MENTAL HEALTH FIRST AID TRAINING

HIGHER EDUCATION CURRICULUM

FRIDAY, NOVEMBER 15TH
8:30AM - 4:30PM (MUST BE PRESENT FOR ENTIRE TRAINING)
STUDENT COMMONS ROOM 2600

Contact 303-315-7313 or Kristin.Kushman@ucdenver.edu for questions

This training teaches you how to identify, understand and respond to signs of mental health and substance use concerns. This 8-hour training focuses on the unique experiences and needs of college students and gives you the skills you need to reach out and provide initial support to someone who may be struggling and help connect them to resources and the appropriate care.

WHO SHOULD TAKE IT

- Students (at least 18 yrs)
- Faculty members
- Resident advisors
- Campus law enforcement
- Academic advisors
- Counselors
- Financial aid employees
- Coaches and athletic personnel
- Administrators
- Librarians

Only 30 seats available!
Register Here: https://tinyurl.com/yxfqbpkk

Coffee will be available in the morning, please bring your own brown bag lunch