62% of Students, Faculty, and Staff agreed they are likely to vote YES.

The Wellness Center’s mission is to provide students with wellness resources, to promote healthy lifestyles, reduce risk behaviors and offer a safe, non-discriminatory environment. CU Denver’s philosophy that wellness encompasses many dimensions, including physical wellness, emotional, spiritual and social wellness. The primary goal of the Wellness Center is to help students develop confident, healthy lifestyles which will persist throughout a lifetime. The learning experiences provided throughout the wellness curriculum are an essential part of the students’ total educational experience at CU Denver.