



SCHOOL OF MEDICINE

Undergraduate Medical Education

UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

**FOUNDATIONS OF DOCTORING
CURRICULUM
Phase III**

**IDPT 7000
COURSE SYLLABUS
2016-2017**

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INTRODUCTION

You are entering the third year of the Foundations of Doctoring Curriculum (FDC). The overarching purpose of the curriculum is to provide you with the opportunity to practice and further develop the basic skills necessary to be an excellent physician in whichever field you choose. FDC in Phase III is composed of the following activities:

- Continuity clinic with a primary care or specialist physician preceptor
- Hidden curriculum sessions
- Interprofessional Education (IPE) Clinical Transformations Simulation

COURSE GOALS AND LEARNING OBJECTIVES

Course Goals:

1. Continue to build basic communication, physical exam and clinical reasoning knowledge, skills and behaviors developed in the first two years within a continuity clinic experience
2. Set individualized learning goals for preceptorship
3. Further explore specialty-based career options
4. Reflect on particular issues from the 'Hidden Curriculum' that affect professional development
5. Practice interprofessional teamwork and collaboration skills
6. Practice compassionate treatment of patients, and respect for their privacy and dignity.
7. Uphold and promote the ideals of medical professionalism in all interactions with patients, colleagues, staff and faculty.
8. Recognize and accept limitations in one's knowledge and clinical skills, and commit to continuously improve one's knowledge and ability.

Learning Objectives:

1. Preceptorship

- Practice your physical exam, communication and clinical reasoning skills (Goal 1)
- Continue or develop new preceptorship relationships (Goal 2)
- Explore career options (Goal 3)
- Practice compassionate and respectful patient care (Goal 5)
- Improve and broaden clinical knowledge and skills (Goal 7)

2. Hidden Curriculum

- Recognize the hidden curriculum of medical practice and education (Goal 4)
- Build reflective skills to promote empathetic, humanistic practice (Goal 4)
- Cultivate strategies to aid in career exploration and satisfaction and professional identity formation (Goal 2 and 3)
- Recognize the potential for burnout and moral distress, and use peer support to develop and maintain resiliency and coping skills (Goal 4)
- Develop skills in peer communication and support that contribute to a positive medical culture (Goal 7)

3. Clinical Transformations Simulation

- Demonstrate effective team communication skills utilizing appropriate communication tools and processes (Goal 5)
- Fulfill appropriate team and professional roles and responsibilities (Goal 5)
- Recognize and discuss ethical issues in the context of interprofessional care (Goal 5)
- Identify and act upon opportunities to improve quality and safety of patient care (Goal 5)
- Engage patient and family member to deliver patient-centered care (Goal 5)

OVERVIEW OF COURSE

Continuity clinic/Preceptorship experience

There are many unique characteristics of the preceptor/student relationship that may not be found in your third year clerkships and clinical blocks (e.g., continuity, mentorship, career exploration, etc.). For this reason, you will continue to work with a physician who will serve as your clinical mentor/preceptor during FDC III.

You are required to attend *a minimum* of **10 sessions** (40 hours) with their preceptor during your third year. These sessions can occur during any rotation at your discretion.

Your block directors and clerkship teams are aware of your preceptorship requirements so please work with them to determine the best time to

attend preceptor sessions. You will be excused from clinical duties while attending preceptor sessions.

To ensure that you spend sufficient time in each clerkship to learn the required block material, you can attend NO MORE than:

- 2 preceptor sessions during 4 week blocks (neuro, psych, ACC)
- 3 sessions during 6 or 8 week blocks (women's care, infant/child/adolescent, HAC, op & peri-op)

You can attend preceptor sessions during 2 week blocks with the following restrictions:

- You cannot miss block activities
- You cannot go over duty hours

If you are in a longitudinal integrated clerkship (LIC), your LIC director will instruct you on how to accomplish your preceptorship requirements during the LIC.

You may switch to a different preceptor during Phase III. Switch requests must be made via the Canvas request form and submitted to the Associate Director for Preceptorship for approval. Switches must be purposeful and meet an individual need. Suggestions on how to identify a specialty preceptor can be found on the Foundations of Doctoring Curriculum III course in Canvas. Additionally, on Canvas, we provide a list of the specialties in which we have identified preceptors interested in working with medical students. Please be aware that this list is constantly changing.

Given the fact that your schedule will be changing each clinical block, you must let your preceptor know when to expect you. We recommend that you do this at the beginning of each clinical block.

By Phase III, you should be seeing patients on your own, presenting to your preceptor and documenting patient visit information.

Tips for making your preceptor experiences excellent include:

- Communicate regularly with your preceptor about what you need to be learning. It is important to take responsibility for your own learning.
- **Accept that your experience may differ considerably from your classmates' experiences.**
- Encourage your preceptor and the staff to schedule patients that you have seen before back for return visits so you can see them again. Ask your preceptor if there are several patients or families that you could follow more closely over your third year.
- Continue to tell patients that you are a medical student.

- Integrate into the usual work pattern of the practice.
- Apply the clinical knowledge you are learning in your clinical blocks to the patients you encounter with your preceptor.
- Be a self-directed learner and let the patient encounters drive your learning
- Ask for help when needed

Note: We live in a pluralistic society and the practice of medicine is not a hard science. You will be exposed to different styles of practice even among physicians in the same specialty. Please contact the Associate Course Director for Preceptorship, if you feel there is a mismanaged patient care issue or ethical problem in any of the clinical situations you encounter.

Hidden Curriculum

The Hidden Curriculum sessions began in 1999. The goal of the curriculum is to provide opportunities for you to learn about issues that may affect your professional development, yet are not necessarily addressed in the structured curriculum. There has been much written about medical professional indoctrination and how a great deal of this socialization process is based on a set of learned behaviors from informal personal experiences during training. It is important to reflect on how these personal experiences may be shaping the care you deliver. It is also important to reinforce the positive experiences as much, if not more, than to address the negative experiences.

The format for the Hidden Curriculum is structured to promote a safe environment in which to share your experiences. Each group is comprised of 8-10 students with 1-3 facilitators. Each group will have at least one faculty facilitator and one MSIV College Advisor as well. The facilitators' role is to assist the discussion amongst all of the students in the group.

Two of the sessions will occur during the clinical blocks (in June and October). The other three Phase III sessions will occur during the required Integrated Clinicians Course (ICC) curriculum in April, December and May. Additionally, there will be 2 sessions in Phase IV that will take place during the ICC Phase IV courses. Groups are scheduled to meet on certain days and times during the year, although your facilitator may need to adjust the date or time depending on the facilitator's schedule. Your facilitators will notify you of your group meeting time and location. Generally, groups have chosen to meet off campus (e.g., someone's house) but some meet in the Education Buildings on the Anschutz Medical Campus.

There are topics and questions for each session that address 3 themes: work-life balance, culture of medicine/medical education, and professional identify. However, there is flexibility as to what else can be discussed in a given session, as it is dependent upon what you and your peers would like to share. Topics include: introduction to the hidden curriculum, adapting to clinical blocks, balancing learning with patient care, tough stuff and resiliency, looking back and looking ahead.

The letters of advice from the Class of 2016 will serve as a text for the sessions. We will refer back to the letters throughout the year. You received your copy of this booklet in ICC 7001, but you can also access it on-line:

<http://www.ucdenver.edu/academics/colleges/medicalschoo/centers/BioethicsHumanities/ArtsHumanities/Documents/LTTY%202016%20w.pdf>

At the end of each session, you will be sent a link to complete a survey about the session. Please be sure to complete this survey as your feedback helps us to improve this curriculum. We would like you to be a part of this process and we value your contribution.

IPE Clinical Transformations Simulation

During Phase III, you will be required to complete one Interprofessional Education simulation session at the CAPE. This session, called “Clinical Transformations,” is a half-day session focusing on interprofessional communication and teamwork skills. The date of this session will be assigned to you during the Hospitalized Adult Care or LIC block.

CALENDAR 2016-2017

Spring/Summer semester	April 25-August 12
Fall semester	August 22-December 9
Spring semester	January 2-April 21

ASSESSMENT OF YOUR PROGRESS

The course is Pass/Fail. In order to pass the course, you must:

- **SUMMER semester:** Complete and submit the Focus Four goal setting tool. This will assist you in establishing goals and direction for your preceptor sessions.

- **FALL semester:** Mid point evaluation. You will complete an evaluation of your preceptor and your preceptor will evaluate you. This will also demonstrate your progression towards completion of your sessions for the year.
- **SPRING semester:** Final grade. This grade will reflect satisfactory completion of:
 - 10 preceptor sessions
 - Logger with every patient you see during your preceptor visits
 - Passing evaluation from your preceptor
 - A completed evaluation of your preceptor
 - Participation in Hidden Curriculum sessions
 - Participation in Clinical Transformation Simulation

Failure to complete 10 preceptor sessions will result in an Incomplete (I) grade. Failure to complete multiple FDC requirements may result in a Failing (F) grade.

Logging

Logging every patient that you see with your FDC preceptor may be different from your clinical block requirements. Logging enables you to track your clinical skill practice, our course faculty to monitor your progress, and our school to demonstrate achievement of course outcomes. Remember to log every patient encounter within the 'Foundations of Doctoring 3'. Additionally, you are required to indicate the number of hours you spend with your preceptor in the Duty Hours Logger. Remember to count the preceptorship hours within your weekly total. The School of Medicine IT group encourages you to log and sync weekly to assure your data is captured.

COURSE MECHANICS

Course Director: Wendy Madigosky, MD
 (303) 724-6421 or (303) 724-6420
 Email: Wendy.Madigosky@ucdenver.edu

Associate Course Director: Kristin Furfari, MD (preceptors)
 (303) 724-4559
 Email: Kristin.Furfari@ucdenver.edu

Hidden Curriculum Faculty Lead: Anjali Dhurandhar, MD
 Email: Anjali.dhurandhar@ucdenver.edu

Administrator: Meleah Himber
(303) 724-6421
Email: Foundations.doctoring@ucdenver.edu

Preceptor
Coordinator: Veronica Paradise
(303) 724-4559
Email: Foundations.doctoring@ucdenver.edu

Foundations of Doctoring Curriculum Office

The FDC office is located in room E1322H, on the first floor of building 500 in the Dean's Suite.

Office Hours

The office is open from 7:30am-5:00pm Monday through Friday. Private appointments may be scheduled with any of us. The bottom line is that we try to be accessible to you. Please feel free to call us at any of the numbers.

Correspondence

In an effort to save trees, this information will be posted on Canvas and we will use email for all essential course correspondence. It is your responsibility to check e-mail regularly for course information and details. Course information is also posted on the clinical curriculum website.

Professional Conduct

It is essential that all excellent physicians uphold a certain set of professional standards. These principles include competence, honesty, confidentiality, appropriate boundaries with patients, and respect for patients, your colleagues and others with whom you work. Appropriate attire for patient care activities is part of being a medical professional and should be maintained at all times during preceptor sessions. You and your preceptor may negotiate the appropriate dress for the practice. You are expected to wear a nametag.

Transportation

You are responsible for your own transportation to your continuity clinic. Office hours vary, and you should establish with your preceptor the time and exact location to meet for these sessions.

Inclement Weather

Your safety is a prime concern. If inclement weather makes travel to a preceptor office hazardous, please call your preceptor to reschedule your session.

Illness/Religious Holidays

If you cannot attend a continuity clinic session due to illness or a religious holiday, please call your preceptor and the Course Administrator.

PROGRAM EVALUATION

Because the world of medicine is continually changing, it is anticipated that any curriculum designed to prepare physicians will of necessity be dynamic. For this reason, regular ongoing evaluation of the curriculum is seen as a very important activity for all involved, whether students, preceptors, or the Course Directors. **You will be required to complete an on-line evaluation of the course at the end of the year.**

The FDC Director and Associate Course Directors meet on a regular basis. Your input is very valuable. Please contact us if you wish to participate in any of these meetings. Please call the Course Administrator at (303) 724-6421 to obtain the dates, times and locations for these meetings. You may also discuss issues with the Course Representatives. Final course evaluations are used to improve the course for the next year. Your feedback is extremely important!