Successful International Experiences: Session One

Session One Objectives
Through this session students will:
1. Develop educational goals and objectives for a successful international experience;
2. Know the educational requirements for a family medicine international elective;
3. Demonstrate educational preparation which addresses fulfillment of Department, University and international site requirements;
4. Demonstrate personal preparation which addresses health and safety.

Requirements for Family Medicine International Electives
Why are there requirements?

What are the requirements?

Elective specific requirements
- FMMD 6410 Language Immersion
- FMMD 8400 Course Away Outside US
- FMMD 8410 Language Immersion
- FMMD 8640 Research FMMD Out of US

Developing and Achieving Educational Goals and Objectives
What are goals?

What are objectives?

Why are they necessary?
How are they developed?

What are your educational goals for your international elective?

What are your educational objectives for your international elective?

What are your professional goals for your international elective?

What are your professional objectives for your international elective?

Pre-trip Health and Safety Preparation
What do you need to consider?

Where can you access the relevant information?

Maintaining Health and Safety Outside the US
What do you need to consider?
**PRE-TRAVEL CHECKLIST FOR FAMILY MEDICINE INTERNATIONAL ELECTIVES**

This is the CHECKLIST for all Family Medicine international electives. Family Medicine faculty and staff want each student participating in international experiences to be successful and will work diligently with students in order to facilitate success. While international travel includes risks and challenges beyond the control of students, faculty and staff, the CHECKLIST is a method to document understanding and completion of SOM, course and travel requirements. The deadlines listed on this page will be strictly followed. Failure to meet a deadline without notifying appropriate faculty/staff IN ADVANCE will influence your course grade and could jeopardize your ability to participate in the elective.

<table>
<thead>
<tr>
<th>Info Received &amp; Understood</th>
<th>Completed (Date)</th>
<th>Task</th>
<th>Deadline</th>
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<tbody>
<tr>
<td>STUDENT INITIALS</td>
<td>DATE</td>
<td>UCD course registration and forms complete</td>
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<tr>
<td>Host school course registration complete – in Studio Abroad®</td>
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<td>60 days prior to departure</td>
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<td>Elective goals and objectives final – in Studio Abroad®</td>
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<td>30 days prior to departure</td>
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<tr>
<td>Passport valid for 6 months from return date, appropriate visa(s) obtained – in Studio Abroad®</td>
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<td>30 days prior to departure</td>
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<td>Travel arrangements final – in Studio Abroad®</td>
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<td>Accommodations final – in Studio Abroad®</td>
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<td>Successful International Experiences, Session One</td>
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<td>Successful International Experiences, Session Two</td>
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<td>30 days prior to departure</td>
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<td>Successful International Experiences, Session Three</td>
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<td>Within 4 months of return</td>
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<td>Complete travel medicine consultation with primary care physician or travel clinic, includes completion of necessary vaccinations and initiation of malaria prophylaxis if indicated</td>
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<td>Register your travel plans at <a href="http://www.internationalsos.com">www.internationalsos.com</a> with UCD (Log in: 11BCAS000006) and the State Department (<a href="http://www.travel.state.gov/travel/travel_1744.htm">http://www.travel.state.gov/travel/travel_1744.htm</a>).</td>
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<td>60 days prior to departure</td>
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<td>Provide proof of travel and medical evacuation insurance, UCD recommendations at <a href="http://www.hthstudents.com/">http://www.hthstudents.com/</a> and <a href="http://www.internationalsos.com">www.internationalsos.com</a> – in Studio Abroad®</td>
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<td>30 days prior to departure</td>
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<td>Provide contact information for an in-country contact person to the course director and any US based mentors – in Studio Abroad®.</td>
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<td>Provide your travel itinerary to the course director – in Studio Abroad®.</td>
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<td>30 days prior to departure</td>
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<tr>
<td>Obtain the course director’s and mentor’s emergency contact information – in Studio Abroad®.</td>
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<td>30 days prior to departure</td>
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<td>Obtain all evaluations forms for completion by your in-country faculty.</td>
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<td>30 days prior to departure</td>
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<td>Provide evaluation forms to your in-country faculty.</td>
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<td>During the first week of the elective</td>
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<tr>
<td>Remind in-country faculty to complete and return evaluation forms by New Innovations, fax, email or in a sealed envelop with you.</td>
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<td>During the final week of the elective</td>
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<td>Complete all elective course requirements</td>
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<td>Within 30 days of return, or per published deadline</td>
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Inis Jane Bardella, M.D., FAAFP
March 31, 2010
Requirements for Family Medicine International Electives

- Approval from the Associate Dean for Student Affairs
- 3 Successful International Experiences sessions
- Registered in Studio Abroad®
- In-country, UCD course forms completed – minimum of 60 days prior to the start
- Pre-Travel Checklist for International Electives – minimum of 30 days prior
- Course registration finalized – minimum of 30 days prior
- Course specific goals and objectives finalized – minimum of 30 days prior
- Travel and accommodation arrangement finalized – minimum of 30 days prior
- Passport valid for at least 6 months beyond your date of return – minimum of 30 days prior
- Elective specific requirements
  - FMMD 6410 Language Immersion – does not require approval from Associate Dean for Student Affairs to register
  - FMMD 8400 Course Away Outside US
  - FMMD 8410 Language Immersion
  - FMMD 8640 Research FMMD Out of US – 60 day minimum for all requirements

Family Medicine International Elective Goals and Objectives

- You are expected to develop educational, professional and personal goals and objectives.

- The general goals and objectives for all Family Medicine International Electives are:

Goal 1: Develop family medicine knowledge, skills and attitudes which enhance one’s ability to provide competent and compassionate care in international settings.

Objective 1.1: Demonstrate the application of new knowledge within the specialty of family medicine which is pertinent to the country and community of the International Elective.

Objective 1.2: Demonstrate new skills within the specialty of family medicine which are pertinent to the country and community of the International Elective.

Objective 1.3: Demonstrate new attitudes within the specialty of family medicine which are pertinent to the country and community of the International Elective.

Objective 1.4: Demonstrate compassionate family medicine care which is culturally appropriate in the country and community of the International Elective.

Goal 2: Learn about the practice of family medicine outside the United States.

Objective 2.1: Describe the practice of family medicine in the country of the International Elective

Objective 2.2: Contrast the practice of family medicine in the country of the International Elective with the practice of family medicine in the United States.
Goal 3: Develop and refine personal and professional goals in international healthcare.

Objective 3.1: Define personal goals in international healthcare.
Objective 3.2: Define professional goals in international healthcare
Objective 3.3: Revise one’s personal goals in international healthcare based on this international experience.
Objective 3.4: Revise one’s professional goals in international healthcare based on this international experience.

Health and Safety
International SOS www.internationalsos.com - Preferred site through which to register
Log in: 11BCAS000006
State Department website http://travel.state.gov

Taken from: http://wwwn.cdc.gov/travel/yellowBookCh4-Malaria.aspx#640