

Transcription

1. Watch your entire counseling session.
2. Select (2) five minute segments that would be beneficial for you to show the group.
3. Write down verbal interactions (verbatim).

Example:

Client: "Well, I just don't like to go out with anybody anymore... it just doesn't makes sense...the thought of it makes me sick"

Counselor: "Hmmm...tell me more about that."

Client: "What do you mean?"

Counselor: "Who do you mean by 'anybody' --- and going out where...?"

Client: "Well I guess I mean with guys..."

Questions to consider

How do the segments show any particulars of my theoretical orientation?

What does the segment bring up for me? i.e. what can I relate to, what was I experiencing at this point in the session?

What was my purpose in this segment? What counseling skills can I identify?

What questions, nonverbal behaviors, and/or comments would I like to change, add in or leave out?

What does this clip demonstrate about the client, case, counselor/client relationship?

What does the clip demonstrate related to your questions for the group?