You may have video files, such as Zoom recordings, that you would like to upload to Panopto to share with your students. Panopto is a great repository because it is not only a streaming platform, but allows for customized security of videos, advanced features like discussions and quizzing, automatic transcription, search functionality, and can be embedded directly into Canvas.

Make sure Panopto is Connected to Your Canvas Course (only once per semester)

1. Log into Canvas [https://ucdenver.instructure.com](https://ucdenver.instructure.com) and select your course.
2. Find Panopto in the menu (you may need to go to settings > navigation to enable it).
3. Click on the Panopto Recordings link in your course menu.
4. Make sure the default folder is the current course and term.

Upload your Video to Panopto

1. Go to [https://ucdenver.hosted.panopto.com/](https://ucdenver.hosted.panopto.com/)
2. Choose “Canvas” and login with your university username and password.
3. Click “home” in the left-hand navigation.
4. Go to “Browse” and locate the folder you identified in your Canvas course setup (above).
5. Once in the folder, choose “create” and “upload media.”
6. Once this media is uploaded, it will be available for students through Canvas.