

Colorado AgrAbility

Promoting independence in agriculture for people with functional limitations and their families

JOIN US AT THESE COLORADO WORKSHOPS

About

Join fellow Colorado farmers, ranchers, veterans, their families, and professionals who work with them at these upcoming workshops across the state. These educational events are for Colorado farm families & individuals who are dealing with barriers created by illnesses, or other limitations.

Workshops are from 10:00 a.m. to 2:00 p.m. with a free box lunch provided for those who pre-register one week in advance.

- **Buena Vista:** October 27, 2016, Sangre De Cristo Electric Association 29780 North Highway 24 Buena Vista, CO, Kurt Jones 719-539-6151
- **Trinidad:** November 15, 2016, Pioneer Rm Sullivan Student Ctr @ Trinidad State Junior College 600 Prospect St. Trinidad, CO 81082, Dean Oatman, 719-846-6881
- **Pueblo:** November 16, 2016, County Extension Office, 701 Court St. Pueblo, CO 81003 Tom Laca, 719-583- 6566
- **Walden:** November 29, 2016, Wattenberg Ctr. 686 CR 42 Walden, CO Debbie Alpe 970-723-4298
- **Delta:** January 18, 2017, County Courthouse 501 Palmer St. Delta, CO 81416 Room 234 Doug Dean 970-244-1834
- **Aurora:** February 8, 2017, Arapahoe County Fairgrounds Room 1, 25690 E. Quincy Ave., Aurora, CO 80016 Johnathan Vrabac 719-661-2286
- **Yuma:** February 14, 2017, Concession Building Yuma County Fairground, 410 Hoag Ave Yuma CO, Dennis Kaan 970-345-2287, 970-520-1826
- **Sterling:** February 15, 2017, County Extension office, 508 S. 10th Ave., Sterling, CO 80751 Dennis Kaan (Voice: 970.345.2287, Mobile: 970.520.1826)

Topics

- AgrAbility
- Mental Wellness in Rural Colorado
- How to work well with agricultural lenders and bankers

Agenda

Introduction

- What is AgrAbility?
- Mental Wellness and why it is important
- How to work with Agricultural lenders to get what you need

The Presenters:

Dr. Norman L. "Norm" Dalsted, Ph.D. is an Extension Economist in Farm and Ranch Management and Professor with Colorado State University Extension. He will present current information on how to work well with agricultural lenders and bankers.

Candiss Leathers, CVRT, M.A., is the Rural Rehabilitation Specialist and Manager for Colorado AgrAbility at Goodwill Industries Denver. Her upbringing, education, and experience provide her with the essential tools to assist men and women actively engaged in the agricultural field with assessments and technical guidance.

Dr. James Craig, MA, JD, Ed.D., is a Rural Rehabilitation Specialist with the Colorado AgrAbility Project at Goodwill Industries Denver.

Candy and Jim will present information on stress issues in rural Colorado that impact mental wellness and resources to cope with stress.

Interested in signing up?

To register or to learn more about these workshops, please contact :

Candiss Leathers

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Norm Dalsted

970.222.5657 • norman.dalsted@colostate.edu

Or the extension agent listed at each location