

# 62nd ANNUAL INTERNAL MEDICINE PROGRAM

## July 13-17, 2026

### AGENDA

#### Mon. July 13

---

- 7:00–3:30     **Auditorium/Atrium Open**
- 7:30–8:00     **Conference Registration and Exhibit Viewing**
- 8:00-8:20     **Welcome/Introduction**
- Elena Lebduska, MD, MS – Course Director  
Director, Ambulatory Quality Education  
Clinical Content Director Internal Medicine, CUSOM  
Associate Professor of Medicine, General Internal Medicine, CUSOM
- Jennifer Stichman, MD – Course Director  
General Internal Medicine and Rheumatology  
Associate Professor | Department of Medicine  
Denver Health Medical Center, CUSOM
- 8:20-9:00     **Common Side Effects of Psychiatric Medications**  
Elizabeth Lowdermilk, MD  
Psychiatric Outpatient Medical Director, Denver Health  
Assistant Professor of Psychiatry, CUSOM
- 9:00-9:40     **Hormone Replacement Therapy**  
Nikki Zarling, MD  
Assistant Professor of Medicine, General Internal Medicine, CUSOM
- 9:40-10:20    **The Medicare Annual Wellness Visit**  
Stephen Fuest, MD  
Assistant Professor of Medicine, General Internal Medicine, CUSOM
- 10:20-10:45   **ASK THE PROFESSORS**
- 10:45-11:25   **Updates in Pre-Op Medicine**  
Molly Brett, MD  
Assistant Research Professor, Medicine-Internal Medicine CUSOM
- 11:25-12:05   **Long Covid and Chronic Fatigue Syndrome**  
Apoorva Ram, MD  
Assistant Professor of Medicine, General Internal Medicine, CUSOM

Content Director for Healthcare Structures, Policy, and Economics at CUSOM  
Affiliate Faculty at the Eugene S. Farley, Jr. Health Policy Center

12:05-12:20 **ASK THE PROFESSORS**

12:20–1:15 **LUNCH**

1:15-3:15 **Workshop: Evaluation of Common Neurology Complaints in Primary Care**

Brian M. Sauer, M.D., Ph.D.

Chief, Neurohospitalist Section

Chief, Comprehensive and General Neurology Section

Assistant Professor of Neurology

Department of Neurology, CUSOM

## **Tues. July 14**

---

7:45–3:30 **Auditorium/Atrium Open/Exhibit Viewing**

8:20-9:00 **Gabapentin Use in Primary Care**

Trevor Beutel, PharmD, BCACP

Assistant Professor

Department of Clinical Pharmacy

Skaggs School of Pharmacy and Pharmaceutical Sciences

University of Colorado Anschutz Medical Campus

9:00-9:40 **Fibromyalgia**

Steven L. Taylor, MD, RhMSUS

Assistant Professor of Medicine – Rheumatology, CUSOM

Section Head - General Rheumatology

Medical Director - UHealth Central Park Infusion Center

9:40-10:20 **Chest Radiography for the Non-Radiologist**

Caroline Robb, MD

Assistant Professor of Cardiothoracic Imaging, CUSOM

Cardiothoracic Section Resident Education Director, Department of Radiology

10:20-10:45 **ASK THE PROFESSORS**

10:45-11:25 **Hyperlipidemia: Evaluation and Management**

David Saxon MD

Associate Professor, Medicine-Endocrinology/Metabolism/Diabetes

Medical Director, The Care Collaborative (eConsult & ECHO Programs)

11:25-12:05 **Raynaud's**

Joann Zell, MD  
Associate Professor, Department of Medicine  
Division of Rheumatology, CUSOM

12:05-12:20 **ASK THE PROFESSORS**

12:20–1:15 **LUNCH**

1:15-3:15 **Workshop: Longevity Medicine**

Devin K. Gilhuly, MD MS  
Assistant Professor, Department of Medicine  
Division of Geriatric Medicine, and Palliative Care Service, CUSOM

**Wed. July 15 MORNING OFF!**

**Afternoon:**

---

1:00-5:15 **Auditorium/Atrium Open/Exhibit Viewing**

1:15-1:55 **Gen Z Medicine**

Amanda Lucier, MD  
Assistant Professor, Medicine-Internal Medicine

1:55-2:35 **Abnormal Liver Tests**

Samuel Fountain, MD  
Assistant Professor, General Internal Medicine, CUSOM

2:35-3:15 **Heart Failure**

Ryan C. Martin, MD, MPH  
Assistant Professor of Medicine, CUSOM  
Heart Failure Director/CCU Director  
Division of Cardiology, Denver Health Medical Center

3:15-3:40 **ASK THE PROFESSORS**

3:40-4:20 **Sports Medicine**

Brittany Becker, MD  
Instructor of Medicine, CUSOM

4:20-5:00 **Pharmacogenetics**

James Martin, PharmD, MPH  
Clinical Pharmacist | Project Manager, Pharmacogenomics Implementation  
Instructor, Department of Pharmaceutical Sciences  
University of Colorado Skaggs School of Pharmacy and Pharmaceutical Sciences

5:00-5:15 **ASK THE PROFESSORS**

**Thur. July 16**

---

7:45-3:30 **Auditorium/Atrium Open/Exhibit Viewing**

8:20-9:00 **Hypercalcemia**  
Michael T. McDermott, MD  
Director, Endocrinology and Diabetes Practice  
Professor of Medicine, Division of Endocrinology, Metabolism, & Diabetes, CUSOM

9:00-9:40 **Adrenal Disease**  
Michael T. McDermott, MD

9:40-10:20 **Top 10 GIM Articles**  
Christine Haynes, MD, MPH  
Assistant Professor of Medicine, CUSOM  
Assistant Program Director, Primary Care Residency University of Colorado

10:20-10:45 **ASK THE PROFESSORS**

10:45-11:25 **Acute Kidney Injury in Primary Care**  
Manny Urra, MD  
Assistant Professor, Division of Renal Medicine & Hypertension  
Assistant Program Director, Internal Medicine Residency Program, University of Colorado

11:25-12:05 **Anemia**  
Sandhya Sharma, MD  
Assistant Professor of Medicine  
Department of Hematology-Oncology, CUSOM  
Denver Health Medical Center, CUSOM

12:05-12:20 **ASK THE PROFESSORS**

12:20-1:15 **LUNCH**

1:15-3:15 **Workshop: Orthopedic Upper Extremity Review**  
Ted Parks, MD - Western Orthopedics  
Associate Clinical Professor, CUSOM

**Fri. July 17**

---

7:45-10:30 **Auditorium/Atrium Open**

**8:00-8:40 Updates in Infectious Disease Topics in Primary Care**

John Koeppel, MD

Associate Professor of Clinical Practice, Medicine-Internal Medicine, CUSOM

**8:40-9:20 Managing Side Effects of GLP1 Medications**

Jacinda Nicklas MD MPH/MSPH

Associate Professor, Medicine-Internal Medicine

**9:20-10:00 Care of the Oncology Patient**

Linda Overholser MD MPH

Associate Professor, Division of General Internal Medicine

Medical Director, TACTIC clinic, University of Colorado Anschutz Medical Campus

10:00-10:15 **ASK THE PROFESSORS**

10:15 -10:30 **Wrap Up and Adjourn**

***Drawing for Complimentary 2027 Registration - Must be present to win.***