A group of people in a room

Description automatically generated with medium confidence   

Wellness & Recreation

**By the Numbers**

General building Use and Program Use 7/1/2022 - 4/15/2023

* Distinct member entrance – 5163 (50.125% of eligible students entered facility)
* Participations in building use excluding event usage 130,241
* Event Participants based on estimated attendance from groups 21,000
* 1678 in-person Group Fitness participations
* 264 remote Group Fitness participations
* 151 Personal Training participations
* 1659 Climbing Wall Participations
* 87 trip Participants
* 1923 Pool participations
* 61 CPR certifications over 9 classes
* 250 Sport Club members
* 50 Sport Club events
* 4 National Tournament teams 1 National Champion (Swimming)
* 116 IM sports Participants
* 593 students were reached through our financial wellness program
* 72 total individual coaching sessions via Zoom and in-person
* 275 students attended Financial Wellness workshops
* 121 Loving Lynx applications received
* 202 Single Stop Screenings

**Numbers Can’t Measure**

* 28 cross campus collaborations
* Visited 15 FYE courses and 5 business classes
* Presented 6 Financial workshops
* Presented 7 Mental Health first aid classes
* 1 position grant funded
* 2 grants pending for Food Pantry and Financial Wellness
* Operate the on campus Food Pantry
* Largest Student employer on campus