

## Crisis Support:

In a crisis present to the Emergency Department. If presenting to the UCH Emergency Department, identify yourself as a CU GME or DH resident/fellow for prioritization.

### Resident and Fellow Mental Health Clinic:

**Purpose:** The Resident and Fellow Mental Health Clinic decreases barriers to care by offering evening and same-day appointments, and 24/7 on-call coverage by University of Colorado School of Medicine psychiatrists, psychologists, and an advanced practice psychiatric nurse.

**When:** Non-emergent appointments:  
— Monday through Wednesday (8:00 am – 8:00 pm)  
— Thursday and Friday (8:00 am – 5:00 pm)

**Where:** Department of Psychiatry at the University of Colorado Anschutz Medical Campus, Fitzsimmons Building (Building 500), 13001 E 17th Place, 2nd Floor, East Wing

**How:** Routine appointments:  
— Call 303-724-4716 or e-mail [smhservice@cuanschutz.edu](mailto:smhservice@cuanschutz.edu)

Urgent concerns:  
— Call 303-724-4716 and inquire about same-day appointment availability  
— If the same-day slot is filled, contact Dr. Rachel Davis directly at 303-724-8244 or [Rachel.Davis@cuanschutz.edu](mailto:Rachel.Davis@cuanschutz.edu)

Urgent concerns after-hours, on weekends, or on holidays:  
— Call 303-370-9127 for the on-call psychiatry attending

To access the Fitzsimmons Building after 6:00 PM on weekdays and any time on weekends, you will need a CU badge to unlock the outside door.

## FAQs

**Q: *What services are included in my visit to the mental health clinic?***

**A:** Services include medication management, individual psychotherapy, group psychotherapy, and psychoeducational testing. Services are attending-level; psychiatry residents do not staff the clinic.

**Q: *What if my ongoing mental health care needs exceed the capacity of the clinic (e.g. weekly therapy, specialized care)?***

**A:** The psychiatry faculty will assist in the coordination of a referral to appropriate community providers.

**Q: *How will this work with my insurance?***

**A:** The mental health clinic will accept most health insurance plans including the CU GME Health Insurance and DH Health Insurance. It is important to note that it is the resident's/fellow's responsibility to know their in-network versus out-of-network providers and understand the benefits covered by their health insurance plan. The resident/fellow and/or their health insurance plan are responsible for the payment of services received at the mental health clinic.

**Attention Residency/Fellowship Program Directors:** If you need help triaging a resident or fellow in crisis, please use the student/resident mental health pager at 303-266-4654 (8am-5pm M-F). If after-hours call 303-370-9127 for the on-call psychiatry attending.