Hey Community Engagers,

PACT Council, Staff, and Community Liaisons heard from Dr. Ron Sokol, CCTSI Director, at the last Council meeting on January 8, 2013, that an exciting Clinical and Translational Science Awards grant proposal was successfully submitted to the National Institutes of Health (NIH) National Center for Advancing Translational Sciences (NCATS). The PACT heartily thank all the grant writers, staff, and contributors for their diligent hard work and effort. Keep your fingers crossed for a positive review and award.

Upcoming in January and February...

- **Every Wednesday evening, starting January 9 thru February 27, 2013, 7:00-8:30pm, Mini Med II: The Clinical Years.** This popular lecture series is a community service offered by the CU School of Medicine. Held on the Anschutz Medical Campus in Aurora, Education II South building (13121 E. 17th Ave, Aurora), Room L28-1102. To register for one or all sessions: [http://www.ucdenver.edu/academics/colleges/medicalschool/community/MiniMed/Pages/Registration.aspx](http://www.ucdenver.edu/academics/colleges/medicalschool/community/MiniMed/Pages/Registration.aspx).
  - Wednesday, January 23, 2013, "World of Hospital Medicine," Speaker: Adam Trosterman, MD.
  - Wednesday, January 30, 2013, "Obesity," Speaker: Daniel Bessesen, MD.
  - Wednesday, February 20, 2013, "Hypertension/Stroke," Speaker: Ethan Cumbler, MD.
  - Wednesday, February 27, 2013, "Death and Dying," Speaker: Daniel Johnson, MD.

- **Daily, January 12-27, 2013, 8:00am-8:00pm, National Western Stock Show Health Screenings.** The Colorado Area Health Education Center Program, University of Colorado Anschutz Medial Campus, is providing a health screening exhibit at the 2013 National Western Stock Show. Throughout all 16 days of the Stock Show, University of Colorado-AMC health profession students offer free health screenings to participants from all over Colorado, the United States, and other countries around the world. Be sure to stop in and say hello! More information can be found at: [http://www.ucdenver.edu/life/services/AHEC/Events/alphabeticalevents/Pages/NationalWesternStockShowHealthScreenings.aspx](http://www.ucdenver.edu/life/services/AHEC/Events/alphabeticalevents/Pages/NationalWesternStockShowHealthScreenings.aspx).
- **Tuesday, January 29, 2013, 7:00am-10:00am, Open House & Networking Opportunity** to celebrate the new collaborative shared office space of the Public Health Alliance of Colorado, the Colorado Association of Local Public Health Officials, and the Colorado Foundation for Public Health and the Environment, 400 S. Colorado Boulevard, Suite 800, Denver, CO 80246. Coffee and light breakfast will be served. No RSVP required.


- **Tuesday, February 12, 2013, 4:30-5:30pm, Kaiser Permanente Colorado’s Diversity & Health Series film, Side by Side: Generations Working Together.** KPCO Regional Offices, 100535 E. Dakota Ave, Denver, CO 80247, Vohs 1, 2, & 3 Conference Rooms. Contact Tina Martelon, Producer, if you have any questions at 303-614-1522, tina.m.martelon@kp.org.

- **Saturday, February 23, 2013, 8:30am-1:00pm, 2040 Health Summit, Denver School of the Arts, E. Montview Blvd and Quebec St, Denver.** Great discussion and speakers about health issues in the neighborhoods of Greater Park Hill, E. Montclair, Stapleton, NW Aurora. FREE! Lunch is included.

Be sure to put these dates on your calendar as well...

- **Saturday, March 2, 2013, 8:30am-3:30pm, 2013 African-American Health Fair at the Renaissance Hotel in Denver, located at 3801 Quebec St.** Free health screenings, diabetes and depression workshops, cooking demonstrations, and much more. Sponsored by the Center for African American Health (caahhealth.org).

- **Thursday, April 11, 2013, 5:00-8:00pm, CCTSI Community Engagement Research Exchange & Networking Forum.** Stay tuned.

Health Perspectives: Rural Coloradans
The Colorado Coalition for the Medically Underserved launched its third infographic in their Health Perspectives series with a look at rural Coloradans and their access to health care. Did you know that over 750,000 people live in rural Colorado yet 16 counties in rural Colorado don't have a hospital? Take a look: [http://www.ccmu.org/public-commentary/articles-publications/infographic-series/rural/](http://www.ccmu.org/public-commentary/articles-publications/infographic-series/rural/).

Good News! ... from Community Liaison Leslie Wright
Leslie passed on the good news that a manuscript from the 2010-11 CCTSI PACT Joint Pilot Grant study "Qualitative assessment of factors resulting in heart failure rehospitalization" has been accepted for publication by *Circulation: Cardiovascular Quality and Outcomes*, which is a journal of the American Heart Association and the American Stroke Association. Larry Allen, MD, at University of Colorado Denver (UCD) is the study Principle Investigator, and Jessica Retrum, LCSW, PhD, from UCD School of Public Affairs is the lead author and lead qualitative analyst. The study was conducted through a partnership between the Kaiser Permanente Colorado (KPCO) Heart Failure Governance Group (HFGG) and their Heart Failure Initiative, the UCH Hospital-to-Home (H2H) Heart Failure Task Force, and the UCD and KPCO Institute for Health Research (IHR) Colorado Cardiovascular Outcomes Research (CCOR) consortium. Abstract follows:
Title: Patient-Identified Factors Related to Heart Failure Readmissions
Authors: Jessica H. Retrum, LCSW, PhD; Jennifer Boggs, MSW; Andrew Hersh, MD; Leslie Wright, MA; Deborah S. Main, PhD; David J. Magid, MD, MPH; Larry A. Allen, MD, MHS
Author Affiliations: School of Public Affairs, University of Colorado Denver (J.H.R.); Kaiser Permanente Institute for Health Research, Denver, CO (J.B., L.W., D.J.M.); Department of Medicine, University of California Davis (A.H.); Department of Health and Behavioral Sciences, University of Colorado Denver (D.S.M.); Department of Emergency Medicine, University of Colorado School of Medicine (D.J.M.); Colorado Cardiovascular Outcomes Research Consortium, Denver, CO (D.J.M., L.A.A.), and Section of Advanced Heart Failure and Transplantation, University of Colorado Anschutz Medical Center, Aurora (L.A.A.)

Background: Although readmission following hospitalization for heart failure (HF) has received increasing attention, little is known about its root causes. Prior investigations have relied on administrative databases, chart review, and single-question surveys.

Methods and Results: We performed semi-structured 30-60 minute interviews of patients (n=28) readmitted within 6 months of index HF admission. Established qualitative approaches were used to analyze and interpret data. Interview findings were the primary focus of the study but patient information and provider comments from chart data were also consulted. Patient median age was 61 years, 29% were non-white, 50% were married, 32% had preserved ejection fraction, and median time from discharge to readmission was 31 days. Reasons for readmission were multi-factorial and not easily categorized into mutually exclusive reasons. Five themes emerged as reasons cited for hospital readmission: distressing symptoms, unavoidable progression of illness, influence of psycho-social factors, good but imperfect self-care adherence, and health system failures.

Conclusions: Our study provides the first systematic qualitative assessment of patient perspectives regarding HF readmission. Contrary to prior literature and distinct from what we found documented in the medical record, patient experiences were highly heterogeneous, not easily categorized as preventable versus not preventable, and not easily attributed to a single cause. These findings suggest that future interventions designed to reduce HF readmissions should be multi-faceted, systemic in nature, and integrate patient input.

Have a great weekend,

Jack Westfall
For the first time in history we have four generations working side by side in the workplace, each group bringing its own values, dreams, and expectations. They sometimes bring their misconceptions about one another, as well as different rules, different lifestyles, and differences in their fundamental approaches to work issues and life in general. This film will increase your awareness of our unique generational backgrounds as well as our differences and commonalities, and will suggest strategies to increase our effectiveness working together side by side.

PLEASE JOIN US TUESDAY, FEBRUARY 12, 2013

KPCO Regional Offices
Vohs 1, 2, & 3 Conference Rooms,
100535 East Dakota Ave.
Denver, CO 80247

4:30 – 5:30 p.m.
Popcorn will be served!

A Diversity & Health Film produced by Colorado Diversity Development Department, directed by Michael Day, Clear Day Films, and sponsored by National Diversity

Please contact Tina Martelon, Producer, if you have any questions. 303-614-1522, tina.m.martelon@kp.org