

PROGRAM OVERVIEW

The College of Liberal Arts and Sciences (CLAS) Individually Structured Major (ISMA) provides students with the opportunity to construct an individualized Bachelor of Arts (B.A.) program that meets their unique interests and needs. Integrated Health Sciences (IHS) is one of three options within the ISMA and is a flexible program that allows students to create a major by combining coursework from one CLAS minor and one topical cluster. Students will learn about the functions of academic disciplines, what kinds of questions require thinking beyond a single discipline, how interdisciplinary scholars combine a variety of fields, and how to approach the challenges of interdisciplinary writing and research. The Integrated Health Sciences option prepares and challenges students to examine complex questions or issues from multiple and intersecting perspectives.

ACADEMIC ADVISING

The College of Liberal Arts and Sciences (CLAS) supports students to graduation using a shared advising system. CLAS students have two academic advisors with whom they should meet regularly to discuss academic and degree progress: a CLAS Academic Advisor and a major/faculty advisor.

For questions related to CU Denver Core Curriculum, CLAS, general graduation requirements, university/college academic policies, or campus resources contact:

CLAS Academic Advising

clas_advising@ucdenver.edu

Find your CLAS Advisor [here](#)

North Classroom (NC) Building 1030

303-315-7100

For questions related to major requirements, major course prerequisites, or evaluation of transfer coursework in your major contact:

Brandon Mills

brandon.s.mills@ucdenver.edu

Student Commons Building (SCB) 3115

303-315-0451

GENERAL GRADUATION REQUIREMENTS & POLICIES

All CU Denver CLAS students are required to complete the following minimum general graduation requirements to be eligible to apply for graduation:

1. Complete a minimum of 120 semester hours
2. Achieve a minimum 2.0 CU cumulative grade point average (GPA)
3. Complete a minimum of 45 upper-division (3000- to 4000-level) semester hours
4. Complete all CU Denver Core, CLAS, and major requirements
5. Complete a minimum of 30 CLAS hours at CU Denver

The following are **maximum** semester hours that can apply toward the minimum 120 hours required for graduation:

- 56 semester hours in major department/prefix courses
- 16 semester hours Pass/Fail
- 12 semester hours of Independent Study/Directed Research
- 12 semester hours of internship credit
- 8 semester hours of physical education credit

PROGRAM REQUIREMENTS & POLICIES

Students are responsible for meeting with the major/faculty advisor in the department to confirm major requirements. In addition to completing all CU Denver Core and CLAS requirements, students completing the Individually Structured Major – Integrated Studies B.A. Degree are required to complete the following minimum program requirements:

1. Students must complete a minimum of 39 credit hours from the approved courses.
2. Students must complete a minimum of 9 upper-division (3000-level and above) credit hours in the approved cluster area and must complete all of the upper-division requirements for the minor or certificate they choose to pair with the cluster.
3. Students must earn a minimum grade of C-(1.7) in all major courses taken at CU Denver and must achieve a minimum cumulative major GPA of 2.0. All graded attempts in required and elective courses are calculated in the major GPA. Students cannot complete major or ancillary course requirements as pass/fail.
4. Students must complete a minimum of 15 credit hours with CU Denver faculty from the approved cluster area and must complete all of the residency requirements for the minor or certificate they choose to pair with the cluster.
5. Students can double-count a maximum of one course across their areas (in addition to an introductory course).
6. Students combine **one** of the identified CLAS minors or certificates with **one** of the topical clusters to make up their major areas.
7. Students must take courses from at least **two** different disciplines in their topical cluster.
8. Students are required to take two courses as an introduction to their major. If an introductory course is also part of a student's topical cluster, a student may count one introductory course as part of that area's credits. Note: Some courses in each cluster require prerequisites that must be met making them a 21 credit cluster. Please see course descriptions.
9. Students will not receive minors in any of the cluster areas used toward the Individually Structured Major Integrated Health Sciences option, even if the requirements for the minor are met.

LYNX CONNECT RESOURCES

Are you interested in learning about internship, study abroad, career, and research opportunities for this major? Visit the CU Denver Lynx Connect, located in Tivoli Student Union (TV) Suite 339, and browse the Lynx Connect [website](#) for more information.

| Degree Requirements | Credits | Notes |
|---|----------------|--|
| * Course prerequisites change regularly. Students are responsible for consulting advisors and the class schedule in the student portal for prerequisite information. * | | |
| CU Denver Core Curriculum Requirements | 34 - 40 | CU Denver Core Curriculum Requirements |
| CLAS Graduation Requirements | 15 - 29 | CLAS Graduation Requirements |
| ISMA Major Requirements | 39 | 24 semester hours must be upper-division |
| Introductory Courses (must take two) Complete COMM 2500 Health Communication or HEM 3100 Introduction to Health Humanities or PBHL 2001 Introduction to Public Health or SOCY 3440 Medical Sociology | 6 | If an introductory course is also part of a student's topical cluster, a student may count one introductory course as part of that area's credits. |
| CLAS Minor or Certificate Choose and complete one of the following CLAS minors or certificates: - Public Health Minor - Health Humanities Minor - Health Communication Certificate - Sociology of Health and Medicine Certificate | 15 - 21 | See the CU Denver Catalog for complete minor or certificate requirements. Some courses in each minor or certificate require prerequisites that must be met. Please see course descriptions. |
| Topical Cluster Choose and complete 15 hours in one of the following topical clusters: - Aging and End of Life - Biology and Society - Environmental Health - Drugs and Addiction - Family Health Issues - Food and Nutrition - Sexuality and Reproduction | 15 - 21 | Student must take courses from at least two different disciplines in their topical cluster. See the CU Denver Catalog for complete topical cluster descriptions and approved courses. Some courses in each cluster require prerequisites that must be met making them a 21 credit cluster. Please see course descriptions. |
| ISMA 4900 Interdisciplinary Studies Capstone | 3 | |
| Estimated General Electives | 12 - 32 | General Elective credits will vary based on Core, CLAS and major requirements. Consult with CLAS Advisor. |
| Total Minimum Program Hours: | 120 | 45 semester hours must be upper-division |

SAMPLE ACADEMIC PLAN OF STUDY

The following academic plan is a *sample* pathway to completing degree requirements for this major. Students should tailor this plan based on previously completed college coursework (e.g., AP, IB, CLEP, dual/concurrent enrollment, and transfer credit), course availability, and individual preferences related to course load, schedules, or add-on programs such as minors or double-majors.

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| Year One | Fall | CRS |
| | ENGL 1020 – Core Composition I | 3 |
| | CU Denver Core Mathematics | 3 |
| | CU Denver Core Arts / First-Year Seminar | 3 |
| | CU Denver Core Social Science | 3 |
| | General Elective | 3 |
| | Total Credit Hours | 15 |

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| Spring | CRS |
| ENGL 2030 – Core Composition II | 3 |
| CU Denver Core Humanities | 3 |
| CU Denver Core Behavioral Science | 3 |
| CU Denver Core Nat/Phys Science with lab | 4 |
| General Elective | 3 |
| Total Credit Hours | 16 |

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| Year Two | Fall | CRS |
| | CLAS Communicative Skills | 3 |
| | CU Denver Core Nat/Phys Science without lab | 3 |
| | COMM 2500 or HEHM 3100 or PBHL 2001 or SOCY 3440 | 3 |
| | CU Denver Core International Perspectives | 3 |
| | Upper-Division General Elective | 3 |
| | Total Credit Hours | 15 |

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| Spring | CRS |
| CU Denver Core Cultural Diversity | 3 |
| COMM 2500 or HEHM 3100 or PBHL 2001 or SOCY 3440 | 3 |
| CLAS Minor or Certificate Course | 3 |
| Topical Cluster Course | 3 |
| Upper-Division General Elective | 3 |
| Total Credit Hours | 15 |

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| Year Three | Fall | CRS |
| | CLAS Minor or Certificate Course | 3 |
| | Topical Cluster Course | 3 |
| | CLAS Foreign Language Semester I | 5 |
| | CLAS Social Science | 3 |
| | Total Credit Hours | 14 |

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| Spring | CRS |
| CLAS Minor or Certificate Upper-Division Course | 3 |
| Topical Cluster Upper-Division Course | 3 |
| CLAS Foreign Language Semester II | 5 |
| CLAS Behavioral Science (Upper-Division) | 3 |
| Total Credit Hours | 14 |

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| Year Four | Fall | CRS |
| | CLAS Minor or Certificate Upper-Division Course | 3 |
| | Topical Cluster Upper-Division Course | 3 |
| | CLAS Biol/Phys Science with lab | 4 |
| | CLAS Humanities (Upper-Division) | 3 |
| | Upper-Division General Elective | 3 |
| | Total Credit Hours | 16 |

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|---|-----------|
| Spring | CRS |
| ISMA 4900 | 3 |
| CLAS Minor or Certificate Upper-Division Course | 3 |
| Topical Cluster Upper-Division Course | 3 |
| Upper-Division General Elective | 3 |
| Upper-Division General Elective | 3 |
| Total Credit Hours | 15 |

^M Major Course Available ^C CU Denver Core Course ^{PE} Prerequisite Enforced ^{PR} Prerequisite Recommended