individuals and families in a wide variety of environments. HDFR is committed to a curriculum rich in family diversity and social justice. This 120-credit-hour interdisciplinary program explores family systems and the ecological development of individuals throughout their lifespans. The HDFR program leads to certification in the field.

## ACADEMIC ADVISING

The School of Education & Human Development (SEHD) requires all students to meet with their Academic Advisor several times a year to develop and learn more about their own individualized plan of study.

303-315-6300

[SEHDCademicservices@ucdenver.edu](mailto:SEHDCademicservices@ucdenver.edu)

[www.ucdenver.edu/education](http://www.ucdenver.edu/education)

## GENERAL GRADUATION REQUIREMENTS & POLICIES

To receive a bachelor's degree from the University of Colorado Denver, students must satisfy all of the requirements below, in addition to completing a Major and fulfilling all of their School or College requirements.

1. A minimum of 120 credit hours is required to graduate from CU Denver with a bachelor's level degree.
2. A minimum 2.000 cumulative GPA is required for all University of Colorado coursework.
3. Satisfactory completion of the CU Denver Core Curriculum.

In addition to the general university graduation requirements listed above, all SEHD students are required to complete the following minimum general graduation requirements:

1. Students must earn a final grade of at least a C (2.0) in major courses. Courses/requirement must be repeated if the student fails to earn the grade required.
2. Students must complete all program assessments and professional milestones as outlined in the Student Handbook.
3. Students must complete all requirements associated with their SEHD major.

## PROGRAM REQUIREMENTS & POLICIES

**Students are responsible for meeting with the academic advisor in the School of Education & Human Development to confirm major requirements.** Students completing the Bachelor of Science in Human Development and Family Relations are required to meet the minimum program requirements below.

1. Students must complete a minimum of 120 semester hours for the Human Development Family Relations major.
2. Courses can be "double dipped" - i.e., used to satisfy both a CU Denver core requirement and an HDFR major course. If double-dipping, additional HDFR courses will have to be taken in the Concentration Area, Electives, and/or minor section to reach the 120 major credits required.
3. A minimum GPA of 2.0, grade of C or better, is required for all major courses applying to Human Development and Family Relations.
4. Transfer courses must be approved by faculty and/or advisor to apply to the major.

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Courses	Credits	Notes
<b>* Course prerequisites change regularly. Students are responsible for consulting advisors and the class schedule in the student portal for prerequisite information. *</b>		
<b>CU Denver Core Curriculum Requirements</b>	<b>34</b>	<a href="#">CU Denver Core Curriculum Requirements</a>
<b>Required Human Development and Family Relations Major Courses</b>	<b>65</b>	
HDFR 1010 Life Span Development	3	
HDFR 2083 Family and Personal Finance	3	<i>Course requires 15 hours of community service</i>
HDFR 2080 Sex, Human Development and Family Systems	3	<i>Satisfies CU Denver Core Behavioral Sciences Requirement</i>
HDFR 2200 Love Family & Human Development	3	<i>Satisfies CU Denver Core Social Sciences Requirement</i>
HDFR 3002 Preparing to be a HDFR Professional	3	<i>Course requires advisor permission Course taken in last year of program, before HDFR 4930</i>
HDFR 3020 Black and Latino Children in Families and Schools	3	<i>Satisfies CU Denver Core Cultural Diversity Requirement</i>
HDFR 3250 Families in Global Perspectives	3	<i>Satisfies CU Denver Core International Perspectives Requirement Course requires 15 hours of community service</i>
HDFR 3400 Love, Couples & Families	3	
HDFR 4001 Families and Parenting	3	
HDFR 4002 Family Life & Community Programming I	3	
HDFR 4003 Leadership and Organizations	3	
HDFR 4004 Family & Community Programming II: Grant Writing/ Fundraising	3	
HDFR 4010 Families and Cultural Diversity	3	
HDFR 4075 Family Policy & Law	3	
HDFR 4080 Global Family Resource Management	3	
HDFR 4260 Family Systems & Social Justice	3	
<b>Research &amp; Statistics for HDFR</b>		
RSEM 4100 Research & Statistics in Family & Human Development	3	
RSEM 4120 Introduction to Research Methods	3	<i>*Prerequisite RSEM 4100</i>
<b>Human Development &amp; Learning, Choose one course:</b>	<b>3</b>	
HDFR 1000 Global Human Development & Learning		<i>Satisfies CU Denver Core International Perspectives Requirement Course requires 15 hours of community service</i>
HDFR 2110 Child Ecology		
HDFR 3050 Children's Thinking and Assessment		
HDFR 3100 Adolescent Ecology		<i>Course requires 15 hours of community service</i>
HDFR 4200 Adult Ecology		
HDFR 4300 Families in Later Life		
<b>Family Diversity Option, Choose one course:</b>	<b>3</b>	
HDFR 1080 Lifespan Issues in Family Violence		<i>Satisfies CU Denver Core Social Sciences Requirement</i>
HDFR 3800 Leadership for Racial Justice		
HDFR 4040 Latino Families in School and Communities		
HDFR 4045 Abuelos (Grandparents) Latino Families		
HDFR 4850 Family Systems Therapy, Religion and Spirituality		
HDFR 4888 LGBTQ Family Systems		
<b>HDFR Elective, Choose one course:</b>	<b>3</b>	
HDFR 2000 Intro to Family & Community Services		
HDFR 4040 Latino Families in School and Communities		
HDFR 4045 Abuelos (Grandparents) Latino Families		
HDFR 4090 Helping Profession Skills in HDFR		
HDFR 4300 Families in Later Life		
HDFR 4850 Family Systems Therapy, Religion and Spirituality		
HDFR 4860 Trauma Informed Care for Diverse Populations and Co-Occurring Disorders		
HDFR 4888 LGBTQ Family Systems		
<b>Electives: Minor, Certificate, and/or Concentration</b>	<b>18</b>	
<b>Internship Requirement</b>		
HDFR 4930 HDFR Internship	<b>5</b>	<i>*Prerequisite: HDFR 3002 Course taken in the last year of the program Internship requires 200 hours</i>
<b>Total Program Hours:</b>	<b>120</b>	

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## SAMPLE ACADEMIC PLAN OF STUDY

The following academic plan is a *sample* pathway to completing degree requirements for this major. Students should tailor this plan based on previously completed college coursework (e.g., AP, IB, CLEP, dual/concurrent enrollment, and transfer credit), course availability, and individual preferences related to course load, schedules, or add-on programs such as minors or double majors. **Students deviating from this plan must fulfill course prerequisites and meet with their department's academic advisor to confirm degree requirements.**

*\*Note: Many required courses are also available in summer semesters.*

### Year One

Semester 1	CRS
ENGL 1020 Core Composition I	3
CU Denver Core SOCIAL SCIENCES	3
CU Denver Core MATH	3
HDFR 2080	3
CU Denver Core HUMANITIES	3
<b>Total Credit Hours</b>	<b>15</b>

Semester 2	CRS
English 2030 Core Composition II	3
CU Denver Core INTERNATIONAL PERSPECTIVES	3
CU Denver Core NAT/PHYS SCIENCE with LAB	4
CU Denver Core ARTS	3
HDFR 2200	3
<b>Total Credit Hours</b>	<b>16</b>

### Year Two

Semester 3	CRS
CU Denver Core BEHAVIORAL SCIENCE	3
Elective	3
HDFR 1010	3
HDFR 3250	3
HDFR 2083	3
<b>Total Credit Hours</b>	<b>15</b>

Semester 4	CRS
CU Denver Core NAT/PHYS SCIENCE without LAB	3
HDFR 3400	3
Family Diversity Option	3
HDFR 3020	3
Elective	3
<b>Total Credit Hours</b>	<b>15</b>

### Year Three

Semester 5	CRS
CU Denver Core CULTURAL DIVERSITY	3
HDFR 4001	3
HDFR 4002	3
Elective	3
HDFR 4260	3
<b>Total Credit Hours</b>	<b>15</b>

Semester 6	CRS
HDFR 4004	3
HDFR 4010	3
HDFR 4075	3
Elective	3
Elective	3
<b>Total Credit Hours</b>	<b>15</b>

### Year Four

Semester 7	CRS
HDFR 3002	3
Human Development & Learning Option	3
HDFR 4003	3
HDFR 4080	3
RSEM 4100	3
<b>Total Credit Hours</b>	<b>15</b>

Semester 8	CRS
HDFR 4930	5
RSEM 4120	3
HDFR Elective Option	3
Elective	3
<b>Total Credit Hours</b>	<b>14</b>